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EXECUTIVE

FG-375

*Aging*

THE WHITE HOUSE

WASHINGTON

October 18, 1974

Dear Ms. Adkins:

This is to acknowledge receipt and to thank you for your recent letter to the President conveying recommendations of the Federal Council on the Aging.

You may be assured that the recommendations of the Council will be called to the attention of the President and will be shared with appropriate staff members.

Sincerely,

Pamela G. Needham  
Staff Assistant  
Domestic Council

Ms. Bertha S. Adkins  
Chairman  
Federal Council on the Aging  
Washington, D.C. 20201





THE WHITE HOUSE  
WASHINGTON

Date 10/7

TO: *Pam*

FROM: JIM CAVANAUGH

       FYI

✓ For appropriate action

COMMENTS

*recd. 10/7/74*



THE WHITE HOUSE  
WASHINGTON

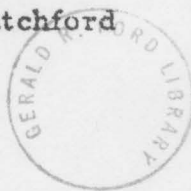
10/7/74

TO:

Jim Casper

For appropriate  
handling.

  
John J. Ratchford





FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

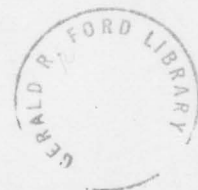
September 25, 1975

The President  
The White House  
Washington, D.C. 20500

My dear Mr. President:

RK  
In carrying out its responsibilities under law to serve as a spokesman on behalf of older Americans by advising the President, the Federal Council on the Aging met on September 10-11, 1974 and developed the following recommendations for your consideration:

1. The Intermediate Budget Level for older retired persons of the Bureau of Labor Statistics should be the standard for national income policies for older Americans.
2. Regulations for Title III of the Comprehensive Employment Training Act should assure appropriate attention to the employment needs of workers 55 years of age and older with particular focus on minorities and low-income persons.
3. The authorization should be renewed for funding of senior employment programs conducted under provisions of Title IX of the Older Americans Act.
4. Nominees to the board of the Legal Services Corporation should include persons fully representing the needs of older persons for legal services.
5. The "back-up" function providing research support to legal services programs assisting the elderly should be continued with the establishment of the Legal Services Corporation. Legal services for the elderly should be provided in all community programs conducted under the auspices of the Legal Services Corporation.



FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20501



September 25, 1975

The President  
The White House  
Washington, D.C. 20500

My dear Mr. President:

In carrying out its responsibilities under law to serve as a spokesman on behalf of older Americans by advising the President, the Federal Council on the Aging met on September 10-11, 1974 and developed the following recommendations for your consideration:

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WHITE HOUSE  
MAIL ROOM

1974 SEP 30 AM 9 03



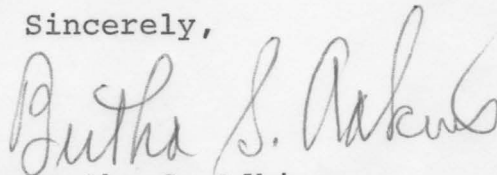


Page 2 - Letter to The President

6. In order to meet the needs of the elderly for social services, there should be no diminution of the appropriation now available to the Senior Opportunities and Services program and the Administration on Aging service programs in any consideration of the future of SOS.

We hope this advice will be helpful to you in carrying out your responsibilities for all citizens. We ask your particular attention to fulfilling needs and creating opportunities for older Americans.

Sincerely,



Bertha S. Adkins  
Chairman





FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

EXECUTIVE

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WES

FG375

December 9, 1974

Williams, Dick

The President  
The White House  
Washington, D.C. 20500

My dear Mr. President:

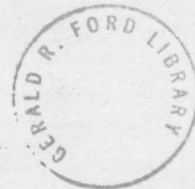
The Federal Council on the Aging wishes to convey to you its deep concern about the financial burden that would fall on the elderly as a result of the reductions you have proposed in the 1975 budget. In particular, we cite the additional costs that would have to be borne by the aged in relation to such programs as Medicare, Medicaid and food stamps.

As a body established by the Congress to advise the President on the needs of older Americans, we would have liked the opportunity of expressing our views on this matter, of such great consequence to the elderly, before it left the White House.

In the future, we would hope that the Administration might utilize the Federal Council on the Aging for advice and consultation when matters of such great impact on the lives of older Americans are still in their formative stages.

Sincerely,

Bertha S. Adkins  
Chairman X



EXECUTIVE

WE 5

FG 375

IT 64-10

IT 64-8

January 9, 1975

Dear Mrs. Adkins:

President Ford has asked me to reply to your letter of December 13 in which you request the US Delegation to the Commission for Social Development (CSD) to explore the feasibility of a World Assembly on Aging.

The US Delegation to the Commission has been instructed to discuss, informally, with representatives of both industrialized and developing countries the possibility of holding such a meeting. The Delegation will also informally explore with representatives of European countries their interest in holding a regional meeting on aging under the sponsorship of the Economic Commission for Europe. Findings of the Delegation will be reported to the US Advisory Group on Aging following the Commission session for consideration as to future US action in this field.

I hope this information will be useful to you.

The President appreciates that you have shared with him the views of your Council on the Aging and has asked me to extend his best wishes.

Sincerely,

Roland L. Elliott  
Director of Correspondence

Mrs. Bertha S. Adkins  
Chairman  
Federal Council on the Aging  
Washington, D. C. 20201

RLE:NSC:JHH:RLE:aby

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JAN 11 1975

CENTRAL FILES



Rec'd  
1/9/75

EXECUTIVE

WES

EG 375

EAGleton, Thomas F. (SEN)  
Beall, J. Glenn Jr. (SEN)



FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

MEMORANDUM

FOR: RONALD H. NESSEN

For your information

*F. Richard Williams*  
F. Richard Williams  
Assistant to the Chairman

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March 26, 1975

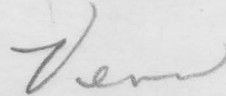
Dear Lou:

Thank you so much for your March 12th letter to the President regarding the appointment of members to the Federal Council on the Aging in June of this year.

I will make sure that your letter reaches the hands of the proper staff in order that the three names suggested by the National Alliance of Senior Citizens may be given every consideration for appointment to this Council. We do appreciate that you brought this to our attention and are hopeful that a favorable action may be taken.

With warm personal regard, I am

Sincerely yours,



Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable Lou<sup>x</sup> Frey, Jr.  
House of Representatives  
Washington, D.C. 20515

VCL:NB:jem

bcc: w/incoming to Bill Walker

*Sent*

NOTE FOR FILE: No record of the names suggested by the  
Nat'l Alliance of Senior Citizens

RECEIVED

MAR 31 1975

CENTRAL FILES

14

LOU FREY, JR.  
9TH DISTRICT, FLORIDA

OSCAR F. JUAREZ  
ADMINISTRATIVE ASSISTANT

COMMITTEES:  
SCIENCE AND ASTRONAUTICS  
INTERSTATE AND  
FOREIGN COMMERCE

*Re Appointment*

Congress of the United States  
House of Representatives  
Washington, D.C. 20515

OFFICES:  
214 CANNON HOUSE OFFICE BUILDING  
WASHINGTON, D.C. 20515  
AREA CODE 202, 225-3671  
210 BREVARD AVENUE  
COCOA, FLORIDA 32922  
500 NORTH HARBOR CITY BOULEVARD  
MELBOURNE, FLORIDA 32935  
1040 WOODCOCK ROAD, SUITE 222  
ORLANDO, FLORIDA 32803

March 12, 1975

Honorable Gerald Ford  
The White House  
Washington, D.C.

*MF*  
Dear Mr. President:

As you know, five members of the Federal Council on Aging are to be reappointed or replaced by June of this year. It is my hope that the five people to be appointed will be more representative of the moderate and conservative senior citizen than the present council.

It is my understanding that the National Alliance of Senior Citizens has forwarded to your office three names to be considered for appointment to the council and two names of present members to be replaced. I would urge that you seriously consider the Alliance's recommendations.

Thank you for your consideration in this matter.

Most sincerely,

*[Signature]*  
Lou Frey, Jr.

LFJr/bjm



EXECUTIVE

FC375

Cruikshank, Nelson

March 26, 1975

Dear Dave:

Thank you for your March 12th letter to the President regarding the future appointments to the Federal Council on the Aging.

We appreciate your personal views regarding appointments to this Council and will be certain to see that they are called to the attention of the proper staff prior to any selection to the Council.

With warm personal regard, I am

Sincerely yours,

*Vern*

Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable David C. Treen  
House of Representatives  
Washington, D.C. 20515

VCL:NB:jem

bcc: w/incoming to Bill Walker

*Sent*

14

RECEIVED

MAR 31 1975

CENTRAL FILES





DAVID C. TREEN  
THIRD DISTRICT, LOUISIANA

MEMBER:  
COMMITTEE ON  
ARMED SERVICES

MEMBER:  
COMMITTEE ON  
MERCHANT MARINE AND  
FISHERIES

MEMBER:  
REPUBLICAN TASK FORCE ON  
ENERGY AND RESOURCES

*Re Appointment  
of David C. Treen*

Congress of the United States  
House of Representatives  
Washington, D.C. 20515

March 12, 1975

TELEPHONE: CODE 202: 225-4031

DISTRICT OFFICES:  
FEDERAL BUILDING, SUITE 107  
HOUMA, LOUISIANA 70360  
TELEPHONE: 504-876-3033

4900 VETERANS MEMORIAL BOULEVARD  
METAIRIE, LOUISIANA 70002  
TELEPHONE: 504-889-2303-4

210 EAST MAIN STREET  
NEW IBERIA, LOUISIANA 70560  
TELEPHONE: 318-365-7149

*ME*

The Honorable Gerald R. Ford  
President of the United States  
The White House  
Washington, D. C. 20500

Dear Mr. President:

You will soon be appointing one-third of the members of the 15-member Federal Council on the Aging. I certainly hope that you will appoint persons representative of the majority of our older citizens, such as the nominees submitted by Senators Hansen and Brock.

On numerous occasions, former President Nixon was embarrassed by committees of his own appointees, who stridently recommended proposals directly counter to the administration position. I trust that you will appoint members to the Federal Council on the Aging who share your political perspective, rather than that of Council member Nelson Cruikshank. Mr. Cruikshank, who formerly was an AFL-CIO official, heads the National Council of Senior Citizens, which evaluated your 1973 voting record "10% right."

I am certain there are many older Americans whose advice on the problems of their age group will be far more valuable to you than that of Mr. Cruikshank or other radicals who have shown little concern for the deteriorating purchasing power of retired citizens.

Thank you for your consideration of my views.

Respectfully,

*David C. Treen*  
DAVID C. TREEN  
Member of Congress



DCT:tj

THE WHITE HOUSE  
WASHINGTONDOMESTIC COUNCIL CLEARANCE SHEETDATE: March 26, 1975JMC action required by: 3/27/75

TO: JIM CANNON

VIA: DICK DUNHAM

JIM CAVANAUGH

FROM:

PAM NEEDHAM

SUBJECT:

Personnel Memo on Federal Council on the Aging

COMMENTS:

Adkins, Bertha S.

Eisdorfer, Carl

Devereaux, Dorothy Louise

Fahy, Charles J.

Martin, John B.

RECEIVED  
APR 4 1975  
CENTRAL FILES

THE WHITE HOUSE  
WASHINGTON

*Recommend  
approval of all  
5.*





*Needham*

THE WHITE HOUSE  
WASHINGTON

March 21, 1975

MEMORANDUM FOR: DOMESTIC COUNCIL  
FROM: PRESIDENTIAL PERSONNEL OFFICE *Full*  
SUBJECT: Federal Council on the Aging

Attached is our proposed memorandum to the President in which we recommend the reappointment of five persons to the Federal Council on the Aging.

Please contact Jocelyn Waggoner in Robin West's office (456-2941) with any comments you may have regarding these proposed actions. We would appreciate receiving your comments by Thursday, March 27. If we have not heard from your office by that date, we shall assume that you have no objections to this memorandum.

Thank you.

*Please route through Deputy Directors*

Attachment

*OK - PW 3/25/75*



THE WHITE HOUSE  
WASHINGTON

due 3/27

March 21, 1975

MEMORANDUM FOR: COUNSELLOR MARSH'S OFFICE  
FROM: PRESIDENTIAL PERSONNEL OFFICE  
SUBJECT: Federal Council on the Aging

Attached is our proposed memorandum to the President in which we recommend the reappointment of five persons to the Federal Council on the Aging.

Please contact Jocelyn Waggoner in Robin West's office (456-2941) with any comments you may have regarding these proposed actions. We would appreciate receiving your comments by Thursday, March 27. If we have not heard from your office by that date, we shall assume that you have no objections to this memorandum.

Thank you.

Attachment





THE WHITE HOUSE

WASHINGTON

MEMORANDUM FOR THE PRESIDENT

THROUGH: DONALD RUMSFELD

FROM: WILLIAM N. WALKER

SUBJECT: Federal Council on Aging (PAS-WAE)

This memorandum seeks your approval of five persons who are recommended for reappointment to the Federal Council on Aging.

The Federal Council on Aging was established by P.L. 93-29 on May 3, 1973 (Legislation, Tab A). The purpose of the Council is to advise the President on matters relating to the special needs of older citizens, to review Federal policies that affect the aging, and to educate the public concerning the problems of the aging. Each year the Council makes three reports to the Congress.

The Council consists of fifteen members appointed by you with the advice and consent of the Senate for three year terms. Members are representative of older citizens, national organizations with an interest in aging, business, labor, and the general public. At least five of the members are themselves older persons. (Membership list, Tab B.)

On June 5, 1975, the terms of five of the original Council members will expire. Each of these persons has been an active and interested member of the Council during the past year, and each represents an important constituency.

I therefore recommend that the following members be reappointed to serve full three year terms on the Council:

Bertha S. Adkins (Resume, Tab C), a Republican from Maryland. Miss Adkins, 68, was Under Secretary of Health, Education and Welfare during the Eisenhower Administration. She was the Vice Chairman of the 1971 White House Conference on Aging and Executive Vice Chairman of the Advisory Committee on Older Americans. Miss Adkins has served ably as Chairman of the Council since its inception.

Approve \_\_\_\_\_

Disapprove \_\_\_\_\_



Carl Eisdorfer, M.D. (Resume, Tab D), a Republican from Washington. Dr. Eisdorfer, 44, is a past President of the Gerontological Society and former Director of Duke University's Center for the Study of Aging and Human Development. He is presently Chairman of the Department and Professor of Psychiatry at the University of Washington in Seattle. Dr. Eisdorfer is a psychiatrist and psychologist whose major research interest concerns behavioral studies on aging. He is the only physician on the Council.

Approve \_\_\_\_\_ Disapprove \_\_\_\_\_

Dorothy Louise Devereaux (Resume, Tab E), a Republican from Hawaii. Mrs. Devereaux, 63, is a professional volunteer with the handicapped and aged. She chaired the steering committee for Hawaii's first Conference on the Aging in 1954. From 1958 to 1972, Mrs. Devereaux served in the Hawaii House of Representatives. Senator Fong strongly supports Mrs. Devereaux for reappointment to the Council.

Approve \_\_\_\_\_ Disapprove \_\_\_\_\_

Charles J. Fahey, The Reverend Monsignor (Resume, Tab F) from New York. Although unregistered, Father Fahey was supported for appointment to the original Council membership by Senators Javits and Buckley. He is Director of Catholic Charities for the Roman Catholic Diocese of Syracuse, New York. Father Fahey, 41, is a member of the Board and Vice President of the American Association of Homes for the Aging and is endorsed by nursing home administrators across the country and by Catholic, Protestant, and Jewish religious leaders.

Approve \_\_\_\_\_ Disapprove \_\_\_\_\_

John B. Martin (Resume, Tab G), a Republican from Maryland. Mr. Martin, 65, is a former Commissioner on Aging and Special Assistant to the President on Aging, from Michigan. He also served as a member of the National Planning Advisory Committee for the 1961 White House Conference on Aging, and as the Chairman and the Vice Chairman of the Michigan Commission on Aging. Mr. Martin was supported by you for his original appointment to the Council. He is now serving as a special consultant to the American Association of Retired Persons and the National Retired Teacher Association.

Approve \_\_\_\_\_ Disapprove \_\_\_\_\_



## Appropriations.

"(c) There are authorized to be appropriated to carry out the purposes of this section during the fiscal year ending June 30, 1973, the fiscal year ending June 30, 1974, and the fiscal year ending June 30, 1975, such sums as may be necessary.

"FEDERAL COUNCIL ON THE AGINGEstablishment;  
membership.

80 Stat. 378.  
5 USC 161.

"SEC. 205. (a) There is established a Federal Council on the Aging to be composed of fifteen members appointed by the President with the advice and consent of the Senate for terms of three years without regard to the provisions of title 5, United States Code. Members shall be appointed so as to be representative of older Americans, national organizations with an interest in aging, business, labor, and the general public. At least five of the members shall themselves be older persons.

## Appointment.

"(b) (1) Of the members first appointed, five shall be appointed for a term of one year, five shall be appointed for a term of two years, and five shall be appointed for a term of three years, as designated by the President at the time of appointment.

## Vacancies.

"(2) Any member appointed to fill a vacancy occurring prior to the expiration of the term for which his predecessor was appointed shall be appointed only for the remainder of such term. Members shall be eligible for reappointment and may serve after the expiration of their terms until their successors have taken office.

"(3) Any vacancy in the Council shall not affect its powers, but shall be filled in the same manner by which the original appointment was made.

5 USC 5332  
note.

"(4) Members of the Council shall, while serving on business of the Council, be entitled to receive compensation at a rate not to exceed the daily rate specified for grade GS-18 in section 5332 of title 5, United States Code, including traveltime, and while so serving away from their homes or regular places of business, they may be allowed travel expenses, including per diem in lieu of subsistence, in the same manner as the expenses authorized by section 5703(b) of title 5, United States Code, for persons in the Government service employed intermittently.

80 Stat. 499;  
83 Stat. 190.

## Chairman.

## Meetings.

"(c) The President shall designate the Chairman from among the members appointed to the Council. The Council shall meet at the call of the Chairman but not less often than four times a year. The Secretary and the Commissioner on Aging shall be ex officio members of the Council.

## Duties.

"(d) The Council shall—

"(1) advise and assist the President on matters relating to the special needs of older Americans;

"(2) assist the Commissioner in making the appraisal of needs required by section 402;

"(3) review and evaluate, on a continuing basis, Federal policies regarding the aging and programs and other activities affecting the aging conducted or assisted by all Federal departments and agencies for the purpose of appraising their value and their impact on the lives of older Americans; and

"(4) serve as a spokesman on behalf of older Americans by making recommendations to the President, to the Secretary, the Commissioner, and to the Congress with respect to Federal policies regarding the aging and federally conducted or assisted programs and other activities relating to or affecting them;

"(5) inform the public about the problems and needs of the aging, in consultation with the National Information and Resource

Post, p. 45.



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Clearing House for the Aging, by collecting and disseminating information, conducting or commissioning studies and publishing the results thereof, and by issuing publications and reports; and

"(6) provide public forums for discussing and publicizing the problems and needs of the aging and obtaining information relating thereto by conducting public hearings, and by conducting or sponsoring conferences, workshops, and other such meetings.

"(e) The Secretary and the Commissioner shall make available to the Council such staff, information, and other assistance as it may require to carry out its activities. Information, availability.

"(f) Beginning with the year 1974 the Council shall make such interim reports as it deems advisable and an annual report of its findings and recommendations to the President not later than March 31 of each year. The President shall transmit each such report to the Congress together with his comments and recommendations. Report to President, transmittal to Congress.

"(g) The Council shall undertake a study of the interrelationships of benefit programs for the elderly operated by Federal, State, and local government agencies. Following the completion of this study, but no later than eighteen months after enactment of this Act, the President shall submit to Congress recommendations for bringing about greater uniformity of eligibility standards, and for eliminating the negative impact that one program's standards may have on another. Studies, report to Congress.

"(h) The Council shall undertake a study of the combined impact of all taxes on the elderly—including but not limited to income, property, sales, social security taxes. Upon completion of this study, but no later than eighteen months after enactment of this Act, the President shall submit to Congress, and to the Governor and legislatures of the States, the results thereof and such recommendations as he deems necessary. 3 reports to Congress

"(i) The Council shall undertake a study or studies concerning the effects of the formulae specified in section 303 for allotment among the States of sums appropriated for area planning and social service programs authorized under title III of this Act. Upon completion of this study, but no later than January 1, 1975, the results of such study, together with recommendations for such changes, if any, in such formulae as may be determined to be desirable, and the justification for any changes recommended, shall be submitted to the Commissioner, the Secretary of Health, Education, and Welfare, the Committee on Labor and Public Welfare of the Senate, and the Committee on Education and Labor of the House of Representatives. Post, p. 37. Post, p. 36.

#### "ADMINISTRATION OF THE ACT

"SEC. 206. (a) In carrying out the purposes of this Act, the Commissioner is authorized to:

"(1) provide consultative services and technical assistance to public or nonprofit private agencies and organizations;

"(2) provide short-term training and technical instruction;

"(3) conduct research and demonstrations;

"(4) collect, prepare, publish, and disseminate special educational or informational materials, including reports of the projects for which funds are provided under this Act; and

"(5) provide staff and other technical assistance to the Federal Council on the Aging.

"(b) In administering his functions under this Act, the Commissioner may utilize the services and facilities of any agency of the Federal Government and of any other public or nonprofit agency or organization, in accordance with agreements between the Commissioner and the head thereof, and is authorized to pay therefor, in





## PRESIDENTIAL APPOINTEES

PAGE 109

DATE 123174 TIME 150625

POSITION	GRD	TYP	TEN	CND	INCUMBENT	REG	STATE	DATE/COMM	TERM/EXP	PKG
FEDERAL COUNCIL ON THE AGING - 15 MERS										
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FED COUNCIL AGING MER	WAE	PAS	03	0	DEVEREUX DOROTHY	R	HAWAII	74/06/06	75/06/05	R 2 01
FED COUNCIL AGING MER	WAE	PAS	03	0	EISDORFER CARL	R	WASHINGTON	74/06/06	75/06/05	K 1 01
FED COUNCIL AGING MER	WAE	PAS	03	0	FAHEY CHARLES J	U	NEW YORK	74/06/06	75/06/05	J 1 01
FED COUNCIL AGING MER	WAE	PAS	03	0	FUJII SHARON M	R	WASHINGTON	74/06/06	77/06/05	P 2 10
FED COUNCIL AGING MER	WAE	PAS	03	0	HENDERSON FRANK	R	PENNSYLVANIA	74/06/06	76/06/05	R 1 01
FED COUNCIL AGING MER	WAE	PAS	03	0	JACKSON HOBART	D	PENNSYLVANIA	74/06/06	77/06/05	G 1 14
FED COUNCIL AGING MER	WAE	PAS	03	0	MARTIN JOHN B	R	MARYLAND	74/06/06	75/06/05	G 1 01
FED COUNCIL AGING MER	WAE	PAS	03	0	MEYER CARSON	R	NEW YORK	74/06/06	77/06/05	G 1 01
FED COUNCIL AGING MER	WAE	PAS	03	0	NASH BERNARD E	D	MARYLAND	74/06/06	77/06/05	G 1 01
FED COUNCIL AGING MER	WAE	PAS	03	0	OWL FRELL	R	NORTH CAROLINA	74/06/06	76/06/05	1 15
FED COUNCIL AGING MER	WAE	PAS	03	0	TOLLIVER LENNIE M	R	OKLAHOMA	74/06/06	76/06/05	P 2 14
FED COUNCIL AGING MER	WAE	PAS	03	0	TURRISI CHARLES J	I	VIRGINIA	74/06/06	76/06/05	1 01
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## FEDERAL DEPOSIT INSURANCE CORPORATION

CH PD OF F D I C	03	PAS	06	1	WILLE FRANK	R	NEW YORK	70/03/17	76/03/16	R 1 01
PD OF DIR F D I C	04	PAS	06	0	LEMAISTRE GEO	D	ALABAMA	73/07/10	79/07/09	G 1 07

## FEDERAL DISASTER ASSISTANCE NATIONAL COUNCIL ON

## Federal Council on the Aging

### BIOGRAPHY

Name: ADKINS, Bertha S. (Miss)      born: 8-24-06, Salisbury, Maryland  
Home Address:      Business Address:  
P.O. Box 396      (Retired)  
Oxford, Maryland 21654

Bertha S. Adkins was Under Secretary of Health, Education, and Welfare in 1958-61 during the Eisenhower Administration. During that time, she was the key departmental official involved in planning the 1961 White House Conference on Aging. She has just completed service as a Vice Chairman of the 1971 White House Conference on Aging and was Executive Vice Chairman of the Advisory Committee on Older Americans until it was superseded by legislation establishing the Federal Council on the Aging.

Miss Adkins has a bachelor's degree from Wellesley College in Massachusetts and a M.A. from Columbia University. She also has several honorary doctoral degrees.

She was Dean of Women in Western Maryland College and Dean of Residence at Bradford Junior College in Massachusetts before coming to Washington in 1950 as Executive Director of the Women's Division of the Republican National Committee.

In 1959, she was United States delegate to the United Nations Seminar on the Participation of Women in Public Life, held in Bogota, Colombia. The same year she made an official trip to Poland under auspices of the International Education Exchange Program of the Department of State. She also served on the Defense Advisory Committee for Women in the Service for the Defense Department.

When Miss Adkins left HEW in 1961 she became Headmistress of the Foxcroft School in Middleburg, Virginia. She retired in 1967 to her home in Oxford, Maryland. She is a member of the Talbot County Commission on Aging and is Chairman of the Talbot County Chapter of the American Red Cross. She also has been a member of the Advisory Board to the Social Security Administration.





Federal Council on the Aging

BIOGRAPHY

Name: EISDORFER, Carl (Dr.)

born: 6-20-30, Bronx, New York

Home Address:

Business Address:

8548 - 53rd Court, N.E.  
Seattle, Washington 98115

Professor and Chairman  
Department of Psychiatry  
University of Washington  
Seattle, Washington 98195

Carl Eisdorfer is both a psychologist and a psychiatrist. He became a professor and the Chairman of the Department of Psychiatry at the University of Washington in Seattle in 1972. Just prior to that time, he was director of the University Center for the Study of Aging and Human Development at Duke University. He was recently named Chairman of the Washington State Commission on Aging. He was a member of the Advisory Committee on Older Americans which the Federal Council on the Aging superseded. A member of the National Planning Board for the White House Conference on the Aging, he was active with many aspects of the 1971 meetings.

