The original documents are located in Box 46, folder "White House - Food" of the Sheila Weidenfeld Files at the Gerald R. Ford Presidential Library.

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THE WHITE HOUSE

WASHINGTON

November 25, 1974

MEMORANDUM FOR RON NESSEN

FROM:

LARRY SPEAKES

SUBJECT:

DRESDEN ARTICLE ON WHITE HOUSE FOOD

Donald Dresden, a contract writer who does the restaurant pieces for the POST's Potomac Magazine, called today. He wants to do a piece on the Ford family and dining at the White House.

He says he would like to spend some time with the chef, talk with him about how he operates, how he buys and how it is to cook for the Fords. This would run as a major piece in Potomac.

This sounds like a good idea to me. It might be advisable for us to have him interview Mrs. Ford and let her work in some of her cost-cutting, belt-tightening statements -- how the first family is saving on food costs.

I thought you might want to have Sheila talk with Mrs. Ford and if everyone thinks well of it, give the go-ahead.

Please advise.

Eating in The White House -What Haller does

Sul to Bagetelle story

Pre paration

Deif Ster + with

THE WHITE HOUSE

Rose Bosti L.A. Times Times Miror Squ LA 960 53 Ford Section

Sent 1/23/25

len & walnuts Mrs Vivian Kats 18500 Bay Leaf Way 426-2503 EPA Sent 1/2-3/7

3311 Longshore Avenue Philadelphia, Pa. 19149 October 18, 1975

Ms. Shelia Raab Weidenfield, Press Secreary to Mrs. Gerald Ford The White House Washington, D. C.

Dear Ms. Weidenfield:

I read with interest in the Evening Bulletin (Philadelphia) that the Fords celebrated their 27th Anniversary and for dinner they served a family favorite — beef stew with walnuts. Would it be possible for me to receive a copy of this menu? I had never heard of it, and thought it would be something delicious for one of my family reunions.

My deep gfatitude for your kindness.

Sincerely,

Mrs. Thomas C. Gheen



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October 17, 1975

Jert 10/23/15

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Ms. Shelia Weidenfeld News Secretary to Mrs. Gerald Ford The White House Washington, D.C.

Dear Ms. Weidenfeld:

In a UPI release dated Thursday, October 16, the menu for President and Mrs. Ford's 27th anniversary dinner party was given. I would like very much to have a copy of the recipe for Beef Stew with Walnuts to share with listeners of my radio show as well as readers of a food shopper I do each week for an area supermarket chain. I have long insisted that expensive meats are not necessary for entertaining and was delighted to see that a beef stew was served at the dinner.

Since Thanksgiving is coming, would you please include a favorite Thanksgiving recipe of the First Family.

Sincerely,

(Mrs. Luke Thaman) Women's Editor Dear Ms. Howlett:

I've been asked to respond to your letter of October 27 to the President and Mrs. Ford regarding their Walnut Beaf Stew recipe.

I know they are greatly flattered by your interest, but I am unable to help you with your request due to the unique problems that occur when any member of the First Family considers lending their name in any way to a specific product. I am sure you can understand the endorsement that is implied by such an act. It has been a long-standing policy that efficial sanction cannot be given when the request involves the First Family and has commerical overtones.

The President and Mrs. Ford send their appreciation to you for thinking of them and extend their best wishes.

Sincerely,

Shella Rabb Weldenfeld Press Secretary to Mrs. Ford

Ms. E. Rome Howlett, APR
Director
Diamond Walnut Kitchen
Suite 2206
425 California Street
San Francisco, California 94104





commercial?

October 27, 1975

President and Mrs. Gerald Ford The White House Washington, D. C. 20000

Dear President and Mrs. Ford:

So many of our friends have sent us the UPI clipping telling us of the Walnut Beef Stew which is one of your favorite recipes, and naturally, they have asked us if we have a copy of it.

Is it possible that we might have a copy of your walnut stew recipe, and if so, how may we use it? Of course, we'd like to send it to those friends and business associates who have asked for it, and also wondered if we might make it available to our many newspaper food editor friends across the country. We do have such a stew recipe of our own which we tested and developed in our test kitchen, but that isn't your recipe which is what we're being asked about.

