

What is integrity?

Most will answer that it is a quality of being honest. While this is true, integrity is much more than just being honest.

Integrity is being able to be trusted. It is going through with what you have committed yourself to doing. It is never letting someone down. Integrity is standing up for a friend when they need it, and standing behind them when they don't. It is helping someone when they need it. Integrity is being able to confide in someone and know that they will not make fun of mistakes or flaws. Tom Hanks, a famous actor, is notably one of the most trusted celebrities of the current times. He embodies the value of trust and integrity though keeping up an ever-constant positive image among the chaos of living life as a famous person.

Integrity is being sincere. It is more than to simply say what another wants to hear. It is saying something with full conviction behind your words. Integrity is being honest with not only others, but yourself as well. It is being able to not discriminate or be hypocritical before getting to know a person or being assessed with a situation. Tom Hanks has the quality of being very sincere; he addresses the faults of our society, but doesn't dwell on them. Instead he offers solutions and keeps an aura of positivity about him quoting, "With me, you get a lack of cynicism."

Integrity is being morally conscious. It is being ethical to every living being on this earth. God gave the world life for a reason, and integrity is protecting what is left of it. Integrity is doing the right thing, even when the other option is more appealing. It is thinking well of others until they give you a reason to think otherwise. Tom Hanks is a large proponent in

environmentalism, contributing money multiple times to the advancement of environmental research and advocating for the protection of the earth on multiple occasions.

Integrity is stability. It is being that light in the dark when all other hope is gone. It is a beacon to strive for. It is remaining loyal to those who deserve loyalty. It is standing by your word even when it gets increasingly harder to do. It is being secure in your person and the situations that you put yourself in. Tom Hanks has long been a supporter of the gay marriage, and even when this opinion was unpopular, he never backed down from what he believed. He has been one of the most influential celebrities when it comes to advocating for gay marriage.

Integrity is being humble. It is being thankful for what you have and the opportunities that are presented to you. It is being respectful, no matter how hard it is when someone is making it to remain that way. Integrity: it is being aware of consequences of every action and choosing accordingly. Tom Hanks has won multiple awards, such as Golden Globe Award, Academy Award, and People's Choice Award, among others, but still manages to stay humble and continually give thanks for the opportunities his has been presented.

Integrity is strength. It is perseverance. It is loyalty. It is being resilient in face of tragedy. It is admitting defeat but not dwelling on it. Integrity is being an example for others. It is possessing power and using it for the advantage of the greater good, rather than the select few. Tom Hanks has been around Hollywood since the late 70s, and he still has the strength and perseverance to continue to make movies and be an advocate for issues that need addressing in the world.

Integrity always was, and always will be, a driving force in society, a quality most desired. Integrity can be seen in powerful world leaders, celebrities such as Tom Hanks, and

everyday people. Integrity has the ability to balance situations and allow the best to come from every decision. Integrity is a complex quality that cannot be defined simply. Integrity is so much more than just honesty.