Dr. Eisdorfer is past President of the Gerontological Society and a Fellow of the American Geriatrics Society. In 1969, he received the Robert E. Kleemeir award of the Gerontological Society for excellence in research. He has been a consultant to many agencies at HEW including the National Institute of Child Health and Human Development.

His publications are numerous and include articles and book chapters on human aging and behavior, psychological reaction to cardiovascular change in the aged and the phenomenology of aging.

He received an A.B. degree from New York University and three degrees from Duke: a Ph.D. and a M.D. In 1962, he was a special Fellow of the U.S. Public Health Service. Dr. Eisdorfer began his career as a school psychologist in New York City and then served for two years with the U.S. Army in the field of clinical psychology.



Federal Council on the Aging

BIOGRAPHY

Name: DEVEREUX, Dorothy L. (Mrs.)      born: 11-8-11, Spokane, Washington  
(h. John William Devereux, d.)

Home Address:

Business Address:

2721 Huapala Street  
Honolulu, Hawaii 96822

Dorothy Devereux was a registered nurse who practiced her profession prior to and for one year following marriage to physician John Devereux. She had received her R.N. from California Lutheran School of Nursing in 1931 and did post graduate work at Chicago Lying-In Hospital. Settling in Hawaii, Mrs. Devereux then embarked on virtually two full-time careers of rearing four children and continuous service as a volunteer with groups concerned about education, youth, health, the handicapped and aging.

She has been: President of the Hawaii Congress of Parents and Teachers, President of the Oahu Health Council, President of the Oahu Society for Crippled Children and Adults, President of the Women's Auxiliary to the Hawaii Medical Association and Chairman of the Steering Committee for Hawaii's first Conference on Aging in 1954. She was a member of the House of Representatives of the Territory of Hawaii in 1958 and then continued in that body after statehood had been achieved until 1972.

She is presently a member of the Hawaii State Comprehensive Health Planning Advisory Council, the Board of Directors of the Health and Community Services Council and the Hawaii Mental Health Association, and the Salvation Army Advisory Board.

Mrs. Devereux was Hawaii's "Mother of the Year" in 1955 and has life membership on the Salvation Army Advisory Board and the Hawaii Rehabilitation Association. Her other awards include: the Distinguished Service Award of the Hawaii Rehabilitation Association and the Annual Kokua (help) Award of Abilities Unlimited, Inc., an organization for the handicapped.





Federal Council on the Aging

BIOGRAPHY

Name: FAHEY, Charles J. (Rev. Msgr.) born: 4-13-33, Baltimore, Md.

Home Address:

672 W. Onondaga Street  
Syracuse, New York 13204

Business Address:

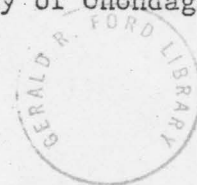
Director  
Catholic Charities of Diocese of  
Syracuse  
240 E. Onondaga Street  
Syracuse, New York 13202

Charles Fahey is both a priest and a social worker and has been involved in some aspect of service to the elderly for most of his priestly and professional life. He is currently Director of Catholic Charities for the Roman Catholic Diocese of Syracuse with responsibility for a variety of aging programs such as the development of residential and nursing home facilities, and social, nutritional and recreational programs in 160 parishes.

Monsignor Fahey served in several different posts in connection with the 1971 White House Conference on Aging including chairmanship of the Special Section on Long Term Care. He is President-Elect of the American Association of Homes for the Aging. In 1972, he was awarded that organization's National Award of Honor.

He was ordained in February 1959 and named an honorary prelate in December 1971. He received a Master's degree in Social Work from the Catholic University of America in 1963. In addition to his major work assignments with Catholic Charities, Msgr. Fahey has been very active with a wide range of local, state and national health, social welfare and religious organizations. He was Chairman of the Commission on Aging of the National Conference of Catholic Charities in 1967-72 and continues to serve as a member. Also on the national level, he is a member of the National Council on the Aging, the Gerontological Society and the Academy of Certified Social Work of the National Association of Social Workers.

He is presently Chairman of the New York State Council of Catholic Charities Directors, member of the Board of his area's Comprehensive Health Planning Agency, and a member of the Board of the United Way of Onondaga County along with many other affiliations.



Federal Council on the Aging

BIOGRAPHY

Name: MARTIN, John B. (Mr.)

born: 10-3-09, Grand Rapids, Mich.

Home Address:

Business Address:

7607 Glendale Road  
Chevy Chase, Maryland 20015

Special Consultant  
American Association of Retired Persons  
National Retired Teachers Association  
1909 K Street, N.W.  
Washington, D. C. 20006

John Martin was appointed by President Nixon as U.S. Commissioner on Aging May 28, 1969 and as Special Assistant to the President for the Aging on June 24, 1969. He served in these positions until March 1973 and is now a Special Consultant to the American Association of Retired Persons - National Retired Teachers Association. He was educated at Dartmouth, A.B., in 1931; Oxford, as a Rhodes Scholar, B, Litt., 1933; and the University of Michigan Law School, J.D., 1936.

Mr. Martin has been interested and active in the field of aging for many years. He served as Vice-Chairman of the Michigan Commission on Aging from 1960 to May 1963, and as Chairman from May 1963 to March 1967. In 1959-1960, he was the Chairman of the Grand Rapids Coordinating Council on Aging. He served as a member of the National Planning Advisory Committee for the White House Conference on the Aging, held in January of 1961.

Mr. Martin served as legal secretary to the Chairman of the Securities and Exchange Commission in 1936, and as Deputy Chief of the Ohio State Division of Securities in 1941. He helped to organize and served as Deputy Director, U.S. Office of Civilian Defense, 1942-1944. In 1944, he was commissioned in the USNR, served in Europe and was discharged with the rank of Lieutenant Commander in 1946. After the War, he served as a member of the United States Prosecutor's staff at the Nuremberg War Trials.

In 1948, he was elected to the Michigan State Senate from Grand Rapids, and in 1950 was elected State Auditor General, serving until 1954. Mr. Martin was elected Republican National Committeeman for Michigan in 1957, and again in 1960 and 1964. He served as delegate, and as Chairman of the Committee on the Executive Branch, in the 1961-62 Michigan Constitutional Convention.



4-23-74

*Jah*



FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

EXECUTIVE

*FG 395*

*WES*

①

March 31, 1975

The President  
The White House  
Washington, D. C. 20025

Dear Mr. President:

I have the honor to present to you the first annual report of the Federal Council on the Aging.

The 1973 amendments to the Older Americans Act require the Council to transmit our "findings and recommendations to the President not later than March 31 of each year. The President shall transmit each such report to the Congress together with his comments and recommendations."

Since our appointment on June 5, 1974 as the first Federal Council on the Aging, we have spent considerable time in organizing ourselves to carry out the responsibilities given us by the Congress. We have also spoken out on some of the major issues affecting older Americans in these times.

In these few months of our existence, we have not been able to produce extensive recommendations for this annual report. However, we have become increasingly aware that the economic plight of the elderly is of crisis proportions. Their urgent humanitarian needs require special attention in strategies by both the Executive and Legislative branches of government of offset the effects of recession and inflation.

As the year proceeds, we shall be submitting reports to you, the Congress, the Secretary of Health, Education, and Welfare and the Commissioner on Aging on various national actions which we believe should be taken in behalf of older persons. We anticipate that we shall be called upon when issues affecting the elderly are being considered.

Sincerely,

*151*

Bertha S. Adkins  
Chairman



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CENTRAL FILES



MEMORANDUM



FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

APR 2 1974

March 31, 1975

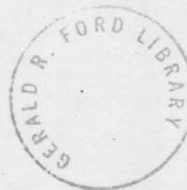
FROM : F. RICHARD WILLIAMS  
ASSISTANT TO THE CHAIRMAN

SUBJECT: Annual Report to the President  
(Public Law 93-29, May 3, 1973)  
(Section 205 (d)(6)(f))

Copy of Annual Report of the Federal Council  
for your information.

If any additional information is desired call  
245-0443.

*F. R. Williams*  
F. R. Williams





FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

March 31, 1975

Annual Report to the President

The Federal Council on the Aging was created by the Congress under provisions of the 1973 amendments to the Older Americans Act, for the purpose of advising the President, the Secretary of the Department of Health, Education, and Welfare, the Commissioner on Aging and the Congress on matters relating to the special needs of older Americans. Its establishment was an effort to respond to a broader range of problems affecting the elderly than had been possible within the scope of the predecessor body, the Advisory Committee on Older Americans.

The Older Americans Act directs the Federal Council on the Aging to perform the following functions:

1. Advise and assist the President on matters relating to the special needs of older Americans;
2. Assist the Commissioner in making the appraisal of the Nation's existing and future personnel needs in the field of aging;
3. Review and evaluate the impact of Federal policies regarding the aging and programs and other activities affecting the aging conducted or assisted by all Federal departments and agencies for the purpose of appraising their value and their impact on the lives of older Americans;
4. Serve as a spokesman on behalf of older Americans by making recommendations to the President, to the Secretary, the Commissioner, and to the Congress with respect to Federal policies regarding the aging and federally conducted or assisted programs and other activities relating to or affecting them;



5. Inform the public about the problems and needs of the aging, in consultation with the National Information and Resource Clearinghouse for the Aging, by collecting and disseminating information, conducting or commissioning studies and publishing the results thereof, and by issuing publications and reports;
6. Provide public forums for discussing and publicizing the problems and needs of the aging and obtaining information relating thereto by conducting public hearings, and by conducting or sponsoring conferences, workshops, and other such meetings.

#### MEMBERSHIP

The Council officially got underway with the approval by the Senate on June 5, 1974 of the fourteen persons nominated by the President on March 27, 1974. A fifteenth member has been added to the group to complete the number called for by Section 205 of Public Law 93-29. The Secretary of the Department of Health, Education, and Welfare and the Commissioner on Aging serve as ex-officio members of the Council.

Nine members of the Council are themselves older persons. They and the other members fully represent older Americans, national organizations with an interest in aging, business, labor, and the general public as called for in the law. The Council roster is attached to this report.

#### COUNCIL SUPPORT

According to provisions of the Older Americans Act, the Secretary of the Department of Health, Education, and Welfare and the Commissioner on Aging are to make available to the Council such staff, information, and other assistance as it may require to carry out its activities. This is done in a variety of ways.

The Secretariat for the Federal Council on the Aging is located in the Administration on Aging. Initial staff was provided by transfer of the Staff Director and her secretary from the Advisory Committee on Older Americans. Three





professional staff persons and a secretary have since been added. Additional positions have been requested for FY 1976 when the Council expects to be operating at its full pace.

The placement of the Secretariat in AoA and the Office of Human Development provides informal as well as formal utilization of their staffs and supportive services. The Committee Management office in the Office of the Secretary aids in carrying out the provisions of the Federal Advisory Committee Act. Various units within departments other than HEW have given ready response to FCA requests for resource speakers and materials.

Short-term employees and contractors have been utilized to assist with certain FCA projects such as the Congressionally-mandated studies. The FCA budget for FY 1975 of \$500,000 is provided as part of the AoA appropriation. The President's FY 1976 budget proposes the same level of funding as the previous year, but creates a separate line item for the FCA.

#### COUNCIL MANAGEMENT

Four meetings of the full Council and two meetings of each of the three committees were held in 1974. Establishing these three sub-units of the Council was an effort to categorize and facilitate work on the sizable assignment given by the Congress. The Committee on Senior Services is headed by John Martin, former Commissioner on Aging. Nelson Cruikshank, President of the National Council of Senior Citizens and member of several advisory councils to the Social Security Administration chairs the Committee on the Economics of Aging. A past President of the Gerontological Society and head of the Department of Psychiatry at the University of Washington, Carl Eisdorfer, chairs the Committee on Research and Manpower in the field of aging. These Committee groupings are not seen as permanent and will be rearranged from time to time to fit FCA priorities.

At its March 13-15 meeting, a Task Force on Services to the Frail Elderly was established with Monsignor Charles Fahey as Chairman. This group will develop a strategy for Council action to bring to national attention the vast number of public policy questions that should be considered for that group of older persons who require some kind of continuing intervention by society.



In addition to operational conditions and requirements set by its own legislation, the FCA is governed by the Federal Advisory Committee Act. Complying with this law and its regulations as set forth by HEW and the Office of Management and Budget, the following actions have been taken and procedures established:

\*All Council and Committee meetings are open to the public with advance notice in the Federal Register. Fifteen to twenty-five persons usually attend Council meetings as observers.

\*About 150 notices of each Council meeting are being sent to national organizations in the field of aging, Federal and State government officials, members of the Congress and their staffs and individual citizens.

\*Minutes of the Council and Committee meetings are distributed to the public upon request.

\*Minutes and all other documents relevant to Council official actions are maintained in the office of the FCA Secretariat and are available for public inspection and copying. Copies are available under provisions of the Freedom of Information Act.

\*Reports on Council activities appear regularly in AGING magazine and press releases are prepared on all major Council actions.

#### COUNCIL ORIENTATION

As a new entity concerned with developing priorities out of the broad mandate given by the Congress, the Federal Council devoted a considerable amount of time at both Council and Committee meetings in 1974 to learn about various Federal programs from the officials involved. They heard from the Commissioner on Aging and Commissioner of the Social Security Administration as well as representatives of various units within the Administration on Aging, the Office of Research and Statistics of the Social Security Administration, the Assistant Secretary for Human Development, staff of the Senate Special Committee on Aging, HEW Office of Nursing Home Affairs, the National Institute of Health and the Department of Labor.





A wide variety of materials was assembled and distributed to Council members as part of a general orientation to their mission.

#### CONGRESSIONAL STUDIES

As described earlier in this report, the Congress directed that the Council should undertake three specific studies.

A study on State formulae for funding programs under the Older Americans Act was carried out by an outside contractor under the supervision of the FCA Committee on Senior Services. At the December meeting of the Council, recommendations proposing changes in the State formulae based on the study were proposed by the Committee and adopted by the Council at its December 5-6 meeting. As called for in the Act, a report containing the recommendations of the Council and relevant parts of the study was submitted on December 30, 1974 to the Commissioner on Aging, the Secretary of Health, Education, and Welfare, the Committee on Labor and Public Welfare of the Senate, and the Committee on Education and Labor of the House of Representatives.

At the request of the Commissioner on Aging, the scope of the Formulae study had been expanded beyond the effects of the formulae specified in Section 303 to include the funding of planning, coordination, evaluation and administration of State plans in Section 306 and the funding of nutrition programs in Section 703. The major FCA recommendation was that the factor of "the population aged 60 or over who are living in poor households" should be added to the factor of the number of State residents aged 60 or over in all the present State allotment formulae in the Older Americans Act. Several recommendations were also made concerning increases and modifications in State administrative funding.

On January 31, 1975, Chairman Bertha Adkins testified at a hearing of the Subcommittee on Select Education of the House Committee on Education and Labor to extend the Comprehensive Older Americans Services amendments. Ms. Adkins outlined the Council formulae recommendations and asked that the full report be included in the record. However, the Hearing Report, issued by the House Committee on Education and Labor on March 14, 1975 to accompany H.R. 3922, the "Older Americans Amendments of 1975", has no mention of the FCA recommendations nor of any changes in State allotment formulae. The Council has directed the Chairman to press for consideration of their recommendations by the Senate as they review extension of the Older Americans Act.



Work is underway on the two other studies mandated by the Congress. These were to have been completed by January 1, 1975 but, with the delay in processing FCA membership, postponement for one year has been requested in S.599 introduced in the Senate 2-7-75.

The study on the interrelationships of benefit programs for the elderly operated by Federal, State and local government agencies will be carried out by outside contractors. The work statement has been developed by FCA staff, in concert with FCA members, out of contacts with a wide range experts in the Department of Health, Education, and Welfare. There have also been several consultations with the staff of the Subcommittee on Fiscal Policy of the Joint Economic Committee of the Congress. The Request for Proposals (RFP) from bidders on this was published in the Commerce and Business daily the week of March 4, 1975.

The study of the combined impact of all taxes on the elderly has been assigned to the FCAs Committee on the Economics of Aging. There has been consultation with governmental and nongovernmental sources on obtaining basic data on tax expenditures of the elderly. The Census Bureau has been developing material for the Treasury Department which seems to be the most pertinent. The availability of these data is determining the pace of FCA actions on this Congressional mandate.

#### POLICY POSITIONS

Since confirmation of its members by the Senate in June 1974, the Council has attempted to carry out the goals set for it by Congress, namely, to speak out for the older citizens of this nation at the Federal level.

Positions have been taken on a number of matters and communicated to the President, the Congress, the Secretary of Health, Education, and Welfare, other Federal officials and the general public. As a result of the September 10-11, 1974 meeting, recommendations were made to the President and to the Secretary of Health, Education, and Welfare, and the Commissioner on Aging concerning:

Setting the Intermediate Budget level of the  
Bureau of Labor Statistics for older retired





persons as the standard for national income policy for older Americans, (in autumn of 1973 this figure was \$5,414 U.S. average for retired urban couples);

Giving appropriate attention to the employment of persons 55 years of age or older in implementing the Comprehensive Employment Training Act with regulations providing for projects for the elderly;

Funding of senior employment programs under Title IX of the Older Americans Act.

Maintaining the level of funding for Senior Opportunities and Services in order to meet the needs of the elderly for social services, in any pending legislation affecting OEO programs.

Urging the continuation of the back-up function providing research support for legal services programs for the elderly as part of the mission of the Legal Services Corporation.

Provide legal services for the elderly in all community programs conducted under the auspices of the Legal Services Corporation.

Nominate to the board of the Legal Services Corporation persons fully representing the multi-faceted legal services needs of the elderly.

Following the December 5-6 meeting, the Council expressed to the the President and to the Congress their deep concern about the financial burden that would fall on the elderly as a result of proposed FY 1975 budgets cuts, in particular, the additional costs that would have to be borne by the aged in relation to Medicare, Medicaid and food stamps.

Roy Ash, Director of the Office of Management and Budget responded for the President, acknowledging awareness of the Council's concern. Mr. Ash stated that benefits for those in need, including the elderly, would rise substantially over FY 1974 in FY '75. However, his data included monies from Social Insurance Trust funds.





Strong opposition to the Holt - Helms amendments to Labor-HEW appropriations Bill was expressed to Congress by the Council, terming the amendments an impediment to improving the status of older women and minority group members.

The Council also took action at its December meeting, in letters to the President, the Secretary of Health, Education, and Welfare and other Administration officials, endorsing the concept of a World Assembly on Aging, possibly in conjunction with a World Year on the Aging under the auspices of the United Nations. Favorable reaction was received from the White House, the Department of State and DHEW, to such an assembly. However, the State Department reported that in their subsequent inquiries, negative responses were received from countries belonging to the United Nations Commission for Social Development. The State Department suggested the Federal Council might want to pursue the idea of a conference outside the U.N. framework for non-governmental agencies in the more developed countries. This avenue will be given further consideration by the FCA.

As directed by the Older Americans Act provisions regarding the Federal Council, two hearings were conducted during 1974 to "provide public forums for discussing and publicizing the problems and needs of the aging". A hearing conducted by the Council's Committee on Aging Research and Manpower was held on October 31st in Portland, Oregon. The date and location were chosen to coincide with the combined annual meeting of the Gerontological Society and the American Geriatrics Society. Leading gerontologists were asked to provide their assessments of research activities in the field of aging to give guidance to the Federal Council on the Aging in their monitoring responsibilities relative to Federal research programs.

The second hearing was conducted by the Committee on Senior Services as part of the development of the recommendations regarding revisions to State formulae for funding programs of the Older Americans Act. Only a few State agencies on aging were able to send representatives to Washington but many more provided valuable written comments which were included in the final report of the Council.

The Council plans to hold a hearing on the special problems of older women on September 28, 1975 in Washington, D.C. to mark International Women's Year. The hearing will take place just before the opening of the 25th Annual Meeting of



the National Council on the Aging and will be held in cooperation with that organization. The hearing is to focus on the frail older woman and her special problems in maintaining independence.

As part of the general responsibility of the Federal Council on the Aging to make the public more aware of the needs and contributions of older Americans, the Chairman participated in a number of activities. Her major engagements included:

Moderator of ten television programs produced by the Administration on Aging for the NBC "Knowledge" series.

Rapporteur for the section on the Elderly at the HEW - Congressional Conference on Inflation on Health, Education, and Income Security and Social Services.

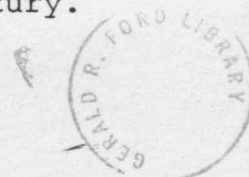
Speaker at the Massachusetts Department of Elder Affairs national conference entitled "Old Age -- A New Look".

#### COUNCIL AGENDA - 1975

Developing priorities for the Federal Council on the Aging, aside from the specific assignments given by Congress, has been a difficult task. There are so many matters affecting the elderly that demand attention at the national level. The Federal Council does not want to be a passive advisory body but neither does it want to be a chatterbox for superficial criticisms and proposals nor just an endorser of what others say about older Americans.

While there will be continued work on short-range and mid-range problems and observations on the implementation of Federal laws and programs, it was determined at the December meeting to focus on two long-range matters affecting the elderly that are not yet receiving the prominence of national policy debate which they deserve.

The target group has been narrowed to persons usually but not always over the age of 75 who require one or several supportive services in order to cope with daily life. They are expected to become a sizable percentage of this country's population well before the end of this century.





Concern is being expressed today for this population in many quarters. They comprise the major age grouping in nursing homes. Dissatisfaction with the quality of care in a number of these institutions is responsible for the veritable avalanche of proposals both for improving institutional care -- and possibly avoiding it with community-based alternatives.

The Federal Council believes that there are no simple approaches to financing, planning and delivering a package of services to these frail older persons. The FCA has embarked on the development of a process that will identify some of the national policy questions that should be addressed. These questions will then be put before the general public for debate and discussion with particular input from older persons themselves, the helping professions and policy-makers. Actions already undertaken includes the holding of a seminar at the March 13-15 meeting of the Federal Council and the development of a Task Force on Services To the Frail Elderly.

At the March meeting, the Council also invited Administration officials to share their thinking on the second priority of the FCA. It is important that an income assurance system for this nation's elderly be developed which successfully integrates Supplemental Security Income, Social Security payments, private pensions with appropriate Federal safeguards and other private income sources. The Council wants all older persons to have a solid income flow but it is imperative that financial security be assured to the most vulnerable and fragile of the nation's elders.

#### RECOMMENDATIONS

The Council urges legislative action to develop high standards of safety and care in nursing homes. At the same time, it is essential that assistance be provided to enable facilities to meet such standards especially those homes serving minorities and the poor.

In a letter to the President on December 9, 1974 the Federal Council on the Aging expressed its deep concern about the financial burden that would fall upon the elderly as a result of the reductions proposed in the 1975 budget. In particular, the Council cited the additional costs that would have to be borne by the aged in relation to such programs as Medicare, Medicaid and food stamps.





We continue to be distressed about the apparent lack of consideration for the economic plight of the elderly as reflected in Administration proposals for the 1976 Fiscal Year Budget. Cutbacks in Federal monies for social services for the elderly and ceilings on benefit programs financed from Social Insurance Trust funds are particularly burdensome to this age group. Many of their financial assets are tied to fixed sources while their needs are mobile.

We recommend that the President reconsider the serious effect of these fiscal proposals on the elderly of this Nation with their urgent humanitarian needs.



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EXECUTIVE

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THE WHITE HOUSE

WASHINGTON

March 31, 1975

MEMORANDUM FOR: WARREN RUSTAND

FROM: DON WEBSTER *DN*

Attached are our top priority recommendations for the President's schedule. We have included everything of importance occurring within the next several weeks. In keeping with our allotment of one hour per week, the desired length of participation for each event is indicated as follows:

1. Meeting with <sup>x</sup>Civic Organizations - mid to late April - 30 minutes.
2. <sup>x</sup>Chamber of Commerce Annual Meeting, for the President - April 28 - one hour.
3. Chamber of Commerce Annual Meeting, for the Vice President - April 29 - one hour.
4. <sup>x</sup>National Education Association Board of Directors - May 2 - 15 minutes.
5. <sup>x</sup>National Forest Products Association - May 4, 5 and 6 - 45 minutes.
6. Federal Council on Aging - May 15 and 16 - 15 minutes.



April 7, 1975

EXECUTIVE

FG 375

Dear Bob:

We appreciate your March 20th letter to the President in which you recommend selection of new members to the Federal Council on Aging to replace those expiring in June of 1975, keeping in mind a needed balance to this group and at the same time promoting interests of elderly Americans.

Your letter has been forwarded to the proper staff for further review and we want to thank you for sharing your personal views with us in this matter.

With warm personal regard, I am

Sincerely yours,

Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable Robert E. <sup>x</sup>Bauman  
House of Representatives  
Washington, D.C. 20515

bcc: Bill Walker w/incoming *dispatched*  
VCL:NB:mlg

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APR 9 1975

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Appointments

3-24-75



HOUSE OF REPRESENTATIVES  
WASHINGTON, D. C. 20515

ROBERT E. BAUMAN  
FIRST DISTRICT  
MARYLAND

March 20, 1975

Mr

The President  
The White House  
Washington, D. C.

Dear Mr. President:

It has come to my attention that there will shortly be vacancies on the Federal Council on Aging, a group which I feel is definitely in need of new talent.

As you undoubtedly know, many of us who have voted to protect the interests of the elderly have been constantly attacked particularly in election campaigns by the National Council of Senior Citizens and its president, Mr. Cruikshank, who is also a member of the Council on Aging.

It is my understanding that the Council has in many respects been an embarrassment to the Administration, and this situation can be corrected, in my opinion, by replacing the members whose terms expire in June of 1975. I am hopeful that you will be able to bring needed balance to this group and at the same time promote the interests of elderly Americans.

Faithfully yours,

ROBERT E. BAUMAN  
Member of Congress

REB:am  
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**EXECUTIVE**

FG 375

April 7, 1975

Dear Marjorie:

Thank you so much for your March 20th letter to the President in which you strongly urged that the President make philosophical balance one of his major criteria in the selection of individuals to serve on the Federal Council on Aging.

We appreciate your personal views regarding appointments to this Council and will see that they are brought to the attention of the proper staff in order that your views may be taken into consideration prior to any appointment of individuals to the Council.