We would appreciate knowing whether the recipe is available for us to use and the circumstances underwhich we can send it out to our U.S. colleagues, be they Republicans, Democrats, Independents or whatever political persuasion.

Also today we are sending you some of our walnut recipes which may be of interest to you. They have all been tested and developed by our graduate home economists and are enjoying considerable useage throughout the country. It is gratifying to know that we are supplying helpful information and materials for consumers, and to learn that we have walnut fans amoung individuals as internationally known as you.

Sincerely,

E. Roxie Howlett, APR

8. Provie Howatt

Director

ERH:amm
encl:

Suite 2206 425 California Street San Francisco, CA 94104

307

Should this he declined on the grounds that it's commercial?

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wind of the Mental Control of the State of t SISTS HE HAD OFFER

The White House staff in Washing - national newscaster misquoted him ton knows nothing about the alleged as saying the President is "cheap," Skirvin Plaza Hotel head Ford's personal secretary phoned to a chef Haven McClaren to become offer cancel the offer a man and a press

that he had been offered the position tion. Either the White House is lying about three days after Ford's visit to or I'm a liar."

President Ford's chef, a ctaff cancel the offer.

Spokesman said Friday.

McClaren announced Thursday McClaren said: "I'm in a bad situa-

Oklahoma City on Oct. 22. He said Ford's secretary told him However, Mrs. Shiela Weidenfeld, Friday, that McClaren Could a member of Mrs. Ford's White squelch the idea of me soins to



What's Cooking?

A report that Oklahoma City chef-Haven McClaren would be hired by the White House as its top chef apparently is a practical joke. A White House spokesman, said Friday that he had checked with

Hotel's Chef Cooks a Meal To Ford's Liking

OKLAHOMA CITY (UPI)

— Haven McClaren apparently cooked breakfast so much to the liking of President Ford that he's been offered a job at the White House.

House.

"I don't know whether I'll accept the job or not, but I'll have to make a decision by Monday." said McClaren, executive chef at the Skirvin Plaza Hotel here.



State Dinner for Queen Elizabeth

The state of the s

By MIMI SHERATON special to The New York Times

WASHINGTON, July 6-The lobsters have been glazed and decked out with black truffles; saddles of veal are stuffed, rolled and ready for roasting; rice croquettes are set to be popped into the deep fryer; fluted bombes of peach ice cream with brandy are waiting.

In other words, all is ready to come forth and be finished tomorrow night as Henry Haller, the White House chef. puts the last touches on a state dinner marking the Bicentennial with Queen Elizabeth and Prince Philip as the honored guests at a dinner

The Menu

New England Lobster en Bellevue, Sauce rémoulade Saddle of veal Rice croquettes Broccoli Mornay

Garden salad Trappist cheese Peach ice cream bombe with raspberries Petits fours Demitasse

The Wines

Sterling Chenin Blanc, 1972 Schamberg Blanc de Blancs, Beaulieu Vineyards Cabernet Sauvignon, 1968

Cordials and liquers

everything. But I guess these people who go to such dinners all the time, learn to eat a lot of things there don't

The veal saddles, Mr. Haller said, costs \$1,000 for 26, and the lobsters, called New Eng-Tand on the second

weight, so I made everything with Sucaryl."

"I wish someone would invent lemons without seeds." Chef Haller remarked as he garnished a obster platter, and if he isn't careful, they probably will.

Through it all, one could not help wonderng if a really imaginative, thoroughly American dinner might not have been more interestiing and appropriate to the occasion than this menu which, though elegant and appetizing, was all-purpose international.

