Queen Shenandoah XLVIII is a 17-year-old blonde, casual in style, an enthusiastic sports lover and typical blue-jeaned teen-ager. She is also the daughter of the President of the United States.

Susan Elizabeth Ford will be crowned Queen Shehandoah Friday in a ceremony that will be attended by both her mother and father. Gone will be the blue jeans, and in their place, a long white gown -- though simple and basic in style, in keeping with Susan's taste.

The youngest of the Ford offspring and the only daughter, Susan is a senior at Holton /Arms School in Bethesda and is planning to attend Mount Vernon College in Washington, D.C. in the fall. Her appearance at the Apple Blossom Festival will be the first time she has served in that type of capacity since her father became President.

Susan, who says one of her hobbies is cooking, admits that she's only tried baking an apple pie once, and alas, "it was a flop."

She has recently finished her exams at Holton Arms and will be graduating June 5. When she returns to Washington after her weekend in Winchester, she will be completing arrangements with classmates for her senior prom, which will be held at the White House May 31.

Susan loves the outdoors and particularly enjoys skiing, water skiing, swimming, biking, horseback riding and tennis. She is also interested in photography and needlepoint. She enjoys caring for a growing family of plants, which now number over 30 and fill a large corner of her room and a portion of the Solarium, the Ford's family room in the White House.

She started modern dance classes when she was eight and continued through the sixth grade. She has taken classes in both modern dance and ballet.

She is fond of animals and has in her charge a Siamese cat named Shan and a golden retriever named Liberty Hume (a gift to the President from Susan and White House Photographer David Hume Kennerly). Susan's previous pets have included various rabbits, dogs, a fish, snakes and gerbils.

Susan worked the summer of 1973 selling guide books for the White House Historical Association and has also worked as a babysitter and answering phones for a médical telethon. She took two courses during the summer of 1974. Earlier summers have been spent at Camp Arbutus near Traverse City, Mich., and Camp Robin Hood in Chambersburg, Penn.

At Holton Arms, Susan is a member of the Photography Club and is taking a photography class. As a freshman, she was one of six students chosen as an honor tour guide and has continued giving tours to parents and prospective students each year since. She was elected to the yearbook staff as a senior and is working in the advertising, management and business end of the book.

At Mount Vernon College next year, Susan is considering the possibility of a career in child care or fashion. She has visited many hospitals and childrens centers and is particularly interested in the education of mentally retarded and emotionally disturbed children.