With warm personal regard, I am

Sincerely yours,

Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable Marjorie S. Holt  
House of Representatives  
Washington, D.C. 20515

bcc: Bill Walker with incoming *dispatched*

VCL:NB:lmr



RECEIVED

APR 9 1975

CENTRAL FILES

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*lmr*

15 MARJORIE S. HOLT  
4TH DISTRICT, MARYLAND

COMMITTEES:  
ARMED SERVICES  
HOUSE ADMINISTRATION

Congress of the United States  
House of Representatives  
Washington, D.C. 20515  
March 20, 1975

WDC  
WASHINGTON OFFICE:  
1510 LONGWORTH HOUSE OFFICE BUILDING  
WASHINGTON, D.C. 20515  
202-225-8090

DISTRICT OFFICES:  
95 AQUAHART ROAD  
GLEN BURNIE, MARYLAND 21061  
202-261-2008  
301-768-8050

6189 OXON HILL ROAD  
OXON HILL, MARYLAND 20021  
301-567-9212

MF  
The Honorable Gerald Ford  
The White House  
Washington, D.C.

Dear Mr. President:

It is my understanding that five vacancies on the Federal Council on Aging will be filled in June 1975.

I would like to take this opportunity to strongly urge you to make philosophical balance one of your major criteria in the selection of individuals to serve on this Council. It is my feeling that the work of the Council has been hampered by some fiscally irresponsible members such as Mr. Nelson Cruikshank who have proposed many programs with no consideration of their costs or the sources of funds for such programs.

I am sure that we are all in agreement that the elderly have significant needs which can be met, in part, by the federal government. Federal action in this area, however, must be responsible and consistent with budgetary limitations. I think that it is imperative that these principles be recognized by the members of the Federal Council on Aging.

I appreciate your consideration of this request.

With warmest regards, I am

Sincerely yours,

*Marjorie S. Holt*  
Marjorie S. Holt  
Member of Congress

MSH/p/lac





EXECUTIVE

FC375

April 8, 1975

Dear John:

Thank you so much for your March 24th letter to the President regarding appointments to the Federal Council on the Aging.

I might mention that we have received numerous letters expressing much the same views and we will see that they are brought to the attention of the President at the first opportunity.

With warm personal regard, I am

Sincerely yours,

Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable John J. Rhodes  
Minority Leader  
House of Representatives  
Washington, D.C. 20515

bcc: Bill Walker w/incoming *dispatched*

VCL:NB:mlg



RECEIVED  
APR 14 1975  
CENTRAL FILES

*neg*

14  
JOHN J. RHODES  
1ST DISTRICT, ARIZONA

*Re Appointments*

4-2

Office of the Minority Leader  
United States House of Representatives  
Washington, D.C. 20515

March 24, 1975

*MF*

The President  
The White House  
Washington, D. C.

Dear Mr. President:

It has come to my attention that in June the terms of those of the Federal Council on the Aging appointed for a term of one year will be expiring.

It is essential that those to be named share your political perspective rather than consistently opposing the Administration positions. I urge that favorable consideration be given to those candidates who recognize that the greatest financial benefit to the aged lies in the assurance of fiscal responsibility by government.

Yours sincerely,

*John J. Rhodes*

John J. Rhodes, M.C.  
Minority Leader

JJR/wb



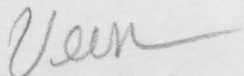
April 23, 1975

Dear Barber:

Thank you for your April 4th letter to the President in which you comment on the selection of members of the Federal Council on Aging.

Your thoughts, together with those of many others, have contributed to the understanding and knowledge of the full spectrum of American opinion sought by the President. Thank you so much for sharing it with us.

Sincerely yours,



Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable Barber B. Conable, Jr.  
U. S. House of Representatives  
Washington, D. C. 20515

VCL:NB:jw

bcc: Bill Walker w/incoming *dispatched*

4



RECEIVED

APR 26 1975

CENTRAL FILES



4 BARBER B. CONABLE, JR.  
NEW YORK, 35TH DISTRICT

COMMITTEES:  
WAYS AND MEANS

BUDGET

JOINT COMMITTEE ON  
INTERNAL REVENUE TAXATION

10  
Congress of the United States  
House of Representatives  
Washington, D.C. 20515

WASHINGTON OFFICE:  
2228 RAYBURN HOUSE OFFICE BUILDING  
WASHINGTON, D.C. 20515

DISTRICT OFFICE:  
311 FEDERAL OFFICE BUILDING  
100 STATE STREET  
ROCHESTER, NEW YORK 14614

April 4, 1975

Honorable Gerald R. Ford  
President  
The White House  
Washington, D. C. 20500

Dear Mr. President:

MF  
I understand that five appointments are to be made to the Federal Council on Aging for terms which are to begin this summer.

I would like to urge that consideration be given to achieving a better balance of social, philosophical and political viewpoints on the Council by the new appointments to be made. Criticism has been expressed that the Council is presently dominated by Nelson H. Cruikshank and others who share his positions. Mr. Cruikshank has been particularly aggressive in actively opposing Republican political candidates and I do not believe that he and his adherents represent viewpoints which should dominate the Council on the Aging.

I hope there will be an effort made to achieve more balance and reasonableness on the Council.

Very truly yours,

*Barber B. Conable, Jr.*

Barber B. Conable, Jr.

C/nk



ms  
April 7, 1975

EXECUTIVE

FG375

Dear Bill:

Thank you so much for your March 20th letter to the President in which you recommend that the President give every thought to appointing candidates to the Federal Council on Aging who will provide broader representation for the viewpoint of the moderates and conservatives that make up a large segment of the senior citizen population in this country.

We will share your views with appropriate staff personnel and do appreciate that you brought this matter to our attention.

With warm personal regard, I am

Sincerely yours,

Vern

Vernon C. Loen  
Deputy Assistant  
to the President

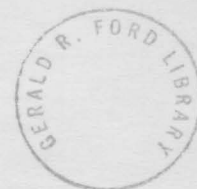
The Honorable C. W. Bill Young<sup>x</sup>  
House of Representatives  
Washington, D.C. 20515

bcc: Bill Walker w/incoming

VCL:NB:mlg

dispatched

B



RECEIVED

APR 9 1975

CENTRAL FILES

ms

14  
re  
Appointments

Congress of the United States  
House of Representatives  
Washington, D.C. 20515

C. W. BILL YOUNG  
6TH DISTRICT, FLORIDA

MEMBER:  
COMMITTEE ON  
APPROPRIATIONS

426 CANNON BUILDING  
WASHINGTON, D.C. 20515

DISTRICT OFFICES:  
627 FEDERAL BUILDING  
ST. PETERSBURG, FLORIDA 33701

1906 DREW STREET  
CLEARWATER, FLORIDA 33515

March 20, 1975

ME  
The President  
The White House  
Washington, D. C. 20500

Dear Mr. President:

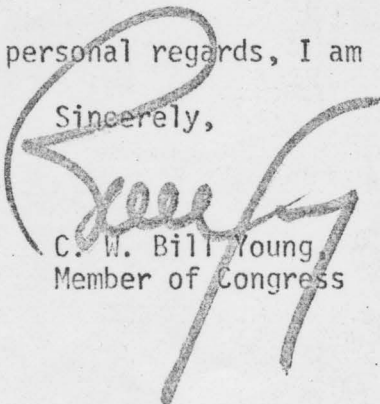
As you know, The Older Americans Act, Public Law 93-29, created the Federal Council on Aging which is under the Administration on Aging, Department of Health, Education and Welfare.

It is my understanding that the terms of five members of the Council will expire on June 5, 1975 and in that connection, you are in the process of determining who to appoint when those terms expire.

I respectfully urge that you give every consideration to candidates for appointment to the Federal Council on Aging who will provide broader representation for the viewpoint of the moderates and conservatives that make up a large segment of the senior citizen population in this country.

With best wishes and warm personal regards, I am

Sincerely,

  
C. W. Bill Young,  
Member of Congress

CWY:dh





*gah*

BROUGHT FORWARD

EXECUTIVE

FB 375

Previously filed

5-2-75

Date

Name

Tavani, Cleonice

Organization

Federal Council on the Aging

New File Symbol

Same

Date

5-15-75

Final Action

Scenario for meeting  
with President



EXECUTIVE

FG 375

THE PRESIDENT HAS SEEN

DR 7-1

WE 5

PR 10

THE WHITE HOUSE

WASHINGTON

May 15, 1975

MEETING  
WITH THE  
FEDERAL COUNCIL ON THE AGING

Friday, May 16, 1975  
12:15 - 12:30 p.m. (15 minutes)  
The Cabinet Room

From: William J. Baroody, Jr.  
Theodore C. Marrs

I. PURPOSE

To meet and be photographed with the Federal Council on the Aging during their convention, and to briefly discuss major issues concerning the aging citizens.

II. BACKGROUND, PARTICIPANTS AND PRESS PLAN

A. Background:

1. The Federal Council on the Aging was established by Public Law 93-29, May 3, 1973. It is composed of fifteen members appointed by the President for terms of three years. Members are appointed so as to be representative of older Americans, national organizations with an interest in the aging, business, labor, and the general public. At least five of the members must be older persons. The current membership includes nine who are older persons.

The Council officially got underway with Senate approval on June 5, 1974 of the fourteen persons nominated by the President on March 27, 1974. A fifteenth member has been added to complete the number called for by Public Law.

The Secretary of HEW and the Commissioner on Aging serve as ex-officio members of the Council.

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MAY 20 1975  
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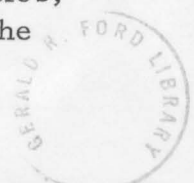
2. The Council is commissioned to advise and assist the President on matters relating to the special needs of older Americans; to assist the Commissioner on Aging in making an appraisal of the Nation's existing and future personnel needs in the field of aging; to review and evaluate the impact of Federal policies regarding the aging; to serve as a spokesman on behalf of older Americans by making recommendations to the President, to the Secretary of HEW, the Commissioner on Aging, and to the Congress with respect to Federal policy and programs regarding the aging; to inform the public about the problems and needs of the aging; and to provide public forums for discussing and publicizing the problems and needs of the aging.
3. The Secretariat for the Federal Council on the Aging is located in the Administration on Aging. It now consists of four professional staff persons and two secretaries.

The Federal Council on the Aging budget for FY 1975 of \$500,000 is provided as part of the Administration on Aging budget. The President's FY 1976 budget proposes the same level of funding, but creates a separate line item for the Federal Council on the Aging.

4. During 1974 the Council set up three committees - the Committee on Senior Services, the Committee on the Economics of Aging, and the Committee on Research and Manpower. At its March 13 - 15, 1975 meeting, a Task Force on Services to the Frail Elderly was established.

Four meetings of the full Council and two meetings of each of the three committees were held in 1974. A considerable amount of time at both Council and Committee meetings in 1974 was devoted to learning about various Federal programs. A wide variety of materials was assembled and distributed to Council members as part of a general orientation to their mission.

5. As directed by the Congress the Council has undertaken three specific studies: (1) A study on State formulae for funding programs under the Older Americans Act; (2) a study on the interrelationships of benefit programs for the elderly operated by Federal, State and local government agencies; and (3) a study of the combined impact of all taxes on the elderly.





6. The Council plans to hold a hearing on the special problems of older women on September 28, 1975, in Washington, D. C., to mark International Women's Year.
7. The Council urges legislative action to develop high standards of safety and care in nursing homes.

They have expressed to the President (letter dated December 9, 1974) their concern about the financial burden on the elderly as a result of reductions proposed in the 1975 budget, citing particularly the additional costs which would have to be borne in relation to Medicare, Medicaid and food stamps.

The Council has expressed distress about lack of consideration for the elderly as reflected in Administration proposals for the 1976 budget, citing cutbacks in Federal monies for social services and ceilings on benefit programs financed from Social Insurance Trust funds.

B. Participants: A list is attached.

C. Press Plan: White House photographer.

III. TALKING POINTS - To be provided by Paul Theis.

Attachment



## FEDERAL COUNCIL ON THE AGING

Chairman - Bertha S. Adkins, of Oxford, Maryland. Former Under Secretary of HEW.

Dorothy Louise Devereux, of Honolulu, Hawaii, former Member of the Hawaii State House of Representatives.

Carl Eisdorfer, M.D., Ph.D., of Seattle, Washington. Professor and Chairman, Department of Psychiatry and Behavioral Sciences, University of Washington, past President of the Gerontological Society.

Charles J. Fahey, The Reverend Monsignor, of Syracuse, New York, Director of the Catholic Charities for the Roman Catholic Diocese of Syracuse and President elect of the American Association of Homes for the Aging.

John B. Martin, of Chevy Chase, Maryland, former Commissioner on Aging, Special Consultant to the American Association of Retired Persons and the National Retired Teachers Association.

Frank B. Henderson, of Worthington, Pennsylvania, Director, Nutrition Services, Armstrong County Community Action Agency.

Frell M. Owl, of Cherokee, North Carolina. Retired from the Bureau of Indian Affairs; Member of the Indian Advisory Council of the United States Senate Special Committee on Aging.

Lennie-Marie P. Tolliver, of Oklahoma City, Oklahoma. Professor and Associate Director, School of Social Work, the University of Oklahoma.

Charles J. Turrisi, of Norfolk, Virginia, retired as General Superintendent of Mails of Norfolk. He is legislative chairman for the Norfolk Chapters of the National Association of Retired Federal Employees and the American Association of Retired Persons.

Selden G. Hill, of Orlando, Florida, is a member of the Advisory Board of the Florida State Division on Aging. He was Assistant Director of the War Manpower Commission of the U.S. Civil Service Commission.

Nelson H. Cruikshank, of the District of Columbia, President, National Council of Senior Citizens. Former Director of Department of Social Security, AFL-CIO.

Sharon M. Fukii, of Santa Monica, California, Vice President of Gerontological Planning Associates.



Hobart C. Jackson, of Philadelphia, Pennsylvania, Executive Vice President, Stephen Smith Geriatric Center and Administrator of the Stephen Smith Home for the Aged. Mr. Jackson was the founder of the Caucus of the Black Aged and presently serves as Chairman.

Garson Meyer, of Rochester, New York, former Chief Chemist, Eastman Kodak and the President Emeritus of the National Council on the Aging.

Bernard E. Nash, of Camp Springs, Maryland, Executive Director of the National Retired Teachers Association and the American Association of Retired Persons.

Ex-Officio Members

Stanley B. Thomas, Assistant Secretary for Human Development, HEW

Arthur S. Flemming, Commissioner on Aging, HEW

Staff of the Federal Council on the Aging

F. Richard Williams, Assistant to the Chairman  
Cleonce Tavani, Executive Director  
Robert M. Foster, Deputy Director  
Alice B. Freer, Assistant to the Director





MEETING WITH THE  
FEDERAL COUNCIL ON THE AGING

Friday, May 16, 1975

12:15 P.M.

THE PRESIDENT HAS SEEN *def*

MAY 20 1975





MAY 20 1975  
B002

THE WHITE HOUSE

WASHINGTON

May 9, 1975

MEMORANDUM FOR:

MR. WILLIAM J. BAROODY, JR.

FROM:

*f* WARREN RUSTAND *WR*

SUBJECT:

Approved Presidential Activity

Please take the necessary steps to implement the following and confirm with Mrs. Nell Yates, ext. 2699. The appropriate briefing paper should be submitted to Dr. David Hoopes by 4:00 p.m. of the preceding day.

Meeting: With 15 Presidential appointees to the Federal Council on the Aging

Date: Friday, May 16, 1975      Time: 12:15 p.m.      Duration: 15 minutes

Location: The Cabinet Room

Press Coverage: White House Photographer

Purpose: To meet with the Council members during their Convention and to discuss briefly major issues concerning the aging.

cc: Mr. Hartmann  
Mr. Marsh  
Mr. Cheney  
Dr. Connor  
Dr. Cavanaugh  
Mr. Cannon  
Dr. Hoopes  
Mr. Jones  
Mr. Nessen  
Mr. O'Donnell  
Mrs. Yates





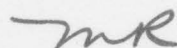
THE WHITE HOUSE  
WASHINGTON

May 6, 1975

Helen -

I do not know whether this Mr. Tavani means he talked to someone on Mr. Rumsfeld's office and then wrote the letter here OR if he has been in touch before and this is additional info --

Doyou have anything previously on this?



Mary R



May 2, 1975

MEMORANDUM FOR:

BILL BAROODY, JR.  
TED MARRS

FROM:

DON WEBSTER *sl*

SUBJECT:

Proposed Presidential Drop-by:  
Federal Council on Aging

I have learned of the reason for the Domestic Council's opposition to our recommendation that the President meet with the Federal Council on Aging when they are in town on May 15 and 16.

It seems that the President plans on May 15 to issue a strongly worded reaction to Congress' failure to go along with his proposed 5% ceiling on the cost of living increase for social security and other benefits. The Domestic Council feels that, coinciding as it does with the public reaffirmation of a position so much opposed by the various elderly constituent groups, a Presidential meeting with the Federal Council on Aging would be both awkward and inopportune.



EXECUTIVE

FC375  
PA7

May 2, 1975

Dear Cleo:

Thank you for your letter of April 29.  
I have also sent a copy of that to the  
Scheduling Office in the event it might  
contain any additional information they  
had not previously received.

I am certain your suggested meeting  
will be given careful consideration.

With kindest regards.

Sincerely,

Don

Donald Rumsfeld  
Assistant to the President

Mr. Cleonice<sup>x</sup> Tavani  
Executive Director  
Federal Council on the Aging  
Washington, D. C. 20201

lg

bcc: Warren Rustand with incoming for appropriate action *Rest*



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MAY 3 1975  
CENTRAL FILES

13





FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

April 29, 1975

Mr. Donald Rumsfeld  
Assistant to the President  
The White House  
Washington, D.C. 20500

Dear Don:

You may recall that I undertook coordination of older persons programs at the Office of Economic Opportunity while you were heading that erstwhile organization. As you can see by the letterhead and my title, I am really enmeshed in this field -- and could not be more pleased with the opportunity of having some small part in bringing national attention to the contributions and needs of older Americans.

→ Contact has been made with your staff about the possibility of the members of the Federal Council on the Aging meeting with the President so that they might convey to him personally some of their concerns as advocates for older Americans. This group of fifteen persons are indeed very special spokesmen to the President since they are appointed by him and confirmed by the Senate.

This session would also be a fine way of having the President celebrate Older Americans month, namely, May. The members of the Council will all be in Washington on May 15 and 16 for a regular meeting.

Background material has been supplied to the White House but I would be pleased to provide any further needed information.

Sincerely,

Cleonice Tavani  
Executive Director



The President  
this 5/16/75

THE WHITE HOUSE  
WASHINGTON

HAD  
Hold for poss  
May 16th add on  
if time allow

April 25, 1975

MEMORANDUM FOR:

PAM NEEDHAM

FROM:

WILLIAM NICHOLSON *WN*

SUBJECT:

President meeting with members of  
the Federal Council on the Aging

I would appreciate your comments and recommendation on the  
attached schedule request.

Thank you.

OK - if only a 5 minute  
picture session. Ted  
Mars has agreed to cut  
the time down too.

recd. 4/28/75  
Pon



Be sure there are no announcements  
planned that would hurt the  
President - *WN*

May 15+16<sup>th</sup>

✓ With Casper  
5/6 Recommendations

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MAY 20 1975  
CENTRAL FILES

Meeting with members of the Federal  
Council on the Aging, May 15-16

### SCHEDULING ROUTING MEMO

Subject: \_\_\_\_\_

Originator: Dick Williams

To Individual

Processed

Comments

1 W. Nicholson

4/19

Federal Council  
on the Aging

\_\_\_\_ W. Rustand

\_\_\_\_ Staff to:

2 H. Donaldson

File May 15

\_\_\_\_ M. Widner

\_\_\_\_ M. Rawlins

\_\_\_\_ N. Gemmell



Return to: \_\_\_\_\_

Action:

Extremely doubtful  
need a form w/ more  
than Appres Represent.





FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

MEMORANDUM

April 18, 1975

FOR: WILLIAM NICHOLSON  
FROM: DICK WILLIAMS  
Subject: Possible meeting of the members of the Federal Council on the Aging with the President on May 15 or 16, 1975

The attached "back up" material is forwarded as requested for a possible meeting of the Council with the President on May 15 or 16, 1975.

1. Roster of members of the Council.
2. Copy of Notice of Meeting of the Council, with Agenda, to be printed in the Federal Register.
3. Copy of "Remarks" by Senator Brock and S. J. Res. 68 regarding the month of May 1975 as "Older Americans Month".
4. Aging Magazine, see cover and story on page 4.

Any other material needed please call me and thanks for your help. Telephone 245-0748 or 245-0441.

*Dick Williams*  
F. Richard Williams





FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

Chairman

Bertha S. Adkins

Assistant to the Chairman

F. Richard Williams

*RW.*

Executive Director

Cleonice Tavani  
Federal Council on the Aging  
Room 4022, Donohoe Building  
400 - 6th Street, S.W.  
Washington, D. C. 20201

Members of the Council

For a term of one year (to 6-5-75):

Bertha S. Adkins, of Oxford, Maryland, former Under Secretary of the Department of Health, Education, and Welfare.

Dorothy Louise Devereux, of Honolulu, Hawaii, former Member of the Hawaii State House of Representatives.

Carl Eisdorfer, M.D., Ph.D., of Seattle, Washington, Professor and Chairman, Department of Psychiatry and Behavioral Sciences, University of Washington, past President of the Gerontological Society.

Charles J. Fahey, The Reverend Monsignor, of Syracuse, New York, Director of the Catholic Charities for the Roman Catholic Diocese of Syracuse and President elect of the American Association of Homes for the Aging.

John B. Martin, of Chevy Chase, Maryland, former Commissioner on Aging, Special Consultant to the American Association of Retired Persons and the National Retired Teachers Association.

For a term of two years (to 6-5-76):

Frank B. Henderson, of Worthington, Pennsylvania, Director, Nutrition Services, Armstrong County Community Action Agency.

Frell M. Owl, of Cherokee, North Carolina, Retired from the Bureau of Indian Affairs; Member of the Indian Advisory Council of the United States Senate Special Committee on Aging.

Lennie-Marie P. Tolliver, of Oklahoma City, Oklahoma, Professor and Associate Director, School of Social Work, the University of Oklahoma.



Charles J. Turrisi, of Norfolk, Virginia, retired as General Superintendent of Mails of Norfolk. He is legislative chairman for the Norfolk Chapters of the National Association of Retired Federal Employees and the American Association of Retired Persons.

Selden G. Hill, of Orlando, Florida, is a member of the Advisory Board of the Florida State Division on Aging. He was Assistant Director of the War Manpower Commission of the U.S. Civil Service Commission.

For a term of three years (to 6-5-77):

Nelson Hale Cruikshank, of the District of Columbia, President, National Council of Senior Citizens. Former Director of Department of Social Security, AFL-CIO.

Sharon Masaye Fujii, of Santa Monica, California, Vice President of Gerontological Planning Associates.

Hobart C. Jackson, of Philadelphia, Pennsylvania, Executive Vice President, Stephen Smith Geriatric Center and Administrator of the Stephen Smith Home for the Aged. Mr. Jackson was the founder of the Caucus of the Black Aged and presently serves as Chairman.

Carson Meyer, of Rochester, New York, former Chief Chemist, Eastman Kodak and the President Emeritus of the National Council on the Aging.

Bernard E. Nash, of Camp Springs, Maryland, Executive Director of the National Retired Teachers Association and the American Association of Retired Persons.

Ex-Officio Members

The Secretary of Health, Education, and Welfare

The Commissioner on Aging







FEDERAL COUNCIL ON THE AGING  
WASHINGTON, D.C. 20201

Notice of Meeting

The Federal Council on the Aging was established by the 1973 amendments to the Older Americans Act of 1965 (P.L. 93-29), for the purpose of advising the President, the Secretary of Health, Education, and Welfare, the Commissioner on Aging, and the Congress on matters relating to the special needs of older Americans.

Notice is hereby given, pursuant to P.L. 92-463 that the Council will hold a regular meeting on May 15, 9:30 a.m. to 5 p.m. and May 16, 9:00 a.m. to 3 p.m., in Room 4549 Donohoe Building, 400 Sixth Street, S.W., Washington, D. C. The agenda will consist of the following items: status of study of interrelationships of benefits, report of Task Force on Services for the Frail Elderly, report of Aging Research and Manpower Committee, report of Economics of Aging Committee, review of plans for September 28 Hearing on Problems of Older Women, review of pending legislation affecting older Americans; FCA involvement with updating of "Statement on Rights and Obligations of Older Americans", and review of plans for 1975 annual report.

This meeting open for public observation.

Further information on the Council may be obtained from Cleonice Tavani, Executive Director, Federal Council on the Aging, Room 4022, Donohoe Building, 400 Sixth Street, S.W., Washington, D.C. 20201, telephone: (202) 245-0441.



FILE  
COPY

April	OFFICE	SURNAME	DATE	OFFICE	SURNAME	DATE	OFFICE	SURNAME	DATE

Cleonice Tavani, Executive Director  
Federal Council on the Aging

in the examination." Quoted in S. Rept. 93-133, p. 124).

More recently, Dr. John Cooper of the Association of American Medical Colleges said a testimony before the Senate Labor and Public Welfare Committee:

"I think what one really has to determine: Are those who come in the country qualified? If not, they should not be permitted in. . . .

"The problem is one has to assure oneself that the professionals we do admit are qualified and equivalent to those we have in this country."

At this point the subcommittee staff director asked Dr. Cooper if he was satisfied that our present system was working satisfactorily in that respect, and Dr. Cooper's reply was: "No." (S. Rept. 93-133, p. 139).

The approach suggested by these two statements—both of which were taken from the majority report on S. 3585—is in our opinion the appropriate one for solving the considerable problem posed by FMG's. In essence it is an immigration problem, best solved by an amendment to the immigration law.

#### COSTS

Finally, we come to the matter of costs. In our opinion, S. 3585 is too expensive. The President has already indicated that the various health measures, including S. 3585, carry too high a price tag, as well as some objective program features. The committee did raise the existing capitation level for schools of medicine to \$3,250 from the existing \$2,500 level, an increase of approximately 30 percent.

Given the present inflation pressures, as well as the requirements of the health professions schools, I do not believe those increases can be regarded as anything other than excessive and unjustified.

At the present capitation level medical schools are responding to national objectives. As the committee report recognizes their responses to the requirement for enrollment increases was "magnificent." Further under existing capitation level, only 6 out of 114 medical schools are receiving financial distress grants which would indicate that more schools are doing satisfactorily at the present level.

We agree with the President that S. 3585 has excessive spending levels and we urge the Senate to join us in rejecting the inflationary price tag of the reported bill.

Mr. President, in closing, I would like to say that we think the alternative that has just been submitted offers a viable alternative to deal effectively with the problems of maldistribution by geography and by specialty and with the problem of foreign medical graduates. We think it is a more appropriate answer than is that of requiring a national draft of all those who are entering medical school that it would be Federal foot in the door and lead to Federal licensing of all in the health profession. Indeed, the report's language is most explicit on the committee's intent.