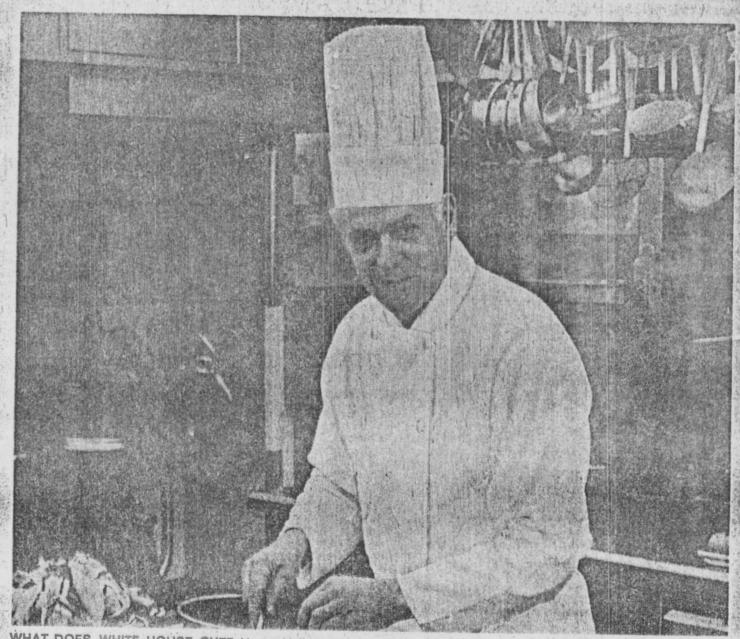
FR. 00.1

: 224 Guests—and a Time Clock



Think you've got hassles in the kitchen? Imagine what these chefs deal with...

Cooking dinner for a crowd



WHAT DOES WHITE HOUSE CHEF Henry Haller worry about? Security in the kitchen, for one thing, and dinners serving hot dishes absolutely hot and cold dishes well- ner," says Haller,

chilled. How does he do this? He counts on lots of kitchen helpers and does most of his cooking last-minute. perfect every time, for another. He has a reputation for "My whole life is waiting for people to sit down to din-



By BARBARA BURTOFF

Food Editor

So you've had a rough week in the

Well, you're not the only one!

Professional chefs have their bad weeks, too. And when they do, their culinary problems defy the imagination of the American

homemaker. For example, where would you begin if you had to cook a formal dinner for 160

Hollywood, he, indeed, has an around-the-

clock kitchen to handle. Chef Johnson cooks for the stars. In his private office, he keeps lists of their likes, dislikes and special diets. That's a big help when dealing with big quantities and big

personalities. Chef Johnson also cooks for studio parties, for the tourist snack shops at Universal Studios and, probably most demanding, the job of food preparation for crews filming in

the backlots. At the White House, Chef Haller admits Wately and fallings on Man ...

to less-meat and meatless meals to save

pennies. Along Embassy Row on Massachusetts ave, in Washington, D.C., chefs don't know about cutting costs in the kitchen. A meal at a Washington embassy is an exercise in power politics. More can be accomplished across a dinner table in two hours than across a conference room in two weeks. So money is no object when it comes to feeding hungry diplomats.

avocation for Francy. From 9 to 5 daily, he is executive chef and vice president of the Howard Johnson Company with responsibility to plan menus and purchase ingredients for 900 Howard Johnson Restaurants, 40 Red Coach Grills and 50 Ground Round Restaurants. He also supervises recipes used for Ho Jo's take-home

food lines.

Almost everyone at one time or another complains about the leftovers problem; These professional chefs don't, however,

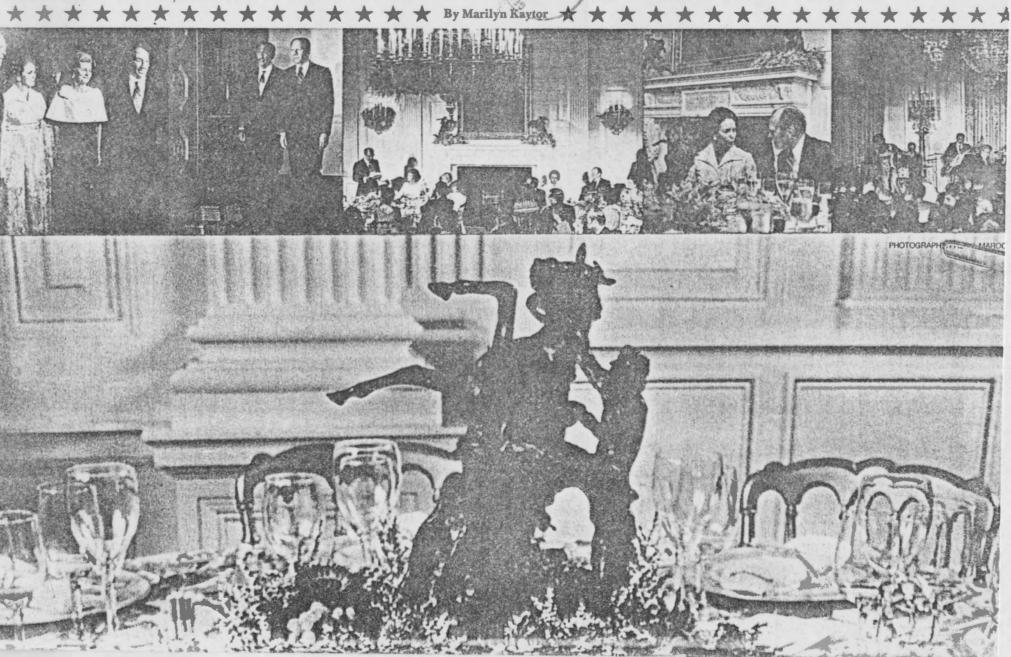
When Francy and Claiborne cook for the New York Times columns, it is in terms of six to 12. So they invite in friends and that ends the leftovers.

