

FOR IMMEDIATE RELEASE

JANUARY 24, 1976

OFFICE OF THE WHITE HOUSE PRESS SECRETARY

THE WHITE HOUSE

QUESTION AND ANSWER SESSION
WITH THE PRESIDENT

BETHESDA NAVAL HOSPITAL

11:10 A.M. EST

THE PRESIDENT: Good morning.

QUESTION: How do you feel, Mr. President?

THE PRESIDENT: I feel fit as a fiddle. Getting healthier every day.

QUESTION: Passed all your tests, as far as you know?

THE PRESIDENT: I think I did with flying colors. Comes from good living, you know.

QUESTION: You are smiling. I guess things are going pretty well.

THE PRESIDENT: I feel fine, really. A little bright light -- with the things that are in my eyes, for whatever it is. Other than that, I feel great.

QUESTION: Whatever happened to your experiment with contact lenses? Did that fall by the wayside?

THE PRESIDENT: Well, I wear glasses so infrequently I decided it wasn't worth the effort.

QUESTION: Did you get any advice from your doctors, Mr. President?

THE PRESIDENT: To keep doing all I'm doing -- recreation, exercise, watching the calories.

QUESTION: Does that exercise include swimming in this weather?

THE PRESIDENT: I swim every day. I swam last night at 10:30. Come out and join me sometime.

MORE

QUESTION: Does this mean, Mr. President, that you are going to be skiing in New Hampshire?

THE PRESIDENT: We'll wait and see.

QUESTION: How are you doing on your weight?

THE PRESIDENT: I weigh less now than I have for 20 years.

QUESTION: So you're all fit for the campaign, then?

THE PRESIDENT: Fit to be President.

Nice to see you all.

THE PRESS: Thank you.

END (AT 11:13 A.M. EST)