By Mr. BROCK:

S.J. Res. 68. A joint resolution to provide for the designation of the month of May 1975 as "Older Americans Month." Referred to the Committee on the Judiciary.

Mr. BROCK. Mr. President, I am introducing today a joint resolution proclaiming May 1975 as "Older Americans Month." In a time of growing awareness of both the problems and contributions of the elderly, it is only fitting that we should again, this year, honor our senior citizens and draw attention to needs yet to be met.

The contributions of the elderly to the American phenomenon have been sub-

stantial. Benjamin Franklin helped draft the Declaration of Independence when he was 69, and was a delegate to the Constitutional Convention at age 81. Mary McLeod Bethune was president of Bethune-Cookman College at 71. Col. Harland Sanders was 65 and on social security when he began his fried chicken business. One of America's most prominent artists, Grandma Moses, did not begin painting until she was 70. The list is endless of senior citizens who have, in one way or another, contributed to the greatness of the United States. This May let us honor the past and present contributions of older Americans and encourage their continued productivity. The best way to do this is not with words, but action—action on the hurdles that often remove the elderly from the mainstream of life.

Many are the problems that face the senior citizen today: income, housing, transportation, health care, nutrition, and so forth. But rather than hacking at the branches, I would urge the public and private sectors to attack the root of these problems; inadequate income.

In the United States today, 25 percent of our elderly have incomes below the poverty level. In Tennessee, that problem is even more acute, as the figure is 36 percent. Our goal must be to raise the income standards of these needy people so that we can improve their life styles and so that the demand for programs dealing with the symptoms of lack of income is lessened. There are a variety of options open to us in treating inadequate income.

The most obvious area for work is the social security system, as social security provides the largest single element of income support for the elderly. For too long we have ignored the problems of social security, and only now, when the system's finances are strained to the limit, is this area getting the attention it deserves. Let us pledge, as we proclaim Older American Month, that we shall not only talk about reform, but act to achieve it.

A major change which must be affected in a reform package must be the repeal of the retirement earnings test. It is foolish and cruel to penalize those older people who need extra income and want to work to gain that money. Surely it is wiser to help the elderly help themselves, than to force them out of the labor force and on to the rolls of various Federal supplemental aid programs. Repeal of the retirement earnings test is widely supported by older Americans and demanded by commonsense.

Going hand-in-hand with present restrictive social security policies in our acceptance of age discrimination in employment. We should strike down this barrier to enable and encourage the elderly to continue being productive members of society, and to work, if they desire, to increase their income and living standards. Senator FONG has introduced legislation to extend the Age Discrimination in Employment Act to workers beyond age 65. Let us act on it.

Yet another area where the elderly are penalized economically is in obtain-

ing credit. I have introduced legislation to ban discrimination toward the aged who want to obtain, and deserve to have, the benefits of the use of credit. I hope it is swiftly approved.

Earlier this year, Senator RANDOLPH introduced a resolution calling for a "National Employ the Older Worker Week." It was an excellent idea, and a vehicle for calling attention to the need for encouraging private industry to employ, on at least a part time basis, older Americans. We can and should provide incentives to businesses to accomplish this end.

There are many, many more areas that can be acted on to increase the incomes and economic strength of older people. Let us rededicate ourselves this May to meet this problem head on and devise some workable solutions.

Many fine organizations have been active in both Tennessee and across the Nation to insure that the senior citizen is not neglected and remains a part of our society. Among these are the National Council of Senior Citizens, the American Association of Retired People, the National Association of Retired Federal Employees, and the National Alliance of Senior Citizens, to name just a few. We appreciate their contribution in improving the standing of senior citizens. Let us honor and salute their efforts by proclaiming May, "Older Americans Month."

Mr. President, we must recognize now the contributions and problems of our elderly. By the year 2000, there will be 29 million older Americans, an increase of 46 percent over today. The older American is involved with and concerned about our country. They care about the course the Nation takes. It is important that we do not neglect them, but make certain that they are full-time members of our American society.

With that thought in mind, I urge swift passage of this resolution and urge the President to act upon it. I ask for unanimous consent that the text of this resolution be printed in the RECORD at this point.

There being no objection, the joint resolution was ordered to be printed in the RECORD, as follows:

S.J. RES. 68

Resolved by the Senate and House of Representatives of the United States of America in Congress assembled, That the President is authorized and requested to issue a proclamation designating the month of May 1975 as "Older Americans Month", and calling upon all citizens to recognize the valuable contributions of Older Americans to observe such month with appropriate ceremonies and activities.

#### ADDITIONAL COSPONSORS OF BILLS AND RESOLUTIONS

S. 448

At the request of Mr. CRANSTON, the Senator from Michigan (Mr. PHILIP A. HART) was added as a cosponsor of S. 448, a bill to amend the Immigration and Nationality Act with respect to a waiver by the Attorney General, of certain grounds for exclusion and deportation, for an offense in connection with possession only of marihuana.



SP for mtg with  
Federal Council  
on the Aging

3/25/75

# SCHEDULING ROUTING MEMO

Subject: May 15 or 16

Originator: Barndy

To Individual

Processed

Comments

1 W. Nicholson

3/25

2 W. Rustand

3/26

fyp

Staff to:

3 H. Donaldson

Final May 15

W. Widner

M. Rawlins

N. Gemmell

proposed

Return to: \_\_\_\_\_

Action: \_\_\_\_\_





*Recommend  
15 minutes  
D.H.*

THE WHITE HOUSE  
WASHINGTON

SCHEDULE PROPOSAL for  
The President

Date: March 21, 1975

From: Theodore C. Marrs *TCM*

Thru: William J. Baroody, Jr. *WJB*

Via: Warren S. Rustand

MEETING: The Federal Council on the Aging

DATE: At the convenience of the President, May 15 and 16, 1975

PURPOSE: To allow the President to meet and be photographed with the Council members during their convention and to briefly discuss major issues concerning the aging.

FORMAT:

- location: The Oval Office or the Cabinet Room.
- participants: The 15 Presidential appointees to the Federal Council on the Aging (list attached).
- expected length of participation: ~~Open~~ *15min*

CABINET PARTICIPATION: The Secretary of HEW.

SPEECH MATERIAL: To be provided by Theodore C. Marrs.

PRESS COVERAGE: White House Photographer.

STAFF: Theodore C. Marrs

RECOMMEND: William J. Baroody, Jr.  
James H. Cavanaugh

OPPOSED: None.

PREVIOUS PARTICIPATION: None.

BACKGROUND: This Council which is established by law to advise and assist the President on matters relating to the special needs of older people would like to meet with the President during their regular meeting



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The President

Date: March 21, 1975

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The Secretary of HEW.

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To be provided by Theodore C. Marrs.

SPEECH MATERIAL:

White House Photographer.

PRESS COVERAGE:

Theodore C. Marrs

STAFF:

William J. Baroody, Jr.

RECOMMEND:

James H. Cavanaugh

None.

OPPOSED:

PREVIOUS

None.

PARTICIPATION:

BACKGROUND:

This Council which is established by law to advise and assist the President on matters relating to the aging needs of older people would like to meet with the President during their regular meeting.

1975 MAR 24 PM 6 07

- 2 -

to inform him of their findings and recommendations and to discuss Federal policies regarding the aging, as well as federally conducted or assisted programs and other activities relating to or affecting the aging.

APPROVED \_\_\_\_\_ DISAPPROVED \_\_\_\_\_

Attachment





## FEDERAL COUNCIL ON THE AGING

Chairman - Bertha S. Adkins, of Oxford, Maryland. Former Under Secretary of HEW.

Dorothy Louise Devereux, of Honolulu, Hawaii, former Member of the Hawaii State House of Representatives.

Carl Eisdorfer, M.D., Ph.D., of Seattle, Washington. Professor and Chairman, Department of Psychiatry and Behavioral Sciences, University of Washington, past President of the Gerontological Society.

Charles J. Fahey, The Reverend Monsignor, of Syracuse, New York, Director of the Catholic Charities for the Roman Catholic Diocese of Syracuse and President elect of the American Association of Homes for the Aging.

John B. Martin, of Chevy Chase, Maryland, former Commissioner on Aging, Special Consultant to the American Association of Retired Persons and the National Retired Teachers Association.

Frank B. Henderson, of Worthington, Pennsylvania, Director, Nutrition Services, Armstrong County Community Action Agency.

Frell M. Owl, of Cherokee, North Carolina. Retired from the Bureau of Indian Affairs; Member of the Indian Advisory Council of the United States Senate Special Committee on Aging.

Lennie-Marie P. Tolliver, of Oklahoma City, Oklahoma. Professor and Associate Director, School of Social Work, the University of Oklahoma.

Charles J. Turrisi, of Norfolk, Virginia, retired as General Superintendent of Mails of Norfolk. He is legislative chairman for the Norfolk Chapters of the National Association of Retired Federal Employees and the American Association of Retired Persons.

Selden G. Hill, of Orlando, Florida, is a member of the Advisory Board of the Florida State Division on Aging. He was Assistant Director of the War Manpower Commission of the U.S. Civil Service Commission.

Nelson H. Cruikshank, of the District of Columbia, President, National Council of Senior Citizens. Former Director of Department of Social Security, AFL-CIO.

Sharon M. Fukii, of Santa Monica, California, Vice President of Gerontological Planning Associates.



Hobart C. Jackson, of Philadelphia, Pennsylvania, Executive Vice President, Stephen Smith Geriatric Center and Administrator of the Stephen Smith Home for the Aged. Mr. Jackson was the founder of the Caucus of the Black Aged and presently serves as Chairman.

Garson Meyer, of Rochester, New York, former Chief Chemist, Eastman Kodak and the President Emeritus of the National Council on the Aging.

Bernard E. Nash, of Camp Springs, Maryland, Executive Director of the National Retired Teachers Association and the American Association of Retired Persons.



Robert C. Jackson, of Philadelphia, Pennsylvania, Executive Vice President, Stephen Smith Center and Administrator of the Stephen Smith Home for the Aged. Mr. Jackson was the founder of the Council of the Black Aged and presently serves as Chairman.

Garrison Meyer, of Rochester, New York, former Chief Chemist, Eastman Kodak and the President Emeritus of the National Council on the Aging.

Bernard E. Nash, of Camp Springs, Maryland, Executive Director of the National Retired Teachers Association and the American Association of Retired Persons.

Name	Date
J. Berg-Hansen	6-11-25



No. 246

April 1975

# aging





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#### COVER

Bertha S. Adkins, Chairman of Federal Council on the Aging, which made its first report to the President in March. She is a former Under Secretary of the Department of Health, Education, and Welfare. See page 4.

DHEW photo

## Elderly to Initiate Bicentennial in Older Americans Month Forums

Older Americans Month in May will be observed throughout the country by initiating meetings of older people in Bicentennial Forums, some of which will continue into June and July.

Their purpose will be to update the 1961 first White House Conference on Aging's Declaration of Rights and Obligations of Older Persons.

In a memorandum to Regional Directors on Aging, State Executive Directors on Aging and Area Executive Directors on Aging, U.S. Commissioner on Aging Arthur S. Flemming said:

"The suggestions for changes or additions to the statement that are developed at these forums will be considered by the Area Advisory Committees and then transmitted, accompanied by the suggestions of the Area Advisory Committees, to the Advisory Committees to the State agencies on aging.

"The suggestions from the forums and the area advisory committees will be considered by the advisory committees to the State agencies on aging and then transmitted, accompanied by

their suggestions, to the Federal Council on the Aging

"The Federal Council on the Aging will transmit to the President no later than Dec. 31, 1975, recommendations for a new statement of rights and obligations to be incorporated in a Presidential proclamation at the beginning of the Bicentennial Year of 1976.

"We hope that in 1976 the new statement of rights and obligations will be considered at forums of older persons organized by the advisory committees to the Area Agencies on Aging in order (1) to determine progress or lack of progress at the Federal, State, and local levels in implementing the rights and obligations and (2) to recommend specific action programs at Federal, State and local levels, and in both the public and private sectors, designed to accelerate the implementation of both rights and obligations.

"The recommendations for action that come from the forums will be considered by the area advisory committees and then transmitted with their recommendations for action (1)

at the area level to the Area Agency on Aging and (2) at the State and Federal levels to the advisory committee to the State agencies on aging.

"The recommendations for action that come from the forums and the area advisory committees will be considered by the State advisory committees and then transmitted with their recommendations for action (1) at the State level and (2) at the Federal level to the Federal Council on the Aging.

"The recommendations for action at the Federal level that come from the forums, the area advisory committees and the State advisory committees will be considered by the Federal Council on the Aging and appropriate recommendations made to the Congress and the President."

Commissioner Flemming added: "I believe that the combined wisdom and commitment of all who participate in the program as above outlined will result in the Bicentennial Year—five years after the second White House Conference on Aging—becoming known as a year of accelerated action in the field of aging."



## Federal Council on Aging Drafts Report to President

The Federal Council on the Aging met in Washington Mar. 13 to 15.

It was the fourth meeting of the 15-member Council, created by amendments to the Older Americans Act to advise the President, the HEW Secretary, the Commissioner on Aging and the Congress on matters relating to special needs of older people.

At its final session of the three-day meeting, the Council, under the chairmanship of Bertha S. Adkins, who was HEW Under Secretary in the Eisenhower administration, approved its first annual report to the President.

"The Federal Council does not want to be a passive advisory body, but neither does it want to be a chatterbox for superficial criticisms and proposals nor just an endorser of what others say about older Americans," the report to President Ford said.

The Council already has demonstrated this viewpoint. Following its December meeting, Miss Adkins wrote President Ford and Congressional leaders of its "deep concern about the financial burdens which would fall on the elderly as a result of reductions" in budget proposals affecting them. (*Aging* Jan. '75, p. 7).

The March meeting included sessions on national income support programs for the elderly, at which Social Security Commissioner James B. Cardwell spoke, on the Department of Labor's participation in such programs, priorities for the Council, and a seminar on strategy to assist the frail elderly.

As directed by Congress, the Council already has undertaken a study of State formulae for funding programs under the Older Americans Act, and,

at the request of the Commissioner on Aging, expanded to include a survey of funding of planning, coordination, evaluation and administration of State plans and nutrition programs.

"The major FCA recommendation," its report said, "was that the factor of the population aged 60 or over who are living in poor households should be added to the factor of the number of State residents aged 60 or over in all the present State allotment formulae in the Older Americans Act. Several recommendations were also made concerning increases and modifications in State administrative funding."

Two other studies were directed by Congress, but FCA, which did not officially get into operation until June 1974, has requested it be given another year to complete them.

One is a survey of the interrelationships of benefit programs for the elderly operated by Federal, State, and local government agencies, which will be done by an outside contractor. An announcement of the successful bid is expected shortly. Council members, experts in HEW and the executive branches also will be involved in the study and formulating resultant recommendations.

The second is a study of the combined impact of all taxes on the elderly. The FCA Committee on the Economics of Aging is in charge of this, consulting with the Census Bureau and the Treasury among other agencies.

The Council also reported that it is studying the group of older persons usually, but not always, over 75, who require one or more supportive serv-

ices, and which is expected to become an even larger population group by 2000.

FCA will seek to stimulate attention to this group, which it called a "major national dilemma."

"It is important that an income assurance system for the nation's elderly be developed which successfully integrates Supplemental Security Income, Social Security payments, and private pensions with appropriate Federal safeguards and other private income sources. The Council wants all older persons to have a solid flow but it is imperative that financial security be assured to the most vulnerable and fragile of the nation's elders."

Further information on the FCA is available from Cleonice Tavani, Executive Director, Donohoe Bldg., 400 Sixth St., S.W., Washington, D.C. 20201.

### **Boston University Trustees Establish Gerontology Center**

Following action last spring by its Board of Trustees, Boston University established a Gerontology Center on Oct. 11.

It was founded, its prospectus states, "to coordinate and strengthen the University's historically rich and diverse efforts related to the health and welfare of the elderly."

The center, which will have 200 members, is not a department or division of any school or program at Boston University, but is multidisciplinary and interdepartmental in nature and University-wide in scope.

## Speaker Names 28-Member House Committee on Aging

Speaker Carl Albert on Feb. 6 appointed a 26-member permanent House Select Committee on Aging.

Creation of the committee was authorized, 323 to 84, by the House on Oct. 8, 1974 in an amendment to the Committee Reform Amendments of 1974 which spelled out the responsibilities of the committee.

Like its counterpart in the Senate, the new House group, of which Speaker Albert named Rep. William J. Randall (Mo.) to be chairman, will have no legislative powers, but will conduct a continuing study of older Americans and their problems.

Other members of the new House committee are Reps. Claude Pepper (Fla.), Spark M. Matsunaga (Hawaii), Edward R. Roybal (Calif.), Fred B. Rooney (Pa.), Mario Biaggi (N.Y.), Walter Flowers (Ala.), Ike F. Andrews (N.C.), John Burton (Calif.), Edward P. Beard (R.I.), and Michael T. Blouin (Iowa).

Also Don Bonker (Wash.), Thomas J. Downey (N.Y.), James J. Florio (N.J.), Harold E. Ford (Tenn.), William J. Hughes (N.J.), Marilyn Lloyd (Tenn.), Jim Santini (Nev.), and Bob Wilson (Calif.).

Also William C. Wampler (Va.), John Paul Hammerschmidt (Ark.), H. John Heinz, III (Pa.), William S. Cohen (Maine), Ronald A. Sarasin (Conn.), William F. Walsh (N.Y.), and Charles E. Grassley (Iowa).

On Feb. 27 Speaker Albert appointed two additional members of the new committee: Reps. Theodore M. Risenhoover (Okla.) and Gilbert Gude (Md.).

House rules provide for the committee as follows:

"There shall be in the House the permanent Select Committee on Aging, which shall not have legislative jurisdiction but which shall have jurisdiction to conduct a continuing

comprehensive study and review of the problems of the older American, including but not limited to income maintenance, housing, health (including medical research), welfare, employment, education, recreation, and participation in family and community life as self-respecting citizens;

"To study the use of all practicable means and methods of encouraging the development of public and private programs and policies which will assist the older American in taking a full part in national life and which will encourage the utilization

of the knowledge, skills, special aptitudes, and abilities of older Americans to contribute to a better quality of life for all Americans;

"To develop policies that would encourage the coordination of both governmental and private programs designed to deal with problems of aging; and

"To review any recommendations made by the President or by the White House Conference on Aging relating to programs or policies affecting older Americans."

## AoA Funds Project to Aid Visually Impaired Elderly

Northeastern Colorado will be the site of a \$125,000 project funded by the Administration on Aging to ascertain how persons 55+ with disabling eye conditions can be helped to a more independent life.

A five-member team will travel throughout the northeastern section of the State, including rural areas, to teach persons with visual problems to take care of their personal needs, use new devices, and continue as active members of the community.

Project director Ron Landwehr said that often a person with failing sight will cease to see friends and relatives or join in community activities. Relatives often believe that they are forced to institutionalize the older person with sight problems, thinking that his diminished eyesight makes him helpless.

Using a 27-foot mobile home with fully equipped kitchen, sewing center, and facilities to teach telephone dialing, Braille, and other

means of communicating through touch or magnifying devices, the staff will teach the visually disabled how to dress and care for clothing, do laundry and cook meals, and move about their home and community easily even if totally blind.

Project funds also will be used to pay for some types of medical care to assist in diagnosis, treatment, and prevention of eye problems. Area physicians and other resource persons are being contacted for referral of persons with sight problems who can use the special skills taught by project staff.

Coloradans with visual impairments can contact Mr. Landwehr at 2662-C 11th Ave., Greeley.

Community groups which wish to have the project staff explain the program and persons interested in volunteer activities can also contact Mr. Landwehr or Services for the Blind, Colorado Department of Social Services, 1575 Sherman St., Denver 80203.



## AoA Trains Staff from All States in I & R Work

More than 75 persons from every State were given training in information and referral work for the elderly during February.

Three four-day courses were conducted in Chicago, Philadelphia and San Francisco by the Assistance Group Inc., of Silver Spring, Md., under contract to the Administration on Aging.

State agencies on aging endorsed the plan for the training—in which AoA personnel participated with the contractor—which is part of a program to meet the Older Americans Act objective of giving older people reasonably convenient access to I & R services by June 30.

The training curriculum was designed to assist State agency personnel responsible for management and provision of technical assistance in I & R services. Participants were taught a wide variety of operational, conceptual, and technical skills. They also were familiarized with Federal requirements for I & R services under relevant law, regulations, and guidelines.

Each group was given actual experience in watching proceedings at an operational I & R center, and were told details of others operating in other parts of the country. Instructors pointed out both advantages and disadvantages of the vari-

ous operations as they might apply to the participant's home State.

Training was conducted at three sites to reduce travel time and expense for participants and to keep the workshops to a limited number of persons.

AoA paid for the training, while States met travel and per diem costs of participants.

Morris Cohen, Chief of the I & R Policy Staff, National Clearinghouse on Aging, and Carol Dingledein, Project Officer in the Division of Manpower Resources, were AoA coordinators at all three of the training sessions.

## Montana Has Statewide I&R Service for Elderly

Montana's Aging Services Bureau is tackling the problem of seeing to it that older citizens know about services available to them.

And it is a problem in Montana, the fourth largest of all States, 147,138 square miles in area, much of it sparsely populated.

The answer may be in an experimental, 24-hour-a-day hot line telephone network funded by a 1-year \$138,000 grant.

Any Montanan over 55 or a family member or friend may call the toll-free telephone number. One of 40 technicians is assigned to respond to the request or problem. Most technicians are themselves over 60 and earn an extra \$2,400 each year for their services. They work out of local communities across the state.

The technician serves as a referral service for the senior citizen or his representative, suggesting whom to call or see for prompt action. And there is a follow-up.

All calls are immediately reported to the Aging Services Bureau in the State capitol. There, other specially trained technicians follow through each case, checking with the appropriate local, State, or regional agencies and double-checking with the senior citizen or his family to make certain the problem has been satisfactorily resolved.

Maximum time frame for handling such problems is being held to seven days, virtually instantaneous service to senior citizens used to prolonged delays.

The project receives cooperation from the office of the Montana Citizens' Advocate, service in the offices of Montana Gov. Thomas L. Judge. Calls on the Citizens' Advocate's toll-free line dealing specifically with senior citizens; problems are immediately referred to the model project staff.

Three recent case studies show the effectiveness of the project.

A 57-year-old widow, the sole support of her 16-year-old son called the project seeking travel funds and medical payments for cancer treatment. Already deep in debt from previous treatments, she was unable to afford the travel expense necessary to procure treatment.

The project staff had nine conferences with State and private officials from a variety of agencies and organizations before finally discovering a funding source which will enable her to resume her life-saving treatments and return to employment.

In the second case, a 73-year old widow, working as a hotel janitor, was notified she had been overpaid nearly \$1,000 by a retirement pro-

gram. She previously notified the agency in question she believed her payments were higher than proper but her opinion was not acted upon. Now, she faced a demand for repayment with no means of returning the monies.

The project staff met with officials of the pension fund in three different States, making a total of 16 telephone calls to seven officials including the national headquarters of the pension fund before agreement to forgive the overpayment was achieved.

In the third case, a 72-year-old stroke victim was receiving no medical assistance and only a minimal social security allowance. The project staff was able to help the client and his family qualify for food stamps, arrange legal services assistance for the family's credit problems, coordinate family efforts toward proper visual treatment, and ensure long term care for the client.

In the third case, a 72-year-old existence, the model project has accepted some 290 cases and closed 250 of them. They cover a broad spectrum of human difficulties peculiar to senior citizens including food stamp cases, insurance disputes, veterans' problems, housing needs, audio-visual problems and retirement questions.

One-seventh of the State's population is over 55, some 100,000 persons. The group has the fourth largest group income in Montana, receiving \$132 million each year in pensions, social security, and other retirement benefits.

The real problem, says project director Walter H. Marshall, is not so much monetary as service. With the growth of government agencies and programs, many older persons do not know where to turn for government services to which they are entitled, he says.

### Philadelphia I & R System is Handling 1200 Calls per Month

The February-March 1975 issue of *Aging* carried an article on termination of an automated project under supervision of the Philadelphia Model Cities Community Information Center.

The article may have given the impression that Philadelphia was without I & R services. On the contrary, the Philadelphia Health and Welfare Council has a computerized I & R system handling an average of 1,200 calls a month under supervision of Mrs. Carmen Moore.

The Area Agency of Aging (Philadelphia Corporation on Aging) also has recently developed a complementary service. Its manual Keydex I&R system is prepared to serve the elderly of the city concentrating at first in South Philadelphia, its officers report.

### New Delaware Project

The Martin Luther Foundation of Wilmington, Del., has acquired a 42,000 square foot lot in that city for \$210,000 on which it plans to build a second high rise elderly housing project.

Sixteen Delaware Lutheran congregations cooperated in securing a loan of \$210,000 for the purchase from the State Division of Housing. The site is across the street from Luther Towers, a residence project already in operation. More than 300 applications already have been received from prospective residents.

## M.E.R.C.I. in Arkansas Has Served 7,000 Elderly

In less than two years, more than 7,000 older residents of Arkansas have been served by a free mobile medical screening unit which travels to rural areas.

The program, called M.E.R.C.I., for Multiphasic Examinations to Reduce Chronic Illnesses (*Aging* July '74 p. 17), uses a rebuilt school bus to provide a clinic on wheels for more than 250 towns.

A three-member staff and driver, with visits publicized in advance, arrives at a city hall, fire station, or community center. The team comprises a registered nurse, a licensed practical nurse and a medical technician.

A medical history of each participant is taken, recording height, weight, and blood pressure. Eyes, blood and lungs are tested, and urinalysis and electrocardiogram examinations performed.

The RN counsels on diet and hygiene, and for women, explains how to examine breasts for lumps. The program hopes soon to include a pap smear test, also free.

The service generally takes about 15 minutes and is free to anyone over 59. It is not regarded as charity, but a service prepaid through taxes available to all regardless of sex, race, or financial status.

Results of the mobile clinic tests are reviewed weekly by a physician in the Arkansas Department of Health. Should it be required, the patient is advised to see his personal doctor, who will be given a copy of the clinical report.

"M.E.R.C.I. has referred about 18% of all patients seen to their family doctors for serious ailments," says program Director Barrett L. Brown. "The primary reason for referral is hypertension, or high blood pressure. Our statistics show that heart problems, including hypertension, are the leading cause of death in Arkansas. Some secondary reasons for referral are diabetes, urinalysis, anemia, heart ailments and suspicious internal pains.