(Continued on Page 39)

Suppose you were asked to dine at the White House. What would the evening be like? What marvelous foods would you enjoy? Imagine our delight when SPHERE was invited to the state dinner given in honor of Egypt's President and Mrs. Anwar Sadat! The occasion was so exciting that we'd like to recount it for you and share the superb recipes we obtained from White House Chef Henry Haller.

Dinnerat the

The eagerly awaited night, October 27, 1975, has come. Beautifully attired men and women are arriving at the southwest gate of the White House, where a busy security guard is scanning invitations and checking his guest list. Proceeding through the south portico entrance to the Diplomatic Reception Room, guests check their wraps and then ascend a marble staircase to the Grand Foyer. The Marine Band plays, and



Jay Gourley 147 Eleventh Street Northeast Washington, D.C. 20002 [202-547-5935]

October 31. 1975

Mrs. Sheila Rabb Weidenfeld The White House Washington D.C.

Regret de 1/6/75

Che would
frifte not to;

Dear Mrs. Weidenfeld:

About my request to interview Henri Haller, this is the note you asked that I write.

National Enquirer editor Maurie Breecher has asked that I talk to Mr. Haller about how a famous chef feels cooking for plain folks like the Fords.

With your permission I will contact Mr. Haller directly. He can arrange for me to talk to him, probably over the phone, for a few minutes. Then if it seems profitable I'll ask Mr. Haller's permission to visit him in the kitchen. In that event I will advise you.

Sincerely,



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YOUR-KITCHEN WAY TO GIVE A WHITE HOUSE DINNER

State Dinner for 124 scaled down, by the White House chef, to 8-guest proportions

White House Chef Henry Haller, superbly accredited, who came to The White House nine years ago, has two centers to his life: his family and food. When this Swiss isn't cooking for White House events, he's busman-holidaying at home for his gastronomy-minded wife and their four food-shrewd children.

children.

Since Haller's been sovereign in The White House kitchen, he's master-cheffed hundreds of feasts—such as a sit-down turkey dinner for 225; a buffet for a rousing 1500; get-readyquick working dinners for the President and at least fifty colleagues; and, of course, numerous State Dinners.



We went to dine "in State" recently (see menu, above right) and fared deliciously. There was an elegant sufficiency (each perfect dish was passed once) and the wines were a joy; all food was American, save the Brie, and both wines were domestic. That's how Mrs. Gerald R. Ford likes it and wants it—and Betty Ford, a woman with deep domestic imagination, and a strong sense of economy, is the final word on each detail.

We talked to Mrs. Ford about parties, to Chef Haller and his associates, Assistant Chef Hans Rafferty and Pastry Chef Heinz Bender, to others involved in White House party-planning. We a'so asked Chef Haller to scale down the State Dinner we ate (124 din d) to a workable-in-your-own kitchen party for eight. For recipes, see below. For photographs and a profusion of party details (preparations and during the occasion), see pages 154-159.

Observation on Mrs. Ford: Her favorite food seems to be fowl—different kinds like capon, duck, squab—'specially for parties. "They are so nice and comparatively inexpensive right now. And they can be made to go a long way. . . . I don't believe in serving large partions."—L.L.

