

FOR IMMEDIATE RELEASE

JULY 14, 1976

Office of the White House Press Secretary

THE WHITE HOUSESTATEMENT BY DR. WILLIAM M. LUKASH
PERSONAL PHYSICIAN TO THE PRESIDENT

The President is 63 years old today and completed a six-month interval physical examination this morning in the White House Medical Office. His last complete physical examination was performed on January 27, 1976, at Bethesda Naval Hospital. The results of the laboratory tests and physical examination today were completely normal and I have found the President to be in excellent health. He has had no complaints during this period other than mild discomfort in his knee following periods of prolonged standing. The President has maintained his physical capacity for working long hours. He sleeps very well and continues to follow his diet and weighs between 195 and 198 pounds. The electrocardiogram was normal and the blood pressure 120 over 72. His cardiovascular functions remain excellent and he continues with his early morning exercise program and evening swim.

The President feels exceptionally fit and is looking forward to continued good health.

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