"The program illustrates the need for preventive medical treatment. In many cases, patients see their physicians only after a crisis situation. By taking a blood pressure reading, discovering hypertension early, and beginning effective control and treatment, the patient can live a longer, healthier life. And preventive medicine is far cheaper to both the patient and the State than hospitalization for coronary care."

Arkansas, like some other states, suffers from a lack of physicians. It ranks 48th in the doctor/patient ratio. In addition, no other state has fewer registered nurses. Compounding this problem of shortage, 45% of all of the State's doctors are in two of its 75 counties, Mr. Brown said.

M.E.R.C.I. acts as a "physicians' extender" in that the unit screens an average of 500 plus persons each month without a doctor. This is especially important to the elderly as Arkansas is second in the nation in terms of its percentage of elderly population, he added.

The program since its inception in July, 1973, has had a variety of funding sources. The Arkansas Office on Aging originally funded the program through the Arkansas Health Systems Foundation. Later, funding was picked up by Central Arkansas Area Agency on Aging for two months, then by the East Arkansas Area Agency on Aging. The current funding source is the Memphis Regional Medical Program.

At first glance, Mr. Brown said, the program might appear to be expensive at \$7,000 per month. However, each month the staff screens more than 500 persons. The cost per patient is therefore approximately \$14. Compared to similar tests given in a private clinic costing approximately \$50 - \$75, depending on tests given, the M.E.R.C.I. Program provides a true bargain to fixed income elderly Arkansans.

Further information is available from Mr. Brown at Southland Plaza Building, Suite 400, Sixth and McKinley Sts., Little Rock, Ark. 72205.



## Low Income Elderly Jews Being Relocated in New York

**L**ow income elderly Jews living in fear of violence in New York slums are being relocated to new apartments in safer environments in Operation Relocation, a pilot program of the Jewish Association for Services for the Aged (JASA), Theodore H. Silbert, JASA President, reports.

The program, funded by Federation of Jewish Philanthropies of New York, calls for relocation of some 100 aged persons and their families from deteriorated, dangerous neighborhoods.

Over 50 such persons and their families have been relocated since the program began last summer. Another 150 are being screened by JASA or processed for relocation by the New York City Housing Authority, which provides rent subsidies to senior citizens leasing apartments in private housing developments.

"Operation Relocation is offering new leases on lives as well as on apartments", said Mr. Silbert. "It is a way out of terror and depravity for many of our aged citizens. We're at the half way mark in the pilot program but we expect the operation will continue for as long as the need exists."

Bernard Warach, JASA Executive Director, estimates that of the city's approximate 135,000 elderly Jewish poor, about 8,000 are in immediate need of relocation and tens of thousands more will be in the next few years as neighborhoods continue to deteriorate.

"Many of these people live in a harrowing state of isolation and fear," he said. "The shops and services they knew are gone. As the streets become more dangerous, they tend to lock themselves in their apartments, neglecting nourishment, health care, and hygiene. The recent rash of murders and muggings of the elderly has caused them to withdraw further."

Those relocated were moved into secure, comfortable apartments in mostly private developments. These include JASA's own residences for senior citizens—Scheuer House in Coney Island and Brookdale Village in Far Rockaway—as well as others.

Through its service centers and other agencies, JASA seeks out Jewish aged and informs them of the housing assistance programs.

Once eligibility is determined, JASA proceeds to relocate the client. Depending on the client's needs and resources, the agency

provides for moving expenses, security deposit, advance rent, and in many cases, purchase of new furniture.

"Sometimes we get resistance on the part of the client, even those living in horrible conditions," says Barbara Stein, JASA's Housing Relocation Aide. "The man or woman may be afraid to move, afraid of the unknown. But together with our social workers we try to encourage them to relocate to a more desirable area."

Operation Relocation was instituted with a \$100,000 grant approved last July by Federation's Subcommittee on Jews in the Inner City, chaired by Lawrence A. Kobrin. JASA established the Relocation Section under its Department of Housing and Management Services.

JASA serves some 35,000 elderly New Yorkers and their families through its 15 service offices and 30 group centers.

## Austin Public Library Begins Program For Elderly, Handicapped

The Austin, Tex. Public Library is bringing a new dimension of services to the community.

Under a title III Older Americans Act grant from the Governor's Committee on Aging, it has established a program to reach the elderly, disabled, and others unable to use normal facilities.

Mrs. Helen Gallagher, Project Director of the Travis State School for the mentally retarded, initiated a plan to expand the services to the school's older retardates. Victor Hinojosa, M.D., Superintendent, and Mrs. Carter Clopton, Consultant for Aging for the State Department of Mental Health and Mental Retardation, cooperated in putting the plan into operation.

The school has approximately 250 residents over 60 who could benefit from the program. It provides transportation for older residents to the Oak Spring Branch Library nearby.

The building has modern equipment on one level, ample space, and staff interested in helping the elderly.

The library offers programs for all levels of function, picture books,

simple reading material and large print books. Movies are a highlight of the program and arts, crafts, and puppet shows are planned.



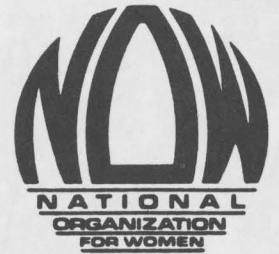
Above, Travis State School residents examining exhibits at Oak Springs Branch of Austin Public Library. Below, school residents boarding bus for trip to library.



AGING



## NOW Task Force Presses Reforms for Older Women



**T**he National Organization for Women, (NOW) is campaigning for a changed attitude and broader opportunities for the older woman in America.

Established in February 1974, NOW's Task Force on Older Women, headed by Tish Sommers and headquartered in Oakland, Calif., is backing legislation to improve the financial status of homemakers made single by death or divorce, stricter enforcement of the Age Discrimination in Employment Act, and issuing promotional and educational materials.

It issues a quarterly newsletter, supporting women's rights and promoting a positive image of the mature woman.

One problem concerning the Task Force is the "black out period" many homemakers face when, suddenly bereft of a husband through death or divorce, they find themselves too old or too young to qualify for any type of assistance, and unable to find employment.

To alleviate this problem, the Task force seeks to have a "Displaced Homemakers Bill" introduced in Congress.

Provisions of the proposed bill call for a job training and retraining program for single homemakers over 35, with a stipend provided during the training period; creation of multipurpose service programs to meet needs of displaced homemakers and utilize their skills in community service activities; and extension of Medicare and Supplemental Security Income benefits to single homemakers 50 and over.

In the area of job discrimination, NOW is alerting women to their rights under the age discrimination act through educational materials

and gaining the attention of the mass media.

Last July, under leadership of the Task Force and the Jobs for Older Women Action Project, 75 older women in the San Francisco Bay area held a press conference to pro-

### HARD TO FIND A JOB AFTER FORTY?



"NO RECENT EXPERIENCE"  
"OVER-QUALIFIED"  
"UNDER-QUALIFIED"  
"OUR PENSION PLAN"  
"TOO STRENUOUS FOR YOU"

Drawings copyright  
GENNY GURACAR

test job discrimination. The event drew coverage from TV and radio stations as well as daily and weekly newspapers.

NOW hopes that such action will lead other groups to follow suit, draw attention to and sympathy for the plight of older female workers, and put pressure on responsible agencies to tightly enforce anti-discrimination laws.

Of 600 NOW chapters, about 80 have Task Forces on the Older Woman working to improve conditions for them at the local level.

National and local Task Forces also seek creation of "well women" clinics to serve those in the middle

years, continuing education programs to meet the employment needs of older women, and an opportunity for homemakers to earn social security credits.

Tish Sommers summed up the role and attitude of the Task Force at NOW's National Convention last summer by saying, "We affirm the positive values that maturity brings, the relevance of our life experience, and we are determined to combat ageism in its many manifestations."

Further information is available from the Task Force, 434 66th St., Oakland, Calif. 94609.

## Michigan Has 3000 Elderly Enrolled in High School Classes

The Huron School District in Michigan started free high school classes for older citizens in 1973 with an enrollment of 50 persons.

Within two months, the number had grown to 900, and at the start of the present school year had leaped to 3000.

Classes are held weekly in 21 centers which are not only in schools, but also in apartment buildings, churches, banks, and even a furniture store.

Forty-four subjects are taught, ranging from arts and crafts, through Braille, English, and mathematics to what is called a "widow's special" on running of a home, paying bills, car and home insurance, budgeting—"those things most husbands have done."

While many of the seniors are taking refresher courses, those who do not have high school diplomas may earn one in the program. Martha J. Kreiger, Program Coordinator, says:



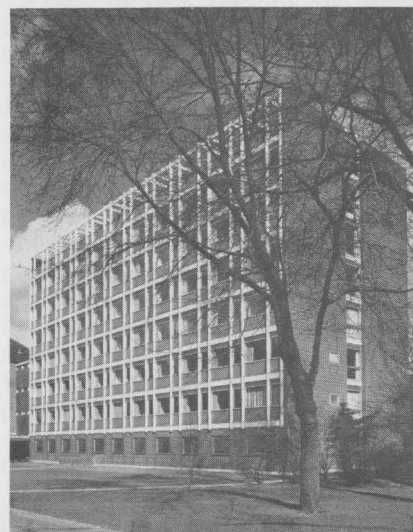
# The Scandinavian Experience...

## in Health and Social Services for the Elderly

The average Scandinavian can look forward to a long life and one in which he can enjoy a standard of living largely commensurate with that of his working years.

In Sweden, Norway, and Denmark older people, due to low birth rates and long life expectancy, make up a significant portion of the population and their percentages are projected to increase in the decades preceding the 21st century.

In 1971 the 67+ population of Norway accounted for 11.2% of the total population. By 1980, this per-



A home for the elderly in Copenhagen.  
Royal Danish Ministry for Foreign Affairs Photo.

centage is expected to rise to 12.1% and then to 12.5% in 1990, with a decline to 10.5% in 2000. Similar trends for Sweden and Denmark are also predicted.

In Scandinavia local authorities have the main responsibility for the care of the aged whose rights to an acceptable standard of living, through financial assistance and supportive services, are mandated by national law.

All three countries have government offices in their ministries of social affairs to deal with matters concerning the elderly. The Norwegian government has established the only National Council for the Care of the Aged.

Created in 1970, the Council is a coordinating and advisory body whose members, appointed by the government, represent government ministries, local authorities, research, pensioners, and humanitarian organizations. The latter have played a central role in the improvement of health and social conditions for older people, especially in Norway and Denmark.

### Independent Housing

Planning for the aging in Scandinavia is based on the premise that everyone should have the opportunity to live independently in their own homes for as long as possible. Important social measures are,

therefore, home-help services and economic support to improve the standard of housing—a portion of which, particularly in rural areas, lack modern conveniences.

Special loans for improving flats and houses are given in all three countries, but Sweden has been a pioneer in this field. Since the early 1960's, the government has given loans, totally or partially free of interest and repayments, to personal borrowers and municipalities.

In Norway, the State Housing Bank has granted similar loans since 1969. Interest rates are 1% lower than on conventional building loans, and no repayments are required as long as the older person lives in the dwelling. Direct grants are also available.

Local authorities in Denmark are also required by federal law to provide financial aid to ensure a satisfactory standard for flats and houses inhabited by the elderly.

Throughout Scandinavia, special flats have also been built for the elderly since World War II, either in separate houses, or as part of ordinary apartment houses. Loans are granted for their construction on the same basis as ordinary flats.

In the rural sections of these countries, flats for the aging are usually found in smaller houses, often built in connection with a residential home.

In addition, rent subsidies have been established to enable the low-income elderly to live in newer and more expensive housing.

### Collective Housing

In Sweden and Denmark collective housing projects have become popular. In such housing residents have their own apartment units, but can take advantage of a restaurant, beauty salon, hobby room and such services as maid, laundry, room delivered meals, physical therapy and



Older men enjoy a game of billiards at a collective housing center. Swedish Information Service photo.

chiropody on the premises. Older people in the area are also able to use these services.

The Danes have carried this concept one step further with "protected dwellings". These consist of self-contained apartment units and smaller units for those who do not wish to cook their own meals. Everyone can bring their own furniture, live more or less independently, and take advantage of those services which they need. Most of these protected dwellings have a unit for nursing home patients to which the resident can move when he is unable to care for himself.

### Financial Assistance

The Scandinavian countries have established national health and pension benefits programs so that the elderly are largely protected against the vicissitudes of inadequate income and increased health expenses in their later years. Retirement age is 67, but in Sweden and Denmark a person can receive a reduced pension at a somewhat earlier age. In Norway a pensioner can defer retirement to age 70 and receive a higher amount.

Everyone is entitled to a basic pension which is adjusted for changes in the cost of living. A supplementary pension is also provided for those who have worked based on a percentage of the pensioner's income during his years of highest earnings. An elderly person with a supplementary pension may therefore have an income equivalent to 70 percent of his highest earnings. Many pensioners also have income from additional sources.

To further assist the elderly, pensioners are given reduced fares for transportation, including ship and plane fares for holiday excursions, and special rates for the cinema and theatres. In Norway, free use of radios, televisions, and telephones are granted to those elderly who

lack sufficient funds to purchase them.

### Social, Health Services

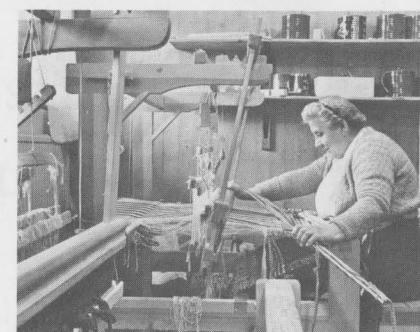
To enable older people to live in their own homes, home-help assistance, including house cleaning, cooking, shopping, personal care, escort and laundry services are provided by the municipality which pays for and organizes such programs. Services are given free or at low cost depending on the financial situation of the older person.

In Sweden, which has been a pioneer in the provision of such services, 26% of the elderly receive in-home assistance. Comparable figures for Norway and Denmark are 11% and 15% respectively.

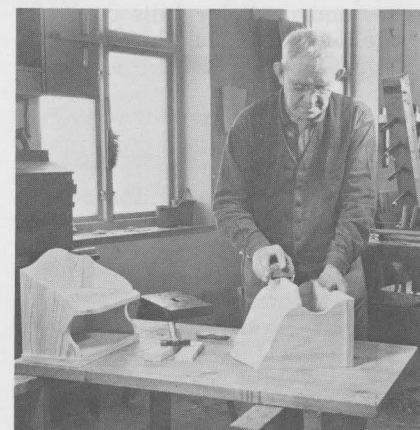
In Norway and Sweden, relatives or friends of the elderly can provide home care aid and be compensated for their services through the social welfare office, if such services are not otherwise available. Norwegian children who remain at home to care for their parents can apply for a pension when they die, if this filial responsibility has kept them from future gainful employment.

In addition to home-help, home nursing services are provided free of charge in all three countries. Persons who need nursing care are also eligible for the free use of hospital beds and other needed medical equipment through centers usually administered by private organizations.

Under provisions of the National



Swedish Information Service photo. A resident of a collective housing project enjoys one of the many crafts activities offered.



Swedish Information Service photo. Well-equipped hobby rooms provide work areas for carpentry, weaving and ceramics.



Royal Norwegian Embassy photo. Homemaker services often provided by young housewives help the aged to maintain their homes.



A home for the aged in Stockholm where elderly may use their own furniture. Swedish Information Service photo.

Specially designed vehicles provide transportation to aged for needed services and recreation. Swedish Information Service photo.





Health Insurance Act, Swedish pensioners are reimbursed for the major portion of doctors' fees and travel to medical facilities. Certain essential medicines are provided free of charge and reimbursements given on others. A pensioner is also entitled to a maximum sickness benefit for 180 days each year.

By contrast, many of the benefits from the National Insurance Scheme of Norway apply only to persons under 70. However, in some municipalities, it is possible for needy pensioners to have the cost of doctor and medicine bills covered. Tax relief is also available for those who incur heavy medical expenses while at home.

In Denmark, any resident covered under the National Health Survey Scheme is provided free care by a physician, and given a grant for prescribed drugs.

The Scandinavian countries have also pioneered in the area of educational opportunities for the elderly. Denmark is probably the first country in the world to build special folk high schools for pensioners where one and two week courses are offered on a variety of subjects. Norway and Sweden have adopted similar programs, while organizations also offer educational programs including gymnastics to the elderly in metropolitan areas.

#### Institutional Care

In accordance with federal laws, building and operating homes for the frail aged is a municipal responsibility in the Scandinavian countries. As mentioned earlier, Denmark has replaced such homes with "protected dwellings." However, these are much the same as residential homes in Norway and Sweden where older people can receive some care and help.

In such homes, the older person pays for his residence with a portion of his monthly pension, the municipality paying the remainder of the expenses.

The building of nursing homes has been given high priority in all three countries. There is at present a shortage of nursing beds, and as the number of very old people is expected to increase, this shortage will probably last for many years.

Studies indicate that the average patient spends about three years in a nursing home. New homes are

*Placement of mailboxes and planning of transit facilities give consideration to the frail and handicapped. Swedish Information Service photo.*



therefore designed with a large number of single rooms and patients may bring some of their own furniture or personal belongings so that a homelike atmosphere is created. Generally, patients must pay a major portion of their pensions for such care.

#### Challenges Remain

At present, a lack of qualified personnel is a major obstacle to providing care for the aged in Scandinavian countries. Many of those serving the elderly have no formal education in this field and educational questions will therefore receive much attention in the future.

Other problems stem from the fact that many of the elderly have remained in rural areas while the younger segments of the population have moved to urban centers leaving them isolated from their families and with a dwindling population of younger persons to provide needed services.

Despite these problems, however, the Scandinavian countries are considered to be in the forefront in providing needed services to the aged, and their innovative programs and national commitment to improving conditions for the elderly can serve as an example for other nations.

*Nursing home residents enjoy singing together in a pleasant day room where they meet for activities. Swedish Information Service photo.*



*Danish Information Office  
A modern nursing home in Copenhagen combines functional design with a homelike atmosphere.*



*Royal Norwegian Embassy photo.  
Older women enjoy a holiday in the country, one of the low cost trips and vacations made available to elderly Scandinavians.*

## Data on Elderly Housing Subject of Broad Study

The International Center for Social Gerontology (ICSG) has established a committee to study the need for new or improved information services in the areas of housing and related facilities and services for older adults.

The committee was formed on a recommendation of the 1973 International Symposium on Housing and Environmental Design for Older Adults, sponsored by the ICSG, the Centre International de Gérontologie Sociale; and the U.S. Departments of Health, Education, and Welfare (HEW), and Housing and Urban Development (HUD); with assistance of the State Department.

Participants in the symposium called attention to their needs for more widespread dissemination of the results of national and international research and practice in the development of appropriate living arrangements for the elderly.

In response, the ICSG, with the support of the Administration on Aging, has convened an international documentation study committee to:

- Survey existing information systems and services in aging, housing, and related fields, in the United States, Canada, and Western Europe. Special effort will be made to identify those sources which utilize computerized information technology.
- Study the aging-related information needs of current and potential users of these information sources.
- Assess these existing information sources with regard to identified user needs.
- Generate recommendations and support for improvements in the national and international exchange of information responsive to user needs.

Among those who have identified information needs related to developing suitable living arrangements for older adults are older persons themselves; housing producers, sponsors, and managers; architects and site plan-

ners; bankers, financiers, and mortgage lenders; health and social service providers; legislators; Federal, State, and local officials; and researchers, teachers, and students.

The committee includes persons with experience in documentation practices and information science, aging, and housing. Its chairman is Robert D. Katz, Director of Housing Research and Development, University of Illinois at Urbana-Champaign. Other members are Dale Barnes, Vice-President, Fry Consultants (Washington, D.C.); Albert P. Bedell, Assistant Chief, Program and Statistics Branch, National Institute of Child Health and Human Development; Dr. Eva Beverfelt, Director, Norwegian Gerontological Institute (Oslo); Thomas O. Byerts, Director of Architecture and Environment, Gerontological Society.

Also, Mrs. Anne Fontaine, Information Officer, Centre International de Gérontologie Sociale (Paris); Mrs. Dorothy N. Gazzolo, Associate Director, National Association of Housing and Redevelopment Officials; Louis E. Gelwicks, Architect and President, Gerontological Planning Associates (Santa Monica, California); Mrs. Sylvia Goldblatt, Acting Associate Director, Social Development, Professional Standards and Services Group, Central Mortgage and Housing Corporation (Ottawa, Canada); Mrs. Ursula Hinschützer, Head of the Department of Information and Documentation, German Center for the Study of Older People (Berlin, West Germany); Dr. Tarek M. Shuman, Social Affairs Officer, Social Integration and Welfare Section, Social Development Division, United Nations. Technical assistance is being provided the Committee by Clark Tibbitts, Director, National Clearinghouse on Aging and Mrs. Concetta G. Capoen, Chief of the Documentation and Publications Branch, Office of International Affairs, HUD.

Further information is available from George Thomas Beall, principal investigator, ICSG, 425 13th Street, N.W., Suite 350, Washington, D.C. 20004.



*Above, U.S. Commissioner on Aging Arthur S. Flemming receives first copy of new Directory of Senior Centers from William Pothier, left, Chairman of Delegate Council, National Institute of Senior Centers (see p. 30). Below, Dr. Olga Knopf, 86-year-old author of new book (see p. 24).*





## N.Y. Vacation, Senior Centers Group Adds New Directors to Board

The board of directors of Vacations for the Aging and Senior Centers Association New York City (*Aging* Jan-Feb. '74 p. 7) has been expanded from 35 to 40 directors to broaden its base of representation.

This was announced by Mrs. Louis Tishman and Mrs. Whitehouse Walker, respectively chairman and president. Ten new names have been added, five of them to replace members who completed their terms.

Serving on the board for the first time are Warren Blackman, H. Philip Randolph Senior Center; Mrs. Rose Dobrof, Hunter College School of Social Work; Rev. James Gusweller, Episcopal Mission Society; R. Edward Lee, Hudson Guild; and Rev. Robert O'Donnell, New York Statewide Senior Action Council.

Other new directors are William Rothenberg, Federation of Jewish Philanthropies; Miss Donna Rosenthal, United Neighborhood Houses; Ms. Laura B. Thomas, Abyssinian Baptist Church; Mrs. Harrison Tweed, Federation of Protestant Welfare Agencies; and Rev. Rene Valero, Brooklyn Diocese Catholic Charities.

VASCA offices are at 225 Park Avenue South, New York, N.Y. 10003.

## Milwaukee County Operating \$850,000 Nutrition Program

Milwaukee County, through its newly established Commission on Aging, will be operating an \$850,000 title VII nutrition program serving 2,500 meals daily at 22 sites.

The County has been designated as a separate planning and service area by the Wisconsin Division on Aging, and received an initial grant of \$85,000 in title III funds to operate its Office on Aging.

Duane Willadsen, Division Administrator, noted that the Commis-

sion is a standing part of the county government. Its chairman is Emil Stanislawski, a member of the County Board of Commissioners. Mrs. Joyce Schneiderman is nutrition project director.

Mr. Willadsen's office conducted a two-day training program for all 16 Wisconsin title VII project directors, with Miss Florence Smith, nutrition specialist from AoA's Chicago regional office, in attendance.

Part of the training was a visit to the Marathon County Commission on Aging nutrition project, serving 325 meals daily at five sites. Mrs. Faye LaPorte is Commission director and Mrs. Vera Burdette nutrition project director.

"Because transportation is vital in Marathon County, which is larger than the State of Rhode Island," Mr. Willadsen reported, "separate funding from title III has been provided to the County to purchase two 18-passenger busses to transport the elderly."

Eight other Wisconsin title VII projects were allotted title III funds for transportation, Mr. Willadsen said.

## Georgia Man New Head of American Geriatrics Society

Robert B. Greenblatt, M.D., of Augusta, Ga., is the new President of the American Geriatrics Society, succeeding Robert C. Laird, M.D., of Toronto.

Dr. Greenblatt was installed at the Society's 31st annual meeting in Toronto. A world expert in his field, and a Chevalier of the French Legion of Honor, he is professor of endocrinology at the Medical College of Georgia.

Other officers elected are: President elect, Ewald W. Busse, M.D., Durham, N.C.; Vice President, William Reichel, M.D., Baltimore; Secretary, Frederick G. Dorsey, M.D., Houston; Treasurer, Charles E. Lyght, M.D., Oklawaha, Fla.; Directors (Dr. Laird assuming the Board chairmanship), Brock E. Brush, M.D., Detroit; Irwin M. Hilliard, M.D., Toronto; and L. Clagett Beck, M.D., Honolulu.

## Senate Committee Issues 8-Page Income Tax Guide for Seniors

"Protecting Older Americans Against Overpayment of Income Taxes" is the title of an 8-page pamphlet issued by the Senate Special Committee on Aging.

Reviewed for accuracy by the Internal Revenue Service, the booklet is a checklist of itemized deductions to which older persons are entitled. It is in non-legal easily understood phraseology.

Copies are available at 30¢ from Superintendent of Documents, Washington, D.C. 20402.

## Ball State University Offers Undergraduate, Advanced Courses

Ball State University, which has been active in the field of gerontology for 20 years, established an Institute of Gerontology in 1973 and set up undergraduate and graduate minors in gerontology in the same year.

A Teacher Education Program on Aging, begun under a training grant from the Administration on Aging, is being continued by the University. The program is designed to assist teachers in introducing positive concepts and information about aging into their respective elementary and secondary curricula.

Additional information about the program is available from the University's Institute of Gerontology, Teachers College Annex, Muncie, Ind. 47306.

## 10-25¢ Cab Service

The Red Cab Company of Brookline, Mass., offers cab service for 10 to 25¢, one way, to senior citizens and the handicapped.

ELDERCAB is a public service planned by the Transportation Department and the Multi-Service Senior Center. It is available weekdays from 8:30 a.m. to 4 p.m. and the cab operates on demand.

Further information is available from Mrs. Evelyn Greenman, Director, Multi-Service Senior Centers, 61 Park St., Brookline, Mass. 02146.

## Lower Funeral Costs Goal Of Continental Association

The Continental Association of Funeral and Memorial Societies Inc. is now 12 years old with more than 125 member groups in the United States and Canada.

Its purpose is to hold down the cost of funerals by advance mutual agreement among its members and cooperating funeral directors.

There are about 600,000 individual and family members of societies in virtually every State. They pay a one-time membership fee of \$5 to \$20. All are nonprofit, as is the continental association, staffed principally by volunteers, its modest budget financed by 10% contributions from local societies.

Members decide in advance about how much should be spent for a funeral and either the society keeps a record of the estimate, or provides a form which the family keeps for reference when death occurs.