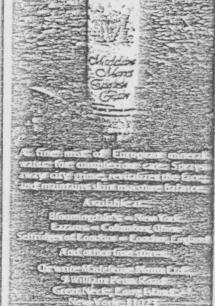
Green Turtle Soup with Sherry

1 quart clear turtle soup (Ancora brand) 3 cups beef consommé About 1 tablespoon mixed spices 1½ cups diced canned turtle meat (Ancora brand) 1 cup sherry

Bring turtle soup and consommé to a boil. Make r spine buy out of cheesecloth using dried marjoram and thyme leaves, allspice, coriander, anise seed, and 2 cloves; add spice bag to soup and simmer 10 minutes. Strain soup through cheesecloth. Add turtle meat to soup and bring to a boil. Add sherry and serve.

(Continued on page 56)







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Yates Spertables

Country Clothes Ltd.

Ford's tastes as American as ... egg rolls and lasagna



Wednesday, Aug. 28, 1974

Page 63

By Marian Burros

WASHINGTON — While Gerald Ford will no longer wash the dinner dishes now that the family is in the White House, and Betty Ford will no longer cook the dinner, the Fords' simple food preferences certainly won't change for their private meals in the family

The First Family's tastes in food are as American, one is tempted to say, as apple pie, except that the Fords don't eat much apple pie, and few other desserts

for that matter. Otherwise, their eating habits are

typically late 20th-Century American, and include foreign foods that have become an integral part of the native diet like egg rolls, lasagna, vichyssoise and spareribs with sauerkraut, along with carry-out hamburgers, buttermilk pancakes and baked potatoes cov-

According to Mrs. Ford's assistant Nancy Howe,
"They are one of the easiest families to please,"
The chef at the White House is going to have the

easiest time in the world."

So will Betty Ford, who really doesn't like to cook, even though she does it well. According to Mrs. Melvin Laird, who has been entertained at the Fords' Alexan-

tonic for the First Lady, martinis for the President. When they entertain, wine is usually served with din-

. I - Was to the first to the first to the

ner. Mrs. Ford prefers white wine.

The night of the swearing in, family and close friends toasted with California champagne at the buffet dinner. There was lasagna, ham, green beans, garlic bread and hot rolls, a huge tossed salad with oil and vinegar dressing and a platter of raw vegetables; carrots, cauliflower, radishes, black olives. But no des-

Buffet-style entertaining has been the rule in the Fords' modest home. The dining area, actually part of