Rebecca Cohen, Executive Secretary of the Continental Association, reports that savings of up to 50% can be realized by this advance planning, with savings of 20 to 30% being typical.

A Federal Trade Commission study of prices charged in the District of Columbia by funeral directors in 1973 found the average was \$1,137, with individual directors quoting prices ranging from \$500 to \$1,830 or more.

A fact sheet issued by the Association explains that interest in the movement has been growing since 1939, when church groups in Seattle, Wash., and Brooklyn, N.Y., acting independently, organized to resist what they called "pagan and ostentatious funerals."

"Committees found," it reports, "that local undertakers were willing to work with their groups to plan, in advance of need, simple, dignified funerals at a modest cost. Because their wishes were spelled out, relatives and friends were not subjected to sales pressures when death occurred."

"Other church groups and consumer cooperatives followed that lead in California, Illinois, Ohio,

and other States and in Canadian provinces. In order to extend the benefits to others in the two countries, to prevent profiteers from exploiting the idea, and to provide a central information office, leaders of the established societies met in Chicago with directors of the Cooperative League.

"Standards were set; societies wishing to become members pledged themselves to cooperative principles; the nonprofit groups would operate in a truly democratic fashion, one member, one vote; and they would be open to all persons without regard to race or creed. Members also pledged themselves to an educational program..."

CAFMS, in addition to having its national officers write for national publications, has drafted a model contract based on ideas from many member societies; a *Handbook for Memorial Societies*, also based on experience of member groups; a *Morticians Directory*; and *Putting My House in Order*, available to members and the public.

Further information is available from the Association at 1828 L St., N.W., Washington, D.C. 20036.

## Dial-A-Ride Provides Senior Bus Service In Volusia County, Fla.

Dial-A-Ride, using four vans, is providing free bus service to people over 60 in Volusia County, Fla.

The buses operate on regular routes between 9 am and 5 pm. They have specific stopping points in the morning, and will make afternoon pickups if appointments have been made a day in advance.

"This doesn't mean we are a taxi service, although of course in an emergency situation we try to help," says Paul B. Richardson, Executive Director of the Volusia County Citizens Advisory Council on Aging, which started the service with the aid of county, State, and Federal funds.

The four vans operate in Ormond Beach, Daytona Beach, New Smyrna

Beach, and Deland. Each operates within its assigned area.

"In order to operate from city to city we would need public service licenses," said Mr. Richardson. "We don't want to compete with any public transportation. For this reason we won't run parallel with any existing jitney line, although we will offer service to and from a jitney stop."

Further information is available from Mr. Richardson's office, 524 South Beach St., Daytona Beach, Fla. 32014.

## American Geriatrics Society Makes Awards To Four Professors

Four university professors were recipients of the American Geriatrics Society Awards for 1974.

They are:

Dr. W. Ferguson Anderson, David Cargill Professor of Geriatric Medicine, the University of Glasgow, Scotland, recipient of the Edward Henderson Gold Medal Award, which is given to a scientist for eminent and exceptional contributions to a better understanding of the problems of health care for the aging and aged through research and published works in the field of life sciences relating to the aging of man.

Dr. George E. Burch, William Henderson Professor and Chairman, Department of Medicine, Tulane University School of Medicine, New Orleans, La., recipient of the Willard O. Thompson Award given to a scientist for distinguished contributions in the field of geriatric medicine.

Dr. Carl Eisdorfer, Professor and Chairman, Department of Psychiatry, University of Washington, Seattle, Wa., recipient of the Edward B. Allen Award given to a scientist for important contributions to the field of geriatric psychiatry.

Dr. Irving S. Wright, Emeritus Professor of Clinical Medicine, Cornell University Medical College, New York, N.Y., recipient of the Malford W. Thewlis Award given to a member of the Society for outstanding contributions to the welfare of the Society.



## **New Director Appointed For Senior Services of Snohomish County, Wash.**

Ted Stevens has been appointed Executive Director of Senior Services of Snohomish County, Inc. in Washington. Formerly director of SSC's Social Services, he replaces Mrs. Sally Wren, who served in the post for six years.

SSSC, a private nonprofit organization, acts as the countywide umbrella agency to create and maintain a coordinated service delivery system for the elderly, with planning activities carried out by the county government.

It administers and operates a broad spectrum of programs including a nutrition project providing 1,350 meals weekly at seven congregate dining sites, 150 home-delivered meals, a shopping assistance program, and nutrition education.

An information and referral service includes a home-sharing clearinghouse, the Senior Employment Placement Program, an outreach project, and two county-wide information vehicles—the monthly *Le Troisième Age* newsletter with 11,500 subscribers and a one hour weekly cable TV program.

## **Harvard Graduate, 100, Called Oldest Practicing M.D. in Massachusetts**

Not long ago, reports *Harvard Magazine*, Walter A. Griffin treated the great-great-grandchild of one of his first patients.

At 100, Dr. Griffin is the Harvard Medical School's oldest practicing graduate and is thought to be the senior practicing physician in Massachusetts.

When Dr. Griffin turned 100 on Aug. 22, the church bells of Sharon, Mass., rang 100 times. They did it again Sept. 29 when the town gave him a belated birthday party at the community center.

Dr. Griffin's patients range from school children to the elderly. He cannot recall the number of babies he has delivered in his 73 years of practice. But almost everyone in the hall stood up when Dr. Griffin asked

how many of "his babies" were present at a town gathering honoring his 50th anniversary as a physician.

Dr. Griffin gave up tennis at 92, house calls at 94, and driving at 96, but still has office hours four days a week and has no plans to retire.

Asked if he had any advice for younger doctors he replied no "They wouldn't follow it anyway. They'd say, 'What does that old codger know?'"

## **Operation Reach Out Provides Recreation to Isolated, Indigent Aged**

Operation Reach Out, initiated by a group of Jaycees, is designed to assess and meet the needs of the elderly in Harrison, Ark.

The Jaycees are striving to harness community resources to meet needs of the aging, particularly those who are isolated, indigent or despondent.

The first event was a sight-seeing trip followed by refreshments and entertainment. This allowed the Jaycees to become involved individually with each older person.

Subsequent activities included both the Jaycees and Jaycettes who shared evening meals with residents of several housing projects and nursing homes. After each program, time is spent socializing with residents.

Over 100 older people have participated and many have requested additional future activities.

## **Care of Aged Heart Subject of Philadelphia Symposium**

New approaches to the care of the heart and blood vessels in older people were surveyed by cardiologists at a medical conference on the Aged Heart held last fall at the Philadelphia Geriatric Center in conjunction with the American Geriatric Society.

About 150 physicians and medical workers attended the Harry Robinson Memorial Geriatric Symposium.

Dr. William Dock, chief of medical service at the Veterans Ad-

ministration Hospital in Brooklyn, N.Y. reported that a substantial number of elderly people enjoyed active lives despite heart trouble or high blood pressure that brought disability or death to others.

Dr. Dock cautioned against surgery for elderly heart patients for whom it might do more harm than good. "Today, the patient with a heart murmur or abnormal electrocardiogram is often urged to have traumatic diagnostic studies and unjustifiable cardiac surgery," he said. On the other hand, Dr. Dock noted, "usually the prognosis, after cardiac or general surgery, is good in elderly patients who are young in mind and body."

## **Society and Aging Topic of Workshops At Pennsylvania State**

The Gerontology Center of the College of Human Development at Pennsylvania State University began in January a series of six one-day workshops on "Society and the Aging."

They will be presented through the year in each of the Department of Public Welfare regions. A continuation of the 1974 series, these workshops are designed for service providers to the elderly. Topics include: Mental Health of the Aged; Minority and Low Income Aged; Counseling; Effective Use of Paraprofessionals; Problems of the Rural Aged; Civil and Legal Rights of the Aged; Day Service for the Aged; and Current Issues in Gerontology. Those who attended the 1974 series have been urged to participate.

Project director is Dr. Tom Hickey, Associate Chairman of the Gerontology Center and Associate Professor in the College. Assistant Project Director is Dr. Dennis Hameister. Support is provided by the Pennsylvania Department of Public Welfare, and Pennsylvania Office for the Aging, and the Legislature's annual appropriation to Pennsylvania State University.

Further information is available from the Pennsylvania State University, Gerontology Project—Society and the Aging, Amy Gardner House, University Park, Pa. 16802.

## **Flemming to Keynote Conference on Aging And Blindness Apr. 24**

U.S. Commissioner on Aging Arthur S. Flemming will be the keynote speaker at the First National Conference on Aging and Blindness, Apr. 24-26 at the Hotel Monteleone, in New Orleans, La.

The Conference is sponsored by the American Foundation for the Blind, and HEW's Administration on Aging and Office for the Blind and Visually Handicapped.

Its theme is "Meeting the Challenges of Elderly Persons with Sight Difficulties: Action '76'."

The program's goal is to assist states in coordinated planning and providing services to the elderly blind. Emphasis will be on delivery systems at the local level.

Harry F. Walker, President, National Association of State Units on Aging and Executive Director of the Maryland Commission on Aging, will preside at one of the sessions.

Other speakers include Ellen Winston, Chairman, National Voluntary Organizations for Independent Living for the Elderly/NCOA, and Walter M. Beattie, Jr., Director of All University Gerontology Center, Syracuse University.

William C. Fitch, President, Senior Advocates International, Inc. will present a summary at the closing session.

## **NRTA-AARP Seeking New Hymns to Stress Later Decades of Life**

The Nation's two largest groups of older people are seeking new hymn texts "whose content deals positively with the aging and the later years of life."

The National Retired Teachers Association and the American Association of Retired Persons has a joint project for this year with the Hymn Society of America.

For the AARP-NRTA, the project is directed by its Church Relations Office, of which Earl N. Kragnes is Coordinator.

The Office works with religious organizations of all denominations in providing programs to benefit older persons and involve them in

church and community programs.

Further information on the general program and the hymn project is available from Mr. Kragnes at 1909 K St., N.W., Washington, D.C., and on the hymn project from the Hymn Society of America, 475 Riverside Drive, New York, N.Y. 10027.

## **88 Connecticut Seniors Participate In Intern Program**

Eighty-eight Connecticut men and women, all over 60, visited Washington for a week in March as participants in the State's 3rd annual senior interns program.

They served in Congressional offices, watched both Houses and some committees in action, and were briefed by officials of the executive branch.

Sen. Lowell P. Weicker Jr. (Conn.) was a prime mover in the program, the candidates being selected by a committee of one person from each of the State's six Congressional districts, headed by Mother M. Bernadette, O. Carm., State Commissioner on Aging.

To the interns, it was a five-day all expenses paid visit, the cost being shared by Connecticut business and labor organizations.

## **Minneapolis Senior Centers Planning for Bicentennial Programs**

The Minneapolis Bicentennial Committee has invited Senior Citizens Centers of Greater Minneapolis, Inc. to participate in the Nation's 1976 celebration.

The Annual Hobby and Information Fair of Senior Citizen Centers is declaring a "Heritage '76" theme.

Senior citizen centers will sponsor an "Americana" quilt contest. Groups in the hi-rises and centers will submit an old-fashioned quilt and prizes will be awarded for neatness and authenticity. Quilts will be judged by July 4, 1976.

A "Flower for Freedom" garden contest among the hi-rises and three centers is also planned. The "Gardens" will use a red, white, and blue color scheme.

The senior citizen centers staff are seeking historical sites of interest for their trips program.

## **John F. McClelland New President of Retired Federal Employee Group**

John F. McClelland is the new President of the 200,000 member National Association of Retired Federal Employees.

Also elected at the Portland, Oregon, convention of the association were Clarence M. Tarr, Vice President; John E. Worden, Director of Field Operations; Miss Birdie E. Spencer, Secretary; and Monroe W. Williamson, Treasurer.

A total of 939 delegates representing 476 chapters attended the 13th biennial national convention.

## **USC Gets \$144,000 HEW 3-Year Grant For Retirement Training**

Under a three-year \$144,000 grant from HEW's Office of Education, a pilot project on Pre-Retirement Education is underway at the University of Southern California.

The program is directed by Mrs. Virginia Boyack of Valencia, project director at the USC Ethel Percy Andrus Gerontology Center. It was developed to meet community requests for assistance in pre-retirement education.

A consortium of community forces is providing time and personnel for research. Consortium members include the Communication Workers of America (AFL/CIO), the International Kiwanis Club, UCLA, Pepperdine University, and Los Angeles Community College District. Representatives from industry are also participating.

Observer-trainers assigned by consortium members will be involved in planning, implementing, and evaluating. They will assume retirement training duties in each of their own organizations.

Mrs. Boyack feels the project will have great impact on the future of retirement planning and counseling.

She observes: "This program deals with in-depth problems of attitudinal changes about aging and retirement. We will develop a learning environment where individuals may explore their... potentials and develop confidence in their own abilities to influence their future in retirement."



## **1st Certified Geriatric Nurse in U.S. Eulogized By San Francisco Group**

The San Francisco Home Health Service has issued a memorial statement eulogizing Ann Lee Allen, who died Nov. 30 at the age of 41.

Miss Allen was the first registered nurse in the United States to be certified as a geriatric specialist by the American Nurses' Association.

A 1959 graduate with a nursing degree from Mt. St. Mary's College in Los Angeles, she worked with the Jewish Home for the Aged in San Francisco and then became Director of Nursing for the San Francisco Home Health Service, a post she held until her death.

She testified before federal, state, and local legislative groups urging better care for the elderly.

The Home Health Service said: "Fifteen years ago she was a believer in the concept of homemaker-home health aides—and she taught her colleagues and others to understand the subtle but critical need for the combination of title and training . . . She applied her considerable skills and talents to help others understand the needs of those who should be cared for at home. She almost single-handedly organized and taught the first home health aides. . . ."

## **Seattle Schools Serve Lunches to Elderly Under SPICE Program**

The Seattle School District and the City of Seattle are supporting a program of services to older people under SPICE (School Programs Involving City's Elderly).

On Oct. 1 the first major portion of the program began with 12 schools serving low-cost hot lunches to persons 60 and over at a cost of 70¢ in cash or food stamps.

Later, community groups which do not have access to kitchen facilities will be able to use the program to provide hot lunches to the elderly in conjunction with other social services. Lunches also will be taken to senior centers and to homes of elderly persons unable to take

part in the group program.

SPICE, it is anticipated, eventually will offer health education and "stay-well oldster" clinics at selected school sites, using school health facilities in cooperation with the Seattle-King County Health Department.

A third proposed aspect of SPICE is the Volunteer Services Program which is recruiting older persons to work in schools as tutors, teachers' aides, and in other tasks.

Junior and senior high school students will, in turn, assist older persons with shopping, yard work, transportation and other needed services. Some students may conduct classes in arts and crafts. The possibility of school credit for regular work with the elderly is being explored.

## **New York Has Plans For Providing Legal Services to Elderly**

JASA, the Jewish Association for Services for the Aged, is helping the elderly in the Rockaway section of New York City through a pilot legal services program which offers free assistance to those who have been victimized both by criminal elements and by other segments of society.

Through a team approach employing a social worker and lawyer, older people are encouraged to fight for their legal rights. Typical cases include "persuading" a merchant to return a \$10 deposit or a dentist to give a refund for defective dentures.

The success of JASA's Legal Services Program, reports *JASA NEWS*, has resulted in many other legal projects devoting time to meeting the legal needs of the elderly poor.

The New York City Office for the Aging has funded a new \$250,000 program to bring legal services to the low-income elderly in Brooklyn.

The American Jewish Congress has also initiated a free legal services program for the aged that serves needy clients in several cities, including New York. This project incorporates JASA's concept of home visits by attorneys to the impaired elderly and outreach programs to senior citizens groups.

Community Action for Legal Ser-

vices (CALS), an organization dedicated to providing legal services for low income persons, funded by the Office of Economic Opportunity and the City of New York, provides legal services for the elderly with incomes of \$4,000 or less. CALS has recently established an office in Brooklyn where Yiddish speaking lawyers are provided.

The Legal Aid Society, a long established legal service for low income people does legal work at its offices throughout the city, while Mobilization for Youth Legal Services, Inc. provides legal aid on the lower East Side for those elderly needing help.

## **Arizona University Starts Series of TV Spots Lasting 9 Months**

Starting in February and to continue for an experimental period of nine months, the Arizona State University's KAET-TV Channel 8 is airing a weekly series of one-minute spots to aid the elderly.

The programs are designed to give information on Federal, State, county and private agencies for the aging. They are part of "Action 65," which in turn is a component of the station's "Prime Time."

Also beginning in February, the station will devote a portion of its "Prime Time" Friday evening show to an "Action 65 News Service."

Dan Durrenberger is the producer at KAET, Tempe, Ariz. 85281.

## **Leonard Davis School Of Gerontology Created At Southern California**

The Ethel Percy Andrus Gerontology Center has recently announced the establishment of the Leonard Davis School of Gerontology at the University of Southern California.

Undergraduate, graduate, and certificate programs designed to provide career preparation for those interested in program management, planning, administration, and service delivery will be offered.

Additional information is available from the school, University of Southern California, University Park, Los Angeles, Calif. 90007.

## **Medicaid Benefits Extended to Formerly Ineligible Elderly**

On Feb. 1 the Colorado State Board of Social Services extended Medicaid benefits to low-income, aged, blind, and disabled adults not formerly eligible.

The "medical spend-down" program allows adults to become eligible for Medicaid by paying incurred medical expenses down to the level of income which makes an individual eligible for State assistance.

These persons would be potentially eligible for Medicaid benefits within six months if they met other eligibility standards for one of the public assistance programs.

For example, an elderly person who currently has income exceeding the January maximum Old Age Pension payment of \$185 could receive Medicaid benefits once he paid his spend-down amount computed per month for the six months. If his monthly income were \$195, his spend-down amount would be \$10 per month, resulting in \$60 for the six-month period. He would be required to incur the first \$60 in medical expenses before being eligible for Medicaid.

## **Conference Held On Media and Aging by Gerontological Society**

Representatives of television industry and gerontology centers met at a conference, "The Media and the Aging," Dec. 15-18 at Santa Barbara, Calif.

The conference, co-sponsored by the Gerontological Society and the Study of Democratic Institutions, sought types of research needed into ways the media can serve older people.

Participants stressed the impact of the media in creating positive and negative images of the aged and emphasized the importance of programming to meet informational needs of the elderly.

Although there is considerable programming for the aged, it was noted there is a need for the integra-

tion of older people and the subject of aging into regular programs and commercials rather than isolating the elderly in special programming. Use of an older host in talk shows was suggested.

Some cable television representatives reported innovations. In Reading, Pa., an experimental community cable television system will link the high school, three other schools, city hall and a number of senior units in the city to give the elderly an opportunity to cooperate in city government and the schools.

Another meeting is tentatively scheduled for October in Louisville, Ky. At that time, it is hoped that a presentation of specific priorities for research can be made to the media on how they can better serve the needs of the elderly and contribute to their self-esteem.

## **Gerontology in Higher Education Group Holds First Annual Meeting**

The Association for Gerontology in Higher Education held its first annual meeting Apr. 6-8 at the University of Wisconsin.

Its theme was "Gerontology as a New Frontier in Higher Education." It included plenary sessions, panel discussions and workshops.

Walter Beattie of Syracuse University, President of the group, presided. Tom Hickey of the Pennsylvania State University, was program chairman, assisted by Martin Loeb of the University of Wisconsin, who is President-elect of the Association.

## **Colorado Grandmothers Teach Young Homemakers Food Preservation Arts**

In Aurora, Colorado last summer five older volunteers shared their food preserving skills with 70 young homemakers.

The project was initiated by Laura Bowman, U.S. Department of Agriculture Extension home economist in Arapahoe County. She has worked for years in the "Town of Littleton Cares" program for retirees.

Ms. Bowman is attuned to the needs of people in her county. When food prices soared, the extension agent saw renewed interest in old

skills such as "putting up" food for the winter.

She recruited five homemakers who have been preserving food for half a century. To update their techniques, they attended a State workshop on food preservation sponsored by Colorado State University.

Classes covered procedures on making frozen jams, freezing, use of steam pressure, and drying of herbs, fruits, and vegetables.

Extension home economist Gale Loeffler assisted Ms. Bowman in presenting information at the first lessons. Senior volunteers instructed young homemakers in preparing and canning fruit jams, corn, and green beans.

The classes proved rewarding for both learners and instructors.

One young homemaker "put up" 70 half-pints of strawberry jam after her first lesson.

Others commented, "These older ladies have so much knowledge and make learning such fun. Why doesn't society make better use of senior citizens? . . ."

One of the grandmother's experiences as a young bride illustrated the importance of correct food preservation methods. Ocie Benton suspected some green beans she had canned were spoiled. To avoid waste, she fed them to her chickens and they died.

## **American, Indian, Top Speakers at June Meeting in Jerusalem**

The International Federation on Ageing has announced two of the three keynote speakers for its symposium June 22 in Jerusalem, Israel.

They are George Romney, Chairman of the Board of the U.S. National Center for Voluntary Action; and Sugata Dasgupta, Director of the Gandhian Institute in India.

They will discuss organizing voluntary leadership for community change on behalf of the elderly, affecting such community change through voluntary agencies, and the interaction of the voluntary sector with government to affect such social change.

The symposium is being held in conjunction with the 10th International Conference of Gerontology (see Conference Calendar).



## Conference Calendar

**Apr. 4-5.** *New Images of Women in the Middle Years* conference. At Duke University, Durham, N.C. Dorothy K. Heyman, Center for Study of Aging and Human Development, Box 3003, Duke University Medical Center, Durham 27710.

**Apr. 6-8.** *Laying Foundations for the Future: Programs and Services.* Regional meeting, National Council on the Aging. At Sheraton Hotel, New York City. NCOA, 1828 L St., N.W., Washington, D.C. 20036.

**Apr. 10-11.** *Aging '75: Myths and Realities* conference. At Sheraton-Chicago Hotel. Susan J. Morse, conference coordinator, Illinois Association of Homes for the Aging, 3300 West Peterson Ave., Chicago, Ill. 60659.

**Apr. 14-17.** *Administration of Nursing Homes and Extended Care Facilities*, course. At Columbia University, New York City. Joan L. Richardson, Course Coordinator, the University, 21 Audubon Ave., New York 10032.

**Apr. 15-16.** *Ohio Governor's Conference on Aging.* At Lausche Bldg., State Fairgrounds, Columbus. Commission on Aging, 34 North High St., Columbus 43215.

**Apr. 23-25.** *Areas I & II Conference*, National Retired Teachers Association and American Association of Retired Persons. At Sheraton-Boston Hotel, Boston, Mass. AARP-NRTA, 1909 K St. N.W., Washington, D.C. 20049.

**Apr. 27-29.** *Laying Foundations for the Future: Programs and Services.* Regional meeting, National Council on the Aging. At Francis Marion Hotel, Charleston, S.C. NCOA, 1828 L St., N.W., Washington, D.C. 20036.

**Apr. 27-29.** *21st Annual Conference*, Western Gerontological Society. At Jack Tarr Hotel, San Francisco, Calif. Jeanne Bader, Conference Coordinator, 1427 Fourth Ave., San Francisco 94101.

**Apr. 29-30.** *4th Annual Meeting of National Interfaith Coalition on Aging.* At Twin Bridges Marriott Hotel, Washington, D.C. Donald F. Clingan, Executive Director, P.O. Box 1986, Indianapolis, Ind. 46206.

**May 4-6.** *Laying Foundations for the Future: Programs and Services.* Regional meeting, National Council on the Aging. At Leamington Hotel, Minneapolis, Minn. NCOA, 1828 L St., N.W., Washington, D.C. 20036.

**May 5-9.** *Administration of Nursing Homes and Extended Care Facilities*, course. At Columbia University, New York City. Joan L. Richardson, Course Coordinator, the University, 21 Audubon Ave., New York 10032.

**May 11-15.** *Health as a Right: The Human and Political Dimensions*, 102nd annual forum of National Conference on Social Welfare. In San Francisco. NCSW, 22 West Gay St., Columbus, Ohio 43215.

**May 11-18.** *National Nursing Home Week.* American Health Care Association (formerly American Nursing Home Association), 1200 15th St., N.W., Washington, D.C. 20005.

**May 12-14.** *14th Annual Indiana Senior Citizens Association Conference.* At Stouffer's Inn, Indianapolis. State Commission on the Aging and Aged, 215 North Senate Ave., Indianapolis 46202.

**May 17-18.** *Geriatric Medicine for the Practicing Physician and Other Health Professionals.* At Hunt Valley Inn, Cockeysville, Md. American Geriatrics Society, 10 Columbus Circle, New York, N.Y. 10019.

**May 22-24.** *Successful Treatment of the Elderly Mentally Ill*, national conference. At Duke University, Durham, N.C. Dorothy Heyman, Duke Medical Center, Durham 27710.

**May 28-30.** *The Legislative Policy Making Process and You.* 3rd national institute on minority aging sponsored by San Diego State University School of Social Work. E. Percil Stanford, Director, Center on Aging, 349 Cedar St., San Diego, Calif. 92101.

**June 2-5.** *Old Age Policy*, Sixth International Congress in Social Gerontology. At Palace of Congresses, Paris, France. Secretariat, Centre International de Gerontologie Sociale, 3 Place des Etats-Unis, 75116 Paris, France, or Air France offices in United States.

**June 3-5.** *Laying Foundations for the Future: Programs and Services.* Regional meeting, National Council on the Aging. At Olympic Hotel, Seattle, Wash., NCOA, 1828 L St., N.W., Washington, D.C. 20036.

**June 8-10.** *Laying Foundations for the Future: Programs and Services.* Regional meeting, National Council on the Aging. At Adams Hotel, Phoenix, Ariz. NCOA, 1828 L St., N.W., Washington, D.C. 20036.

**June 9-13.** *Rites of Passage: Novels of Adolescence and Age*, workshop. At Miami University, Oxford, Ohio. Dr. Donald W. Fritz, Associate Professor of English, the University, Oxford 45056.

**June 11-13.** American Health Care Association (formerly, American Nursing Home Association) national conference on nursing homes. At George Washington University, Washington, D.C. AHCA, 1200 15th St. N.W., Washington 20005.

**June 16-20, June 21, June 23-27, June 28,** *Summer workshops in gerontology.* At Rocky Mountain Gerontology center, University of Utah. W. Roy Van Orman, Coordinator, Bldg. 40, the University, Salt Lake City 84112.