THE WHITE HOUSE

WASHINGTON

myra mc phenson

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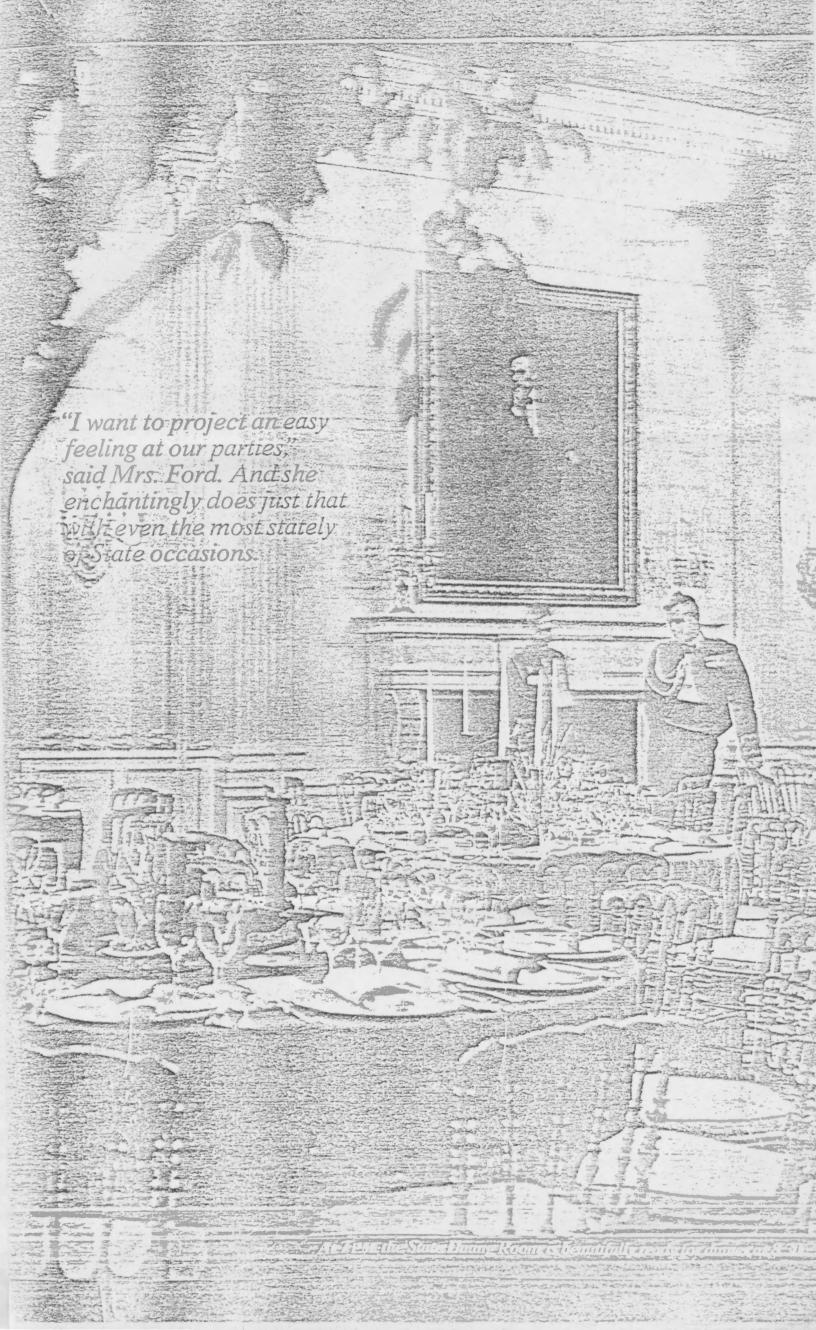
Susan-chef
Abe convents - (light breakfast)

apple suice

cheese omelette and

as Eng my







Aloving attention to guests

BY LEO LERMAN

Question: What is the most sought-after party invitation in these United States of America today? Answer: "The President and Mrs. Ford request the pleasure of the company of . . . at dinner on . . . evening . . . 1975 at eight o'clock"—and, in the lower left-hand corner, "Black Tie." I received such an invitation recently, with card enclosed, "On the occasion of the visit of The Right Honorable, The Prime Minister of the United Kingdom of Great Britain and Northern Ireland and Mrs. Wilson," and I can tell you why people accept with joy and come away, from State Dinners, even more joyful. These very grand occasions are not only glamorous but glorious fun. Protocol is minimal: comfort, gaiety, a loving attention to "honored guests" (that's how The White House staff refers to you) is all. And the ease of it: you move through the evening as if you were part of the happiest house party ever. A guest summed it up, "I felt thunderstruck and awed and at home. . . . The kind of perfection that is real and we can all learn from."

The mainspring of this comfortable, blithe, meticulously arranged perfection is, of course, Betty Ford. She suggests ideas that make White House parties unique: she makes the final decision on all details. Mrs. Ford doesn't order the groceries; but she knows what they are going to be, and she checks bills punctiliously. "Economy is tighter here," she said the day after the Wilson party, "than when we lived in our own house." To help Mrs. Ford maintain this econ-

omy and to sustain the high level of current White House party-giving, there is a splendid staff of experts, including Nancy Ruwe, Social Secretary
to Mrs. Ford; Sheila Weidenfeld, Press
and at home. Secretary to Mrs. Ford; Chief Usher Rex Scouten—he's been with The The kind of White House since 1949, is, according to a colleague, "like a hotel manager."

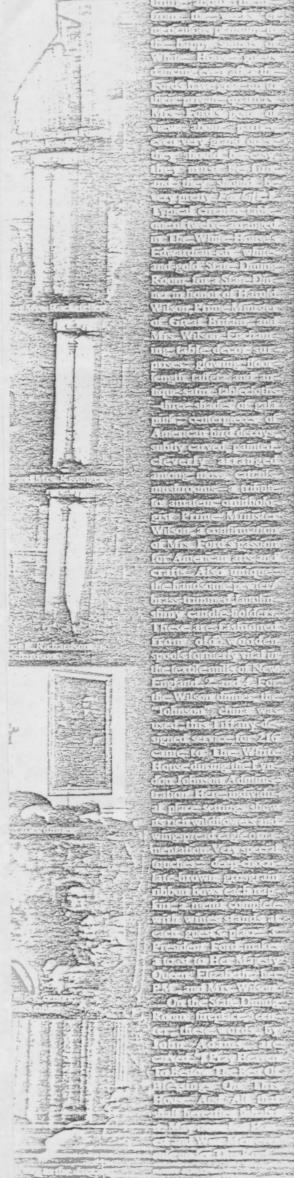
mestic staff-a corps that ranges from venerable Maître d' John Ficklin, Housekeeper Shirley Bender (she quite

"I felt awed perfection that we In charge of the ample do- can all learn from"

recently married Pastry Chef Heinz Bender, a widower) to maintenance men-Scouten is, along with Mrs. Ford, Mrs. Ruwe, and Mrs. Weidenfeld first to hear about impending parties. (They knew about the Wilson party some six to eight weeks in advance.) It is the Chief Usher who passes the word along to Chef Henry Haller, a blue-grey-eyed, fifty-two-year-old Swiss who masterhands the kitchena compact, stainless-steel and white-tile below-stairs plant, remarkable for its lack of cookery mess even at the height of preparing a dinner for at least 124 guests, the number who sat down to dine in honor of the Wilsons.

"I think," said Mrs. Ford, when asked about how she creates a party, "first of all about the guest of honor. When I read the background material on the Prime Minister, I thought he might be stuffy, but he wasn't. He carried the conversation. Danny Kaye and the Prime Minister outdid each other with their stories. ... I think about the guest of honor, then the guest list. I have a backlog of mames of people I want to invite, and I'm working on the list all the time, feeding names into Nancy Ruwe's office, and telling them why I put the name on the list." Names also come from others including the President, The White House Congressional Liaison Office, Sheila Weidenfeld, Nancy Howe, Mrs. Ford's Special Assistance

(Continued on next page)





Swiss-born Henry Haller, in town to judge the Delaware Valley Chefs competition, has been White House chef to three first families. Of his work, Haller says simply, "I love it."

By LESLIE KRUHLY Special to The Bulletin

TEN YEARS AGO Monday was a special day for chef Henry Haller. It was the day he began as White House chel for Lyndon Johnson, and a career

reservations about doing it, I thought I should give it a try. That was the start of it all.

Of the three first families he has worked for, Haller says the Ford family is the easiest to please: "They seem to like all types of food, and they

they go to Mrs. Ford's secretary. The Fords pay for all their own private meals; the taxpayer doesn't. But I know they follow a close budget, and use leftovers like fried chicken and roast beet."

An addition to the private Ford

Gold-bordered plates and tablecloth added real e' which won second place this week's Delaware Vo

Patti - I tunght you might enjoy this

Delaware County

Daily & Son

Times

THESDAY AUGUST 20: 1974

Editorials

Ford: hungry or frustrated?

The Ford administration's first scandal broke even before he raised his hand to take the oath of office. And it is having a debilitating effect on the American family.

Ford, it was revealed by the news media, prepared his own breakfast on that eventful day and, according to Mrs. Ford can be expected to continue doing so.

We don't know what Mrs. Ford's problem is, but our confidence in her husband has been shaken by his apparent inability to prod his

second grade knows that it is not enough breakfast to get an average person through to lunch time, let alone the hard-working President of the United States.

Imagine trying to understand why the supply of oil is up, the demand for gasoline is up, and the price of fuel remains up, all on a breakfast of two slices of toast.

The alternative is that the hungry President occasionally makes himself an adequate breakfast of bacon, eggs and toast.