**June 19-21.** *Physical Exercise and Activity for the Aging*, satellite seminar. At Wingate Institute for Physical Education and Sport, Wingate, Israel. Raymond Harris,

M.D., President, Center for the Study of Aging Inc., 706 Madison Ave., Albany, N.Y. 12208 or Dov Aldubi, Ph.D., Scientific Director, the Institute, Wingate, Israel.

**June 22.** *The Role of the Private Voluntary Agency as an Instrument of Social Change: Effective Advocacy on Behalf of the Elderly*, symposium. At convention center, Jerusalem, Israel. International Federation on Ageing, 1909 K St., N.W., Washington, D.C. 20049.

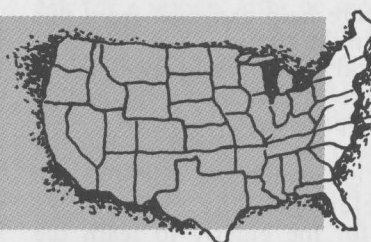
**July 27-31.** *First North American Symposium on Long Term Care Administration.* At Prince Hotel, Toronto, Canada. American College of Nursing Home Administrators, 8641 Colesville Road, Silver Spring, Md. 20910.

**Sept. 25-27.** *Fifth Annual National Meeting*, American Aging Association, Inc. At Continental Plaza Hotel, Chicago. Denham Harman, M.D., University of Nebraska Medical Center, 42nd & Dewey Ave., Omaha 68105.

**Oct. 20-21.** *Governor's Conference on Aging.* At Indiana University, Bloomington, Ind. State Commission on the Aging and Aged, 215 North Senate Ave., Indianapolis 46202.

**Oct. 26-30.** *Research and Aging.* 28th Annual Scientific Meeting of Gerontological Society with American Geriatrics Society. At Galt House Hotel, Louisville, Ky. The Society, 1 Dupont Circle, Washington, D.C. 20036.

## News of State and Area Agencies



The **Alabama** Commission on Aging reports establishment of a senior transport system in Sumter County under a contract between the area agency on aging and the City of York.

A 12-passenger bus operates on regular schedules each weekday, serving a different part of the county each day.

In the middle of the day, the bus transports clients to an Older Americans Act title VII nutrition program in York. No fixed fee is charged, with all people over 60 eligible to ride the bus, and encouraged to pay at least 25¢ per ride.

Fleetwood Hollinger III, agency director, said a survey had shown elderly persons formerly had to pay \$8 or more for a ride into town to see a doctor or transact essential business.

The **Connecticut** Department on Aging has announced a \$315,850 grant under Title VII of the Older Americans Act to the Office of Urban Affairs of the Roman Catholic Archdiocese of Hartford.

Under the program, hot noon meals will be served in 13 cities and towns in the south central part of the State. There will be 16 meal sites, including one which serves kosher food.

Sholom Bloom, Executive Secretary of the Department on Aging, explained that the program is a continuation of one started earlier by the University of New Haven, which

reluctantly gave it up when it found it was not able to link the elderly nutrition project with its academic program in hotel and restaurant administration as had been planned.

C. Patrick Babcock, Director of the **Michigan** Office of Services to the Aging, has become executive assistant for legislative affairs to Gov. William G. Milliken.

Mr. Babcock, who served in the aging post since October, 1973, is succeeded by Ronald E. Kivi as acting director.

Four regional Governor's Conferences on Aging were held this spring. They were at Lansing Feb. 28, Escanaba Mar. 8, Detroit Mar. 21, and Saginaw Mar. 22.

Jack Volosin of Cranford has been confirmed by the State Senate as a member of the **New Jersey** Commission on Aging after his nomination by Gov. Brendan T. Byrne.

Mr. Volosin is Executive Secretary of the 200,000-member State Council of Senior Citizens and has worked closely for some time with the State Office on Aging.

The **New Mexico** Commission on Aging has published an illustrated 50-page directory of senior centers in the State.

It was prepared, with Commission cooperation, by the University of New Mexico Center for Leisure and Recreation in the Institute for Social Research and Development.

The **New York** Office for the Aging has published the final report of the New York State Committee for the 1971 White House Conference on Aging.

Edited by James J. O'Malley, former Deputy Director of the Office, it is illustrated, contains 249 pages with appendices, and is titled *A Plan of Action for Older Americans*.

Gustave L. Levy, Committee Chairman, said in a preface:

"Although the official 3-year period of the Conference is now completed, the major work of the Conference remains as our constant challenge: namely, to turn the plans for action into programs and services which will benefit older people today and in the future."

Legal Services for the Aged has been established in **North Dakota** under a \$58,000 one-year demonstration grant from the Administration on Aging.

In operation less than three months, the January issue of *Case & Counsel* reported, the project had already served 200 elderly.

The majority of the legal problems have centered around Social



Security, Medicare and Medicaid, welfare, and landlord-tenant relations, but Marvin Hager, attorney coordinator for the program, expects time payments, consumer fraud, taxes, and advice on drawing up wills to be future areas of concern.

In addition to Mr. Hager and two other paid attorneys, the project is being aided by volunteer legal advisors including a VISTA attorney with more help expected from this sector in the future.

Several county and private agencies have also helped by donating office space and secretarial services, and the North Dakota Seniors United encourages the use of its toll free telephone line (1-800-472-2127) for the elderly to learn the name and number to contact for legal services in their area.

Outreach workers associated with the home-delivered and group meals programs have also been instrumental in spreading news about the program.

In order to qualify for legal help, including attorney representation at hearings and in court cases and aid in drawing up wills, a client must be 60 or over, have less than \$12,000 in assets, excluding a home, and have an annual income not exceeding \$4,400 if single or \$5,000 for a couple.

☆

**Pennsylvania** Welfare Secretary Frank S. Beal has allocated \$87,832 in Federal funds to 14 agencies concerned with services to the aging in 27 of his State's counties.

The purpose is to help inform older persons of all benefits and services available to them from public and private agencies, particularly those under the Federal SSI (Supplemental Security Income) program.

"Many older people, especially those who are just approaching or have recently turned 65, do not yet know about the SSI program which guarantees a single person 65 or over a minimum monthly income of \$166 or \$249 for a couple," Mr. Beal said. "The minimum rate is at this level because the State government supplements the Federal payments at the rate of \$20 for one person or \$30 for a couple."

☆

A senior health program is tied into six Older Americans Act title VII elderly nutrition projects operating in **Rhode Island**, the State Division on Aging reports.

Visiting nurses provide health counseling, screening and flu shots, and podiatrists come in once a month. At another location there is an eye clinic, with no charge for eye examinations and where glasses and frames may be purchased at cost.

Mrs. Eleanor F. Slater, Aging Division Chief, reports there are also four senior day care centers in operation in Providence, North Providence, Warwick, and Woonsocket.

One of them, that in Warwick, conducted an overnight trip to Mystic, an old Connecticut seaport, for some of its wheelchair clients.

"Some of them hadn't been away from their homes overnight in five or ten years," said Center Director Mrs. Elaine Aldrich. "This was a chance to prove to themselves that they can overcome their physical limitations."

The Division now has a statewide information and referral service, operating from 8:30 am to 4 pm Monday through Friday.

Through one telephone call, the service provides answers to questions on housing, transportation, home care, health services, or other subjects. If the inquiry requires further attention, it is relayed for followup to one of 39 direct service and outreach aides in the caller's area.

☆

The **South Carolina** Commission on Aging is disbursing a \$250,000 fund appropriated by the General Assembly for programs for the elderly in the State's ten planning districts.

Executive Director Harry R. Bryan reports that 286,158 meals were served under the Older Americans Act title VII nutrition program for the elderly during its first year of operation in the state.

The number of individuals served was 19,918, of whom 80% had incomes near the poverty level. The program is serving 1,835 meals a day in 12 projects, most with several food serving sites, Mr. Bryan said.

The **Texas** Governor's Committee on Aging reports Corpus Christi is to have two new multipurpose senior centers.

The City Council authorized the use of \$500,000 in revenue sharing funds for the two identical 8,000-square-foot buildings.

Earlier Corpus Christi obtained funding for services to the elderly under an Older Americans Act title III grant from the Governor's Committee and local sources.

☆

The fourth annual **West Virginia** Senior Citizens Day at the Legislature was held Feb. 18 at the State Capitol in Charleston.

Guest speaker was William E. Oriol, Staff Director of the U.S. Senate Special Committee on Aging.

The event was arranged by the State Commission on Aging with the cooperation of area agencies on aging and senior centers.

☆

The **Wisconsin** Division on Aging reports that a pilot project, possibly the first of its kind, will be started this summer.

It will test the feasibility of providing limited medical treatment, physical therapy, meals and house-keeping assistance to elderly and disabled persons in their homes to avoid institutionalization.

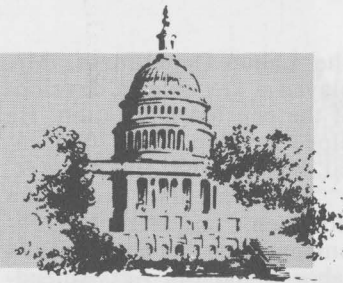
A community with at least 3,500 eligible clients will be selected as the first test site, with another to be chosen later this year. The State expects about \$6 million in Medicaid funds will be available over 4 years.

The pilot project is the outgrowth of an ombudsman nursing home project started by Lieut. Gov. Martin J. Schreiber, who says:

"Two years ago, in the early stages of the nursing home ombudsman program, it became apparent that there were a great number of people in our nursing homes who really didn't have to be there. It was also apparent that the institutionalized style of living greatly detracted from the independence and dignity of life which all of us treasure."

Further information on the program is available from Lieut. Gov. Schreiber, State Capitol, Madison, Wis. 53702.

## News of Federal Agencies



### New Rules Proposed On Pay for Medicare Drugs

HEW Secretary Caspar W. Weinberger has proposed new regulations for determining the allowable cost for drugs that are reimbursable under Medicare.

They complement HEW regulations proposed Nov. 15, which recognize significant cost differences between generic and brand name drugs and set limits on what the Government will pay for.

Under the proposed regulations, published in the *Federal Register* Jan. 20, hospitals and other institutional providers would be reimbursed at the lowest of (1) the actual acquisition cost of the drug; (2) the maximum allowable cost (MAC) set by HEW; or (3) the cost of the lowest priced source which is widely and consistently available to the provider.

The Nov. 15 HEW regulations establish a method for determining which drugs will be affected and how the maximum allowable costs will be established. A listing of multiple source drug products and their MAC to which the rule would be applied will be published periodically in the *Federal Register*.

Any cost in excess of the limitation applied will not be reimbursed by Medicare. Providers will not be allowed to charge beneficiaries for any amounts not reimbursed under this rule.

The regulations provide for a waiver in those cases where a physician indicates that only a specific brand of a drug can be tolerated or is effective for a particular patient.

### Power to Modify Nursing Home Rules Sought by HEW

HEW would gain authority to modify or waive safety and environmental standards in all skilled nursing facilities (SNFs) and intermediate care facilities (ICFs) supported by Federal funds under a reg-

ulation proposed Feb. 11 by Secretary Caspar W. Weinberger.

The regulation proposes to transfer power to modify or waive safety and environmental standards—for all ICFs with Medicaid patients and SNFs certified only to Medicaid—from the individual States to the Secretary to assure uniformity and consistency for any waivers for those institutions. The Secretary already controls waivers for SNFs certified dually to Medicaid and Medicare.

SNFs provide professional institutional care to patients whose bills are paid by Medicaid or Medicare. Care in ICFs is an optional Medicaid service. ICFs provide institutional care at a level above room and board but below the skilled services provided by SNFs.

"There have been wide variations and discrepancies in issuance of waivers under the present system," the Secretary said. "The proposed change would limit the number of different judgments involved and make the system less complex—thus assuring that standards compatible with the best interests of patients in SNFs and ICFs are applied across the board."

In the proposed regulation, standards subject to modification or waiver apply to the Life Safety Code in ICFs, the size and occupancy of rooms in ICFs and SNFs certified only for Medicaid, and characteristics of facilities for the physically handicapped. A waiver or modification may not be granted if the health and safety of patients will be affected.

### SSA Proposes New Rules On SSI Benefit Appeals

HEW Secretary Caspar W. Weinberger proposed Jan. 29 regulations spelling out additional procedures the Social Security Administration will follow when aged, blind, or disabled people question a decision affecting their supplemental se-

curity income (SSI) payments.

An SSI recipient has 30 days to ask for a review after he receives a notice of intent to suspend, reduce, or end his payments. If he asks for review within 10 days, his payments will continue until SSA makes a reconsidered decision.

If he does not request review, the agency will put the decision into effect. If he asks for review after the 10-day period but before 30 days, the decision will take effect pending any reversal resulting from review.

Mr. Weinberger said the new procedure would reduce costly overpayments and would permit SSA to use automated, centralized procedures rather than time-consuming manual operations at district offices. He added that the proposed procedure complies with Federal Court interpretations requiring adequate advance notice of adverse actions to recipients of Federal payments.

### New Pension Guarantee Unit Names Rose Counsel

Henry Rose has been named General Counsel of the new Pension Benefit Guaranty Corporation (PBGC).

Mr. Rose formerly was Associate Solicitor for Legislation and Legal Counsel in the Department of Labor, and had been designated Acting General Counsel of PBGC when it was established Sept. 2, 1974.

PBGC is a self-financing Government corporation established under the Employee Retirement Income Security Act of 1974 (ERISA) to insure certain private sector pension plans.

Mr. Rose, 47, will head the office responsible for all PBGC legal advice, interpretations and opinions, and all litigation. He also will oversee the drafting of regulations and any administrative hearings.



At the Labor Department, Mr. Rose played a key role in development of the pension legislation. He also helped develop the 1970 Occupational Safety and Health Act, 1972 amendments to the Longshoremen's and Harbor Workers' Compensation Act and the 1974 Fair Labor Standards Act Amendments.

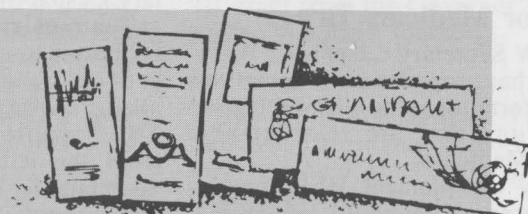
## HUD Plans \$215 Million Housing Program for Aging

Prior to becoming Director of the Office of Management and Budget, James T. Lynn then Secretary of the U.S. Department of Housing and Urban Development announced a program to assist in construction of housing for the elderly and handicapped.

The program, under Section 202, authorizes HUD to make direct loans for rental housing. Loans will be available for construction sponsored by non-profit organizations assisted under the Section 8 Housing Assistance Payments program.

Congress has made \$215 million available for the Section 202 program.

# Publications



## General

**Geriatrics.** Monthly. Lancet Publications, 4015 West 65th St., Minneapolis, Minn. 55435. \$15 a year, \$2 a copy.

"The Senior Olympics: Games for Adults Who Won't Quit" is the title of an article in the January issue.

It is the story, well illustrated, of Senior Sports International Inc., a nonprofit organization operated by 71-year-old Warren Blaney of Los Angeles.

"...the athletes who compete in Warren Blaney's games are best not trifled with," says author Steven S. Yagur. "Men in their 60's who throw a discus well over 100 feet, 55-year-old sprinters who crack the 24-second mark for 200 meters, 75-year-old men who compete in 16 events over two weekends or win two tennis titles (in 100 degree heat), and women who set records in swimming, sprinting and field events can shame many persons 30 years their junior."

The senior olympics are five years old. Information about them can be obtained by sending a self-addressed stamped envelope to Mr. Blaney at 5225 Wilshire Blvd., Los Angeles 90036.

Other articles in the issue, apart from those dealing with medical subjects, discuss sex after 45 and retirement as the third age.

**Successful Aging: The Facts and Fallacies of Growing Old.** By Olga Knopf, M.D. Viking Press, 625 Madison Ave., New York, N.Y. 10022. 1975. 229 pp. index, appendix. \$8.95.

Dr. Knopf makes no bones about her age. She was born in Vienna in 1888.

So at 86 she has turned out a readable and valuable book, drawing on her own long experience as a person and a psychiatrist (she worked with Dr. Alfred Adler for 12 years).

She became a member of the New York Psychoanalytic Institute in 1940, and taught at the New School for Social Research for 20 years beginning in 1931.

She still is active as a preceptor (supervisor and instructor) in geriatrics training at Mount Sinai Hospital, New York. She still has a private practice, too, but confesses she started cutting down on the number of her patients when she was 73.

Despite the Commandment to "Honor Thy Father and Thy Mother," Dr. Knopf finds the old as a group are by no means "honored."

"It is almost astonishing that nations today, with their solicitude for the destinies of remote peoples," she writes, "should have to be awakened to the fact that a large number of their own old people live on a substandard level of existence, lonely and all but forgotten by the rest of the population."

Elsewhere, she says she made herself a spokesman for the old generation "by explaining to the younger generations the various manifestations of aging—in the hope that I can help the young to bridge the gap between themselves and their elders and simultaneously ease their approach to their own inescapable future."

Although Dr. Knopf says her book was written mainly from the medical and psychological standpoints, her 13 chapters cover a much wider spectrum, and even her medical data are presented in language understandable to a layman.

She discusses the aging as a "new minority"; physical and emotional factors in aging; retirement, use of leisure time, volun-

teer programs; keeping fit; sexual adaptation in later life; family relationships with aged parents; various types of living arrangements, including discussion of geriatric centers and nursing homes; and how and what government and private agencies can be helpful.

**Growing Old in the Country of the Young.** By U.S. Senator Charles H. Percy. McGraw-Hill Book Co., 1221 Avenue of the Americas, New York, N.Y. 10020. 1974. 214pp. \$7.95.

Sen. Percy (Ill.) is a member of the Senate Special Committee on Aging and ranking minority member of its subcommittee on nutrition and human needs.

In this capacity, he notes that he has had an unusual opportunity to study problems of older people and that "it has been an unsettling education" about what he calls "America's most neglected minority." He cites some poignant examples:

"An inadequate social security system; a dehumanizing welfare program; discrimination against older workers; forced, arbitrary and often early retirement—these things increasingly mean that to be old in America is to be poor," he says.

He suggests that Congress establish an interim goal of assuring retired persons an income above the poverty line and in most cases, not less than 50% of their preretirement income (at present the median is about that for women but only 42% for men) and look toward a long range goal of perhaps 70 to 80% of preretirement income, depending upon previous incomes.

Rewriting of Federal income tax laws to ease their burden on the elderly is recommended. Sen. Percy suggests that perhaps those over 65 be given a triple,

rather than the present double, exemption; full deduction of medical expenses and full tax credit for all social security taxes they pay should they be fortunate enough to continue at work. He adds:

"Older men and women who want to work should be permitted to earn as much as they can and want without restriction. The limitation which now forces loss of social security income should be phased out over ten years. This limitation is perhaps the greatest obstacle to an adequate income for many thousands of retired Americans."

Malnutrition among the elderly is a grave problem, he observes, particularly with recent skyrocketing food prices. He praises the nutrition program for the elderly, administered under title VII of the Older Americans Act by the Administration on Aging, and now serving more than 200,000 meals daily five times a week at a cost of about \$100 million, but adds:

"Dr. Donald M. Watkin, chief of the nutrition program, has estimated that as much as \$2 billion could be used each year if we are to successfully help those elderly Americans who require this kind of food effort. But compare this to the \$4.5 billion we paid in 1973 to farmers for not growing crops."

Sen. Percy also discusses in blunt language health care for the elderly in their homes and elsewhere, senior centers, elderly housing which he calls "an American failure", and nursing homes on which he comments:

"Stick a pin blindly into a list of all the nation's homes for the aged and you are apt to hit an atrocity. I have visited refugee camps in India and Pakistan where I found the refugees treated better than Americans in many of our nursing homes."

"Those of us serving in government can make endless speeches on the plight of the elderly. We can make proposals and even write books. But until a significant number of Americans are willing and determined to pay for what needs to be done, the elderly will continue to exist on the fringes of our society. Too often they will remain hungry and without adequate medical care, poor and ill-housed, ignored and alone."

The book concludes with a chapter entitled "Where to Go for Help," which lists such agencies as State units on aging, the AoA regional Federal information centers, legal aid and State bar associations, the U.S. Labor Department, and private organizations composed of or working for the elderly.

Although the book bears this name and he assumes full responsibility for any "flaws" in it, Sen. Percy is generous with praise for those who helped, many of whom he names. A good book. J.E.W.

**Aging: Its Challenge to the Individual and to Society.** Edited by William C. Bier, S.J. Fordham University Press, Bronx, N.Y. 10458. 1974. 292pp. \$12.50.

This is No. 8 in the University's Pastoral Psychology Series, which publishes papers presented at biennial institutes started in 1955.

It contains 26 papers by Institute participants, with a thoughtful preface by Fr. Bier, who says:

"Many of the facets of aging have been carefully studied, such as employment and retirement, physical and mental health, housing, income, nutrition, transportation, and so forth.

"The religious approach to aging, however, has received disproportionately little attention. It was gratifying, therefore, to note that one of the 14 subject matter sections in the 1971 White House Conference on Aging was devoted to spiritual well-being."

Not that this book is confined to religious implications of aging. Its papers cover the whole field well, and it should be a valuable reference work.

The volume is divided into eight sections. The first, with three papers, is entitled "Aging in Perspective: Historical, Cultural, Religious." The second, "The Basic Scientific Dimensions," discusses demography, physiology and sociology as related to the elderly. Third is "The Psychology and Psychopathology of Aging." "Retirement: Center of the Aging Challenge" is the fourth section. Fifth is "The Experience of Retirement," in which businessmen, an educator, a priest and a nun discuss how they have faced the problem.

The sixth section, "The Challenge for the Aging Individual," treats of old married partners, career development as related to aging and the ultimate prospect of death.

"The Challenge for Society," the seventh section, discusses family relationships, community services and nursing homes.

The final section, "Successful Aging: The Ultimate Challenge" is a summation from the sociological, psychological and religious viewpoints. J.E.W.

**What's Inside You It Shines Out of You,** by Marc Kaminsky. Horizon Press. Available from Publications Department, Jewish Association for Services for the Aged, 222 Park Ave., South, New York, N.Y. 10003. 237pp. \$7.95.

This autobiographical history relates a young poet's encounter with a group of aging men and women and the changes in attitudes, perspective, and creative forcefulness which each experienced.

It is a book to be read at leisure and to be enjoyed. The author's own narrative and the poetry produced best express the changes which took place:

"In the summer of 1972, I took a job as a group worker with JASA. In order to get a better idea of what I would be doing, I was asked to visit one of the JASA senior citizens' clubs. So quite early one morning, I found myself standing in the near-empty ballroom of an Upper West Side synagogue.

"Here and there, yards apart, a few old women were sitting. Each one sat alone. Was this a senior citizens' club? Were these old women the people I would be working with? Was this the kind of place I would be working in? Things didn't look so good."

Later passages express Mr. Kaminsky's reversal in attitude:

"When the group worker read the poem we had made, he was first annoyed, then distressed, and finally... angry. He said that our job was to provide 'recreation' for senior citizens, not therapy. I wasn't trained to handle the kinds of experiences I had let loose into the poem. The women might be disturbed by all this talk about the dead and death.

"What I had wanted to say to him was: When you say 'recreation', I hear the word 're-create'. If by recreation you mean something more than bingo and cards, something other than mere diversion from the commonplace realities of our lives, then I agree with you. For a senior citizens' club to have any real value, I think it must allow room for activities that have the full dignity of work."

The book forcefully clarifies the changes which took place to those in the group:

"On another occasion, Hilda, obviously weary of listening to Bella's tales of suffering, suddenly announced, 'Would you believe that I danced this morning?' She stood up and to everyone's astonishment, began to imitate a burlesque queen.



"Shortly after this she stopped pretending that all was well in her marriage . . . It was this honesty that brought her into contact with Vera. They discovered and shared the secret griefs they had in common. At one point they had a good laugh over how long they had tried to be 'good girls', and how foolish they had been when they both might have relished some of the innocent pleasures of being bad."

This encounter between the three women later led to a collaborative effort in "The Good Girls," one of the many fine poems which are to be found in the final section of the book. J.B.F.

*Journal of Geriatric Psychiatry.* Semiannual. International Universities Press, 239 Park Ave., South, New York, N.Y. 10003. \$12 a year, \$7 a copy.

This is the official publication of the Boston Society for Gerontologic Psychiatry.

The second 1974 issue was devoted principally to papers on psychopharmacology in the aged and use of major psychotropic medications in treatment of the elderly. The editor is Martin A. Berezin, M.D., 90 Forest Ave., West Newton, Mass. 02165.

*Memory, Related Functions and Age.* By Jack Botwinick and Martha Storandt. Charles C. Thomas, 301-327 East Lawrence Ave., Springfield, Ill. 62708. 1974. 198pp. indexed. \$12.75.

HEW's NICHD (National Institute of Child Health and Human Development) partially funded this study with a training grant, and the product will be used in the training of students.

In their preface, the authors (on the faculty of Washington University in St. Louis) say:

"Memory loss in later life has often been documented by research evidence and has more often been commonly taken for granted as a fact of life. Extreme memory loss is as incapacitating as any major setback: it can reach the proportions of almost complete inability . . . can require almost total custodial care.

"Very fortunately such extreme loss is not the rule: it is the exception. More minor memory problems, however, are not so exceptional.

"It is surprising that so few comprehensive studies have been made on this very important topic. There are many studies in the published literature, each reporting

one or two types of memory measurements; there are none we know that make effort to measure a large variety of types and to determine relationships of these with other important behaviors.

"There are none we know of that make effort for a more comprehensive understanding of memory ability in later life. This report is such an effort."

*Proceedings of a Seminar on Serving the Spinal Cord Injured.* Copies available from William R. Phelps, Program Director, Regional Counselor Training Center, 3510 MacCorkle Ave., S.E., Charleston, W. Va. 25304, 237pp.

Although not dealing with the care of the elderly per se, this publication contains a wealth of technical information relating to the care of non-ambulatory and wheelchair patients which could be effectively utilized by medical personnel in nursing and extended care facilities.

*Chicago's Over 65 Population: Progress and Goals.* Available from City of Chicago, Department of Development and Planning, Rm. 1000, City Hall, Chicago 60602. 89pp. Appendix and bibliography. Free.

This comprehensive work, complete with statistical tables and maps, presents an overview of Federal, State, and local programs available to Chicago's elderly.

Chapters on general population characteristics, the economic status of the elderly, health, housing, transportation, public facilities and community and social services are included.

In each chapter sources of funding, existing services, and recommendations for improvement are discussed.

The appendixes include a description of the functions of the Mayor's Office for Senior Citizens and a listing of agencies and organizations serving the aged.