Paro. Ford-Missel

施

FAMILY DINNER MENUS

Tuesday - Sept. 17

Wednesday - Sept. 18

Thursday - Sept. 19

Friday - Sept. 20

Saturday - Sept. 21

Sunday - Sept. 22

Monday - Sept. 23

Broiled Pork Chops Mashed Potatoes Kale

Iceberg Lettuce
w/green & red peppers

Dessert by Request

Roast Leg of Lamb Succotash

Romaine Lettuce Salad

Dessert by Request

Pot Roast Mixed Fresh Vegetables

Tomato & Watercress Salad

Dessert by Request

Broiled Fresh Fish (in season) Leaf Spinach Broiled Tomatoes

Tossed Green Salad

Dessert by Request

Roast Capon - Cranberry sauce Noodles Fresh Mushrooms & Peas

Dessert by Request

Roast Sirloin of Beef Baked Potatoes Zucchini

Combination Salad

Dessert by Request

Broiled Veal Chops Corn Mexicaine

Tossed Green Salad

Dessert by Request

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MEMORANDUM OF CALL

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THE WHITE HOUSE WASHINGTON

One Hallers recipes from Wilson Dinner 1/30/75. Sert to Voque 2/1/75.



AT THE WHITE HOUSE

How to Make Ends Meet On a \$1.8-Million Budget

It's all on a larger scale, but the First Family—as other Americans—is finding that running a home takes careful planning.



Mrs. Ford confers with maître d' John Ficklin before a state dinner.

Having trouble stretching your household budget to make ends meet? If so, you're in good company. The White House is feeling the money pinch, too.

The people who manage such things have told Congress it will cost 1.8 million dollars to run the executive residence next year, up \$82,000 from this year and double the budget of only nine

Inflation is the main reason. It seems the cost of just about everything—particularly salaries of hired help—is going up these days. And, as President and Mrs. Ford are finding out, the bigger the house, the bigger the bills.

Out go the lights. Take electricity. Mrs. Ford is very conscious of the need to conserve it. Often she pops into a room where lights are burning to see if it is occupied. If not, out go the lights. Such efforts helped cut electricity use 10 per cent last year in the White House, but electric bills skyrocketed anyway—up 72 per cent—and will run to \$180,000 in the year that starts July 1.

Higher bills are only one of the headaches involved in maintaining the 132room mansion. How many people are involved in "keeping house" at the White House, and how do they go about it?—What role do members of the Ford family play? What efforts are being made to cope with rising prices?

For answers to these and other questions about a side of the Presidency that few people read or hear about, Patricia Avery of the magazine's White House reporting staff went to the people in charge of maintaining the executive residence, to friends of the Fords, to other officials. What she found—

It takes a staff of 75 full-time help to keep the Executive Mansion running smoothly, including nine operating engineers, seven housemen, six butlers and smaller numbers of carpenters, plumbers, electricians, painters, maids, florists and cooks, among others.

Then there is a separate staff of 14—nine gardeners and five laborers—with a \$300,000 budget all its own to keep up the grounds on the 18-acre estate.

Many Americans are familiar with the public rooms of the White House, which has served as the official home of every President except George Washington. Tourists by the thousands traipse through the historic public rooms five days each week.

But above the hurly-burly of the public rooms are the presidential living quarters—25 rooms stretching across the second and third floors. These are off limits to all but the Fords and their personal guests.

No sleep-ins. At one time the third floor housed the White House servants, but no more. None of the White House staff "sleeps in." The last housekeeping

employe leaves when the President retires for the night. And, unlike many of their predecessors, the Fords have no personal servants. Thus, if the President awakens at 3 a.m. with a craving for ice-cream, he has to fetch it himself from the kitchen in the family quarters.

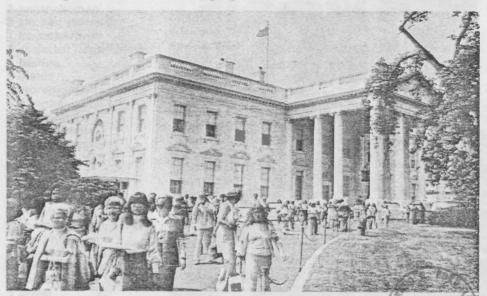
For the First Family, living in the White House is much like living in a well-run first-class hotel.

Rooms are dusted and vacuumed daily. Towels and linens are laundered on the premises. If the plumbing stops up or an electrical appliance goes awry, people are readily at hand to fix it.

The furnished family quarters come with the job. But the President does have household expenses. Food is one.

Mr. Ford must reimburse the Government for all food and beverages consumed by members of the First Family and their private guests. Dry cleaning

(continued on next page)



More than a million tourists visit the public rooms of the White House ach year, often standing long hours in line for the privilege. Free tours run five days a week