*Aging in American Society: An Examination of Concepts and Issues.* By James D. Manney, Jr. University of Michigan-Wayne State University Institute of Gerontology, 543 Church St., Ann Arbor, Mich. 48104. 1975. 231pp. \$3.50, with 10% discount for ten or more copies.

The author, staff editor at the Institute, writes that today's elderly must develop the ability to adjust "to tricky and rapidly changing social terrain." He continues:

"The first step is admitting that aging involves limitations, and gradually relinquishing some of the roles and activities of younger years . . . The aging person must find new ways to fulfill his or her physical, emotional and economic needs. This includes new friends to replace those who die, and new activities to replace work or child rearing. . . .

"People who are no longer workers, managers or active mothers must find new ways to evaluate themselves. . . . They must learn to measure their self worth by criteria other than fulfilling productive roles. . . .

"This adjustment takes time. One study showed that people in their 70's were better adjusted than people in their 60's. Men have the greatest problem replacing the satisfaction of work; women have the most difficulty relating to their children and coping with widowhood. Poor health or poverty can make an individual's adjustment efforts nearly impossible."

The book covers biological, psychological and socioeconomic factors and discusses health care, mental problems, vulnerability to crime, unready retirees, the never married elderly and minority groups.

Throughout, Mr. Manney calls for the more positive attitude toward aging, saying:

"If the elderly are to make positive contributions to society, we must develop a new viewpoint. We must choose to look at the potential of old age along with the liabilities."

The book was developed through a grant from the U.S. Administration on Aging.

*See It My Way,* by Marilyn Swieringa. Institute for the Development of Creative Child Care, Grand Rapids, Mich. 49506. 1972. Revised 1973. 48pp. illus. \$1.50.

This well illustrated handbook is written by a woman who lost her sight at 38 from diabetes.

Blind since 1969, Mrs. Marilyn Swieringa, wife and mother of two sons, was determined to continue a normal family life and civic responsibilities. Based on her experiences, this is a valuable guide for both sighted and unsighted.

The publisher writes:

"The bumps and bruises were real, and at times happen still. She hopes *See It My Way* will help you understand the world of those who cannot see. She also hopes this book will help you realize that those who

live as she does want understanding, not pity; acceptance, not toleration; involvement, not isolation."

*Concern in Care of the Aging.* Medical Media Corp., Box 264, Pitman, N.J., 08071. Every other month. \$17 a year, \$3 a copy.

The October-November issue, received in January, contains a signed article by U.S. Commissioner on Aging Flemming entitled "Local Agencies for the Elderly Gain HEW Support."

He discussed area agencies for the aging set up under 1973 amendments to the Older Americans Act, of which there are now more than 400, and about which he said:

"These area agencies are not to function ordinarily as providers of services for older people, but as assessors of needs, available resources, and gaps; and as action stimulators and coordinators. . . .

"State and area agencies are all charged with the responsibility of becoming focal points for aging in their respective jurisdictions and also with becoming advocates for older persons in connection with all issues confronting the lives of older persons.

"By contacting an area agency on aging, a home for the aging can take advantage of the opportunity to become a part of the system being developed. For example, a home might be able to make certain facilities available to provide services for people not now in its care. It also will be better able to serve those it cares for if it is a part of an interlocking web which will help to put it in touch with other agencies and services benefiting older people."

Other contributors to this issue, Vol. 1 No. 2 of the publication, included Eugene T. Hackler and Edward A. Munns, past presidents of the American Association of Homes for the Aging; Ira C. Robbins, President of the Virginia Association of Homes for the Aging; and Neil L. Gaynes, Executive Director of the Illinois Association of Homes for the Aging.

*Health Resources Statistics.* National Center for Health Statistics. DHEW Pub. No. (HRA) 75-1509. 576pp. From Superintendent of Documents, Washington, D.C. 20402. \$6.35.

This report is the seventh in the annual series on health manpower and facilities published by the Center. It is intended to provide current and comprehensive statistics on health areas as baseline data for the

planning, administration, and evaluation of health programs.

The first part presents statistics for activities designated as "health occupations", including physicians, nurses, etc.

The second section gives data on facilities designated as "inpatient health facilities" such as hospitals and nursing homes.

The concluding part of the survey deals with outpatient and nonpatient health services including clinical laboratories, family planning clinics, and group practices.

Comprehensive tables and an index are included.

*The International Altrusan.* Monthly. Sept. to June. Altrusa International, 332 South Michigan Ave., Chicago, Ill. 60604. \$3 a year, 40¢ a copy.

The January issue carried an article on retirement entitled "Older and Wiser." The author is Helena Clayton, now in her 70's, retired 11 years ago from an advertising career.

Her own hobby is gardening, growing plants from seeds or cuttings, but she also is active in community services and has suggestions for other retired women.

*HUD Challenge.* Monthly. U.S. Department of Housing and Urban Development, Washington. \$10.85 a year, 95¢ a copy from Superintendent of Documents, Washington, D.C. 20402.

The December 1974 issue includes "Louisville's Elderly in Public Housing" by Dorothy Zeillmann.

The article surveys services of HUD-administered programs for elderly residents of Louisville, Ky. Housing Authority complexes.

The author discusses Senior House, a voluntary community agency serving senior citizens of the Greater Louisville area. More than 500 older persons participate in this program.

It sponsors arts and crafts, current discussion groups, concerts, dances, and trips to points of interest in Kentucky.

In keeping with the "upward mobility" concept, residents use facilities for individual or group projects such as assisting local manufacturers in production. Proceeds from these projects benefit tenant organizations.

Other organizations provide supplemental services.

The Visiting Nurses' Association offers nursing care, and physical, occupational and speech therapy. Mobile Meals serves hot, nutritious meals to homebound residents.

At Dosker Manor, the Louisville Police Department cashes monthly Social Security checks for residents.

"These services," the article notes, "create an added feeling of security—a release from the apprehensions of growing old with no one to care."

*Aging in Alabama,* by Irving L. Webber. Bureau of Public Administration, University of Alabama, Drawer 1, University, Ala. 35486. 31pp. \$1.95.

This booklet is the first in the Sociological Studies Series to be issued by the University.

It deals exclusively with employment and education as they relate to the State's elderly. A chapter on employment provides statistical data, discusses reasons for low employment among the elderly and offers recommendations for improving conditions in this area of concern.

The next section surveys the educational status of the aged in Alabama, explores the reasons for low levels of educational attainment and suggests ways to improve this situation.

*About Aging: A Catalog of Films.* Andrus Gerontology Center, University of Southern California, Los Angeles 90007. 1975. 88pp. \$3 plus 25¢ handling charge.

This paperback listing contains information about 232 films, with an index of 82 categories and an alphabetical index.

Covered, among other subjects, are films on training volunteers to work with the aging, community programs and services, and mental health care.

Films are described and information given where they can be purchased or rented and at what cost.

## Death

*Coming to Terms With Death: How to Face the Inevitable With Wisdom and Dignity,* by Fred Cutter, Ph.D. Nelson-Hall Co., 325 W. Jackson Blvd., Chicago, Ill. 60606. 307pp. \$8.95.

This thoughtful book is an in depth study of death—the ways of dying, how we prepare for it, and why we react as we do not



only to the deaths of others but to our own.

Dr. Cutter discusses the various ways of dying from that of an infant to violent and unexpected death, suicide, and terminal illness.

The author says the present is a unique historical period. Because, he says, in the later decades of this century many will have advance warning of their own demise, making possible preparation for death in a manner in harmony with their lifestyle.

The present, he says, is a time in which most people consider death to be a taboo subject much as sex was during the Victorian Age. As a consequence, they tend to ignore the subject and retreat from those who are faced with its prospect, often leaving them to die alone bereft of any meaningful human contact at a time when they need it most.

Dr. Cutter says, "Pathetically, the usual circumstances of dying impede victims from accepting their own cessation and survivors from either helping or recognizing the kind of death that is occurring.

"The overwhelming majority of adult deaths each year come ignominiously in sterile ugly places with the victim isolated and bereft in his final moments. There is no necessity for a victim of terminal illness to pass his or her last weeks or months in drab or depressing settings.

"The atmosphere is unnecessarily bad because of default and lack of attention. It is within the survivors' power to specify the settings . . . and other special requests. It only takes planning and preparation. The real problem is, why the avoidance and failure to accept the obvious? The American way of dying is not only expensive, but traumatic to all parties."

The author stresses that death is a natural conclusion to life. It is not death itself that is to be feared, but the circumstances surrounding it, and these can be altered largely by careful advance planning. By so doing, people can spare themselves and those they love both emotional and financial suffering and die as they want to live—with dignity.

J.B.F.

## Education

*Never Too Old To Learn.* Report by Academy for Educational Development to Edna McConnell Clark Foundation. 110pp. 1974. The Academy, 680 Fifth Ave., New York, N.Y. 10022.

Although many institutions of higher learning are offering free or reduced tuition to older Americans (*Aging*, Aug. '73, p. 14) findings of this survey are that not enough is being done.

"The study clearly showed that very few colleges and universities serve older people with the particular education and related services they need," its summary said. "Most institutions provide no programs especially adapted to this growing yet underserved population."

The study was in four parts: a review of relevant literature; a detailed questionnaire mailed to over 400 selected institutions (296 of which replied); visits to 33 institutions for in depth interviews with administrators, faculty members, and older students; and interviews with more than 50 experts in education, gerontology, older people's advocacy groups, and government and social agencies.

The Academy recommended (1) in depth evaluation of selected existing programs (2) creation of more comprehensive new careers programs for middle and higher income elderly and rehabilitation programs to focus on low-income low-skill elderly and (3) wider dissemination of the experience gained in existing programs in the form of conferences, pamphlets, books and guides.

"Only a small percentage of older people are enrolled in adult education," it said. "In 1972 only 2.4% of the 20 million people over age 65, and only 6.3% of the 19 million people aged 55 to 64 participated in adult education. This adds up to a total of 1.7 million participants over age 55—less than 10% of the total enrollment in adult education.

"Interviews and visits by Academy staff to a variety of colleges in all sections of the country reveal that these institutions, for the most part, are not aware of the need to develop educational programs for older adults. Attitudes range from indifference to the establishment of extensive multiservice programs. . . .

"There are many opportunities for colleges to join with community agencies and other schools in cooperative ventures. However, the Academy did not find any fully operating consortia, although a few are planned. . . .

"In our youth oriented society those 50 and over are fast becoming a new class of disadvantaged, but one possessing a large reservoir of abilities if we can figure out how to make productive use of them. . . .

"Private institutions especially must rely on contributions from every type of

source—corporations, foundations, alumni, and other interested individuals. Most of the large individual donors are older persons of established wealth.

"Yet the Academy's study did not uncover one instance where an institution, public or private, sought contributions from private individuals for a program for older people. It is possible, although as yet unconfirmed, that a college could encourage significant donations to support a program aimed at an age group for which the potential donor might have a heightened empathy. . . ."

## Employment

*Retirement Living.* Monthly. Retirement Living, 150 East 58th St., New York, N.Y. 10022. \$6.75 a year, 75¢ a copy.

The February issue contained six articles on employment after retirement. J. Wandres, Managing Editor, explains why he devoted so much space to this subject by asking:

"With the cost of living rising like a hot air balloon, who can really 'afford' to take it easy? . . . In addition to the very important need to supplement your retirement income, work, I feel strongly, can be an important 'tonic' that keeps you feeling young."

Mr. Wandres cites the case of Purcell O'Gorman, of the magazine's circulation department, who still, at 77, commutes from his Connecticut home to New York City to work two days a week.

Other articles report on a New Jersey editor who continues working in retirement; a retired clergyman who finds satisfaction in weaving; the "temp" program which employs people directly at no fee, paying them out of fees from employers to whom they are "leased"; a retired woman photographer who continues work as a volunteer and for pay; and the International Executive Service Corps, which places qualified persons in temporary overseas assignments.

The issue also carried an article and picture of the "kneeling bus" which facilitates boarding and alighting for elderly and handicapped persons in upstate New York (*Aging* Sept.-Oct. '74, p. 6).

## Nursing Homes

*Newsweek.* Weekly. Newsweek, Inc., 444 Madison Ave., New York, N.Y. 10022. \$16 a year, 75¢ a copy.

The Feb. 3 issue of *Newsweek* cracked down on nursing home abuses in New York.

In one of a continuing series of articles first sparked by the crusading efforts of the *New York Times*, "The Nursing Home Scandal" relates the efforts of Federal, State and local committees to investigate abuses in nursing home standards, political payoffs and favors to escape prosecution in the past, and the misuse of Medicare and Medicaid funds.

"Probes have turned up connections between key figures in New York and nursing-home chains in four other states. There were reports of interlocking 'cartels,' evidence of inflated and improper charges amounting to millions of dollars and rumors of Mafia money behind the scenes," reports the article.

It says that there are " . . . estimates that half of the 23,000 nursing homes in the nation are 'substandard'. And many operators have figured out ingenious ways to maximize their take, relying on lax enforcement of Federal, state and local operations and permissive standards of payment."

*Newsweek* calls for stricter and more comprehensive monitoring by the Federal government, otherwise, " . . . Washington will never know how imaginatively its money is being spent—or squandered. And many of the nation's aged will continue to live—and die—in squalor."

## Religion

*Saints Herald.* Monthly. Reorganized Church of Jesus Christ of Latter Day Saints, Herald House, Independence, Mo. 64055.

The November issue, received in January, is devoted almost entirely to articles on older people.

The special issue pays tribute to the work of the elderly in behalf of the church, and notes that in 1973 about 35% of its tithing income, more than \$2 million, came from members over 60, and 15% of it from those over 71.

At its 1974 world conference, the church created a Task Force on Aging to do research on the processes of aging, survey the resources and needs of those over 60, and to institute programs of its ministry to and by those over that age, and report progress to next year's world conference.

In addition to discussing programs for the

elderly in the United States, articles in the special issue also described those in Asia and Australia among many other items.

## Volunteers

*Something Wonderful Happens When R.S.V.P. Comes Into a School*, by Mildred G. Foley. Ohio Commission on Aging, 34 N. High St., Columbus, Ohio 43215. 57pp. Appendixes. No price listed.

This well written manual should be useful to any organization contemplating the use of older volunteers in an institutional setting.

It provides information on how to interest administrators in such a program, preparing those to be served and working with volunteers for the introduction of the older person, and ways to interest the older volunteer in serving.

A number of case histories of R.S.V.P. participants present some poignant stories of older people and the children they served.

## AoA Publications

*Indicators of the Status of the Elderly in the United States.* Prepared by the Institute for Interdisciplinary Studies. DHEW Pub. No. (OHD) 74-20080. Available from Administration on Aging, HEW, Washington, D.C. 20201. 270pp. Appendixes. Single copies free.

This publication presents a nationally based report on the quality of life for older Americans and a conceptual methodology for defining and interpreting social indicators.

The status report is presented in the form of sets of social indicators for economic and health status, social involvement, cultural norms and values influencing the quality of life, and cohort characteristics of the elderly population.

In addition to the general concept, more specific methodological or conceptual innovations have been used to refine the definitions of various social indicators.

These are (1) the use of role as an approach to the meaning and measurement of social interaction, (2) the identification of socially instituted or reinforced barriers of satisfactory patterns of living for the elderly, and (3) the analysis of the problem

solving capacity of the elderly developed during their lives. The significance of these innovations to the policy making function of government agencies and recommendations for further action are also discussed.

*Symposium: Nutrition and Aging.* DHEW Pub. No. (OHD) 75-20240. Administration on Aging, Department of Health, Education, and Welfare, Washington, D.C. 20201. 1975. 71pp. Single copies free.

This work records proceedings of sessions on Nutrition and Aging at the 25th Annual Scientific Meeting of the Gerontological Society in 1972.

It is a collection of papers by authorities in the field and presents the sociological and health, rather than the dietetic, aspects of nutrition for the elderly.

Originally published in the *American Journal of Clinical Nutrition*, the papers provide information on models for nutrition programs in urban and rural areas and the integration of nutrition with social service and health delivery systems.

*Transportation for the Elderly: The State of The Art.* DHEW Pub. No. (OHD) 75-20081. Administration on Aging, Department of Health, Education and Welfare, Washington, D.C. 20201. Single copies free.

This report presents findings from a study of the status of transportation for the elderly, undertaken in response to requirements set forth under Title IV of the Older Americans Act.

The study was conducted by the Institute of Public Administration under a grant from the Administration on Aging.

With tables and extensive references, it is a comprehensive survey of available transportation systems for the elderly.

Examples of each type of service, including reduced fares, use of school buses, demand-responsive taxi services, and volunteer drivers, are reviewed in case studies which discuss problems and successes of each. Recommendations for improvement also are presented.

In addition, the status of the older driver and pedestrian is explored.

This work should be useful for groups contemplating creation of transportation services for the aging, as well as those interested in improving existing programs.



Congressional Publication

Nursing Home Care in the United States: Failure in Public Policy. Supporting Paper No. 2: Drugs in Nursing Homes; Misuse, High Costs and Kickbacks. Senate Special Committee on Aging. 1975. 74pp. \$1.20 from Superintendent of Documents, Washington, D.C. 20402.

Sen. Frank E. Moss (Utah) and Sen. Charles H. Percy (Ill.), chairman and ranking minority member, respectively, of the Subcommittee on Long Term Care, say that the group's findings on nursing home medication are among the most disturbing they have encountered in the committee's intensive investigation.

"We are forced to conclude," they said, "that many older persons, in complete dependence upon those responsible for their care in nursing homes, may often suffer setbacks in physical well being because of poor management, or worse, of prescription drugs given to them."

Drugs administered in error range from 20 to 40%, the report said, adding that about \$300 million a year is spent for prescription drugs in nursing homes.

The average patient, it says, is given from four to seven different drugs daily, and a patient's drug bill runs to \$300 a year, compared to \$87 for older persons not in institutions.

NCOA Publications

Perspective on Aging. National Council on the Aging, 1828 L St., N.W., Washington, D.C. 20036. Free to members, \$2 to others.

The November-December issue led off with "Telecommunications: An Approach to De-isolation of the Elderly" by Edward Wallerstein and Carter L. Marshall, M.D.

The authors describe what could be a new and novel use of television.

They point to the magnitude and seriousness of isolation in the lives of elderly persons separated from family and friends by death or distance. Isolation can lead to deteriorating mental and physical health through lack of attention to proper nutrition and personal grooming and hygiene.

Many of the elderly, the authors say, find that the TV set is their only link with the outer community. It serves not only as a companion but as the sole source of recreation and education.

"Data indicate that not only do the elderly

watch more television than any other age category, they spend more time at it than at anything else. . . . For the isolated elderly who have its advice as a single source for solving health problems, it can be disastrous."

Seeking to demonstrate the usefulness of TV, the Mount Sinai School of Medicine obtained a grant from the Lister Hill National Center for Biomedical Communications to establish cable TV at the Gaylord White House.

The public housing project, in East Harlem, has 330 tenants of various races whose average age is 76.

The program, produced on location, includes a rundown of activities at the project and in the surrounding community, a tenant reading of a poem or inspirational material, "Eye on the Community" describing an activity or service of interest to the tenants, followed by segments on nutrition, accident prevention, or health problems with information on how to use the health care systems available. The cablecast usually ends with "Know Your Neighbor," featuring resident appearances.

The authors report response of tenants has been generally good, and efforts are made to involve them in every facet of the production including program planning, handling equipment, and making guest appearances.

"Know Your Neighbor" has been the most popular segment with tenants demonstrating their hobbies and talents or giving accounts of their lives. "Seeing themselves or their neighbors on TV delights them, and it encourages them to participate," they report.

Forty tenants have appeared on the show, with positive results ranging from improved grooming both on and off camera to a renewed desire to make friends and a heightened sense of self-esteem, say the authors.

The September-October issue of Perspective contained selected speeches given at four NCOA regional meetings last year. Topics covered included segments on the SSI Alert, the Older Americans Act, the impact of inflation on the aged, and health care for the elderly. J.B.F.

Current Literature on Aging. Quarterly. National Council on the Aging, 1828 L Street, N.W., Washington, D.C. 20036. \$5 a year, \$2 a copy.

The Fall issue of this quarterly lists books and periodicals on a variety of sub-

categories relating to aging. Included in this annotated bibliography are publications relating to adult education, health, nursing homes, housing, euthanasia, transportation, employment and senior centers to name a few.

Directory of Senior Centers and Clubs: A National Resource. National Council on the Aging, 1828 L St., N.W., Washington, D.C. 20036. 1974. 545pp. \$10.

This publication was prepared by NCOA's National Institute of Senior Centers under a grant from the U.S. Administration on Aging.

Commissioner on Aging Arthur S. Flemming, in a foreword, noted that the first such directory published by AoA and NCOA in 1966 listed less than 400 centers, a 1970 directory listed 1,200, and the December 1974 issue lists nearly 5,000 centers to name a few.

"In increasing numbers," Commissioner Flemming said, "senior centers are multipurpose community facilities—providing far more than the fun and games of recreational objectives. Many serve hot meals at low cost, map out more accessible transportation, sponsor continuing education, provide information and referral to specialized services, and develop volunteer and work opportunities for older persons. In so doing, multipurpose senior centers have become one of the most important resources for older people in local communities. . . .

"The present senior center network, evident in every part of the nation, is testimony to the success that can be achieved when public and private organizations work in concert for a common goal."

By regions, the directory lists the name, address, telephone number, membership requirements and attendance, services rendered, schedule, sponsor, and number of staff.

"Obviously there are senior programs not included in this volume," an introduction says. "Some, particularly nutrition programs, have originated since our mailings were completed. Other programs did not respond to either the questionnaire or repeated requests for information. Still others did not want their names to be included in a public directory. . . .

"We cannot, therefore, claim that this directory is a complete listing of all senior adult programs in the United States. It does represent the most extensive national listing to date, and arrangements have been made for incorporating corrections into a later edition."

Major Proposals in Congress Affecting Elderly on March 12, 1975

The proposals below were chosen by the AoA policy analysis staff for inclusion in this chart because (1) they contain provisions aimed specifically at the elderly or (2) they may have impact on programs administered by the Administration on Aging, State and local aging agencies, and private organizations which work with older Americans.

PROPOSAL	HOUSE ACTION	SENATE ACTION	RECONCILING HOUSE-SENATE DIFFERENCES	BECAME LAW	POSSIBLE NEXT STEP
Older Americans Act Amendments of 1975 (S. 599, H.R. 3922) Would extend Older Americans Act authorizations scheduled to expire June 30, 1975 and make various other changes in the Act. . . . .	H.R. 3922 ordered reported from House Committee on Education and Labor, 3-12-75	Subcommittee hearings conducted 11-13-74. S. 599 introduced 2-7-75.			Consideration of H.R. 3922 on House Floor
Prevention of Increased Costs for Food Stamps (H.R. 1589). Prohibits increases in cost of food stamps until Dec. 30, 1975 . . . . .	Passed 2-4-75	Passed without amendment 2-5-75.	No reconciliation necessary	Bill became law (P.L. 94-4) without President's signature 2-19-75.	
Health Revenue Sharing and Health Services Act of 1975 (S. 66, H.R. 2954). Contain, among many other provisions; a proposed authorization of startup funds for home health services and a provision to establish a Commission on Mental Health and Illness of the Elderly . . . . .	Subcommittee held hearings 2-19-75, and ordered bill reported to full Committee 2-26-75	Reported with an amendment 3-6-75			Consideration of S.66 on Senate Floor
National Health Insurance (H.R. 1, S. 3) . . . . .	H.R. 1 introduced 1-14-75	S. 3 introduced 1-15-75			
H.R. 2166. Would provide refund of 1974 individual income taxes, increase low income allowance and the percentage standard deduction, provide credit for certain earned income, and make other tax changes. . . . .	Passed 2-27-75	Senate Finance Committee markup scheduled 3-13-75			Report of bill from Senate Finance Committee



aging

April 1975  
No. 246

U.S. Department of Health, Education, and Welfare  
Office of Human Development • Administration on Aging

Subscriptions (\$5.05 for a year, \$1.30 additional for foreign mailing except to Canada, or 70¢ for single copies) should be addressed to Superintendent of Documents, Washington, D.C. 20402.  
All other communications may be sent directly to Editor of Aging, Administration on Aging, U.S. Department of Health, Education, and Welfare, Washington, D.C. 20201.  
Use of funds for printing this publication approved by the Director of the Bureau of the Budget, October 31, 1966.

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Title VI of the Civil Rights Act of 1964 states: "No person in the United States shall on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance." Therefore, the programs discussed in this publication, like every program or activity receiving financial assistance from the Department of Health, Education, and Welfare, must be operated in compliance with this law.

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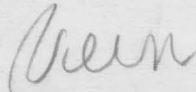
ck  
June 12, 1975

Dear Bud:

Thank you for your recent letter in which you comment on the selection of members to the Federal Council on Aging.

Your thoughts, together with those of many others, have contributed to the understanding and knowledge of the full spectrum of American opinion sought by the President. Thank you so much for sharing it with us.

Sincerely yours,



Vernon C. Loen  
Deputy Assistant  
to the President

The Honorable Bud Shuster  
House of Representatives  
Washington, D.C. 20515

bcc: Alan Woods w/incoming

VCL:mlg  
VCL-9



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4  
BUD SHUSTER  
5TH DISTRICT, PENNSYLVANIA



6-5  
1110 LONGWORTH HOUSE OFFICE BUILDING  
202/225-2431

*Re. Appointments*

Congress of the United States  
House of Representatives  
Washington, D.C. 20515

June 4, 1975

*Mr*

The President  
The White House  
Washington, D.C.

Dear Mr. President:

It is my understanding that in the very near future you will be announcing your appointments for five vacancies that exist on the Federal Council on Aging.

I am deeply disturbed with the present composition of the Council for it is heavily weighted with individuals whose philosophies are much more liberal than the Senior Citizens whose interests the Council purportedly represent. I am convinced that much of the policy that is promulgated by the Council in the guise of concern for our elderly is ill-conceived and dangerous.

I am writing to you to respectfully request that serious consideration be given to filling these five vacancies with individuals who will give the Council a more equal philosophical balance that will truly represent the welfare of our aged.

With kindest personal regards, I remain

Sincerely,

*Bud Shuster*  
Bud Shuster  
MEMBER OF CONGRESS

EGS: jdm



EXECUTIVE

WE 5  
FG 375

THE WHITE HOUSE

WASHINGTON

June 19, 1975

MEMORANDUM FOR: ROLAND ELLIOTT

FROM: TED MARRS *TM*

In answer to your inquiry, a reply was not deemed necessary.

*This was discussed  
in the meeting*

Enclosure



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