The original documents are located in Box 31, folder "White House Privileges" of the Ron Nessen Papers at the Gerald R. Ford Presidential Library.

Copyright Notice

The copyright law of the United States (Title 17, United States Code) governs the making of photocopies or other reproductions of copyrighted material. Ron Nessen donated to the United States of America his copyrights in all of his unpublished writings in National Archives collections. Works prepared by U.S. Government employees as part of their official duties are in the public domain. The copyrights to materials written by other individuals or organizations are presumed to remain with them. If you think any of the information displayed in the PDF is subject to a valid copyright claim, please contact the Gerald R. Ford Presidential Library.

White House Staffers' Meals

less York Times News Service

materials. Please contact the Gerald R. Ford Presidential Library for access to

Some items in this folder were not digitized because it contains copyrighted

these materials.

Ron --

You would be in Group A.

It takes \$30.00 for a year's membership.

When do you want me to start scheduling you to go daily?

After briefing keep time clear to go over

Don't schedule - I'll go over when
I feel like it.

Other ____

WHITE HOUSE HEALTH UNIT

REGULATIONS

HOURS OF OPERATION

Group A

Unlimited Access

Monday through Friday 12 noon - 8:00 pm

Group B

Limited Access

Mondays, Wednesdays

12 noon - 5:00 pm and Fridays and 7:00 pm - 8:00 pm

Tuesdays & Thursdays 12 noon - 8:00 pm

FACILITIES AVAILABLE

Whirlpool

Total body whirlpool -- provides six jets of circulating water at a controlled temperature between

105-110 degress F.

Sauna

Moist or dry heat.

Exercise Room

Combination gym unit; motorized

jogger; exercycle; abdominal

boards; chinning bar.

Dressing Room

Lockers: showers: ultra-violet

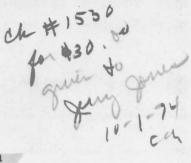
sun lamp.

Members must provide their own gym attire. Towels will be provided. Individual lockers cannot be assigned and personal gym attire cannot be left in the Health Unit.

Use of the facilities of the White House Healt Unit is restricted to members only.

MEMBERSHIP FEE

Yearly membership in the White House Health Unit is \$30 made payable to the White House Health Unit and sent to the Office of the Staff Secretary. This fee is based on the fiscal year.





TREASURY DEPARTMENT UNITED STATES SECRET SERVICE

February 2, 1975

I, Ronald H. Nessen in accepting this Special White House Identification Book, agree to surrender it to the United States Secret Service for voiding prior to the termination of my tenure at the White House.

I have been advised that the ID Book is for OFFICIAL USE ONLY and is not to be used for personal reasons.

I have further been advised to immediately report the loss or theft of the ID Book to the U. S. Secret Service.





MEMORANDUM FOR THE WHITE HOUSE STAFF

FROM:

THE SITUATION ROOM

SUBJECT:

White House Tennis Team ???

Several White House Staff personnel have expressed interest in participation in organized tennis. This memorandum is being circulated to see if there is sufficient interest in the White House to establish a tennis team.

What we envision is initial ladder competition; selection of teams, and eventual tournament competition with other government agencies. All player levels are encouraged to participate.

If interested we would appreciate your completing and returning the bottom portion of this memorandum to the Situation Room.

Thank you.

MEMORANDUM	FOR:	The	Situation	Room,	West	Wing
		_				

Ralph Sigler or Jim Middleton, Ext. 6313

FROM:

Ext.

I am interested in participating in organized tenals



THE WHITE HOUSE WASHINGTON

9/12/25

MEMORANDUM FOR:

Ron Messen

SUBJECT:

Health Unit Membership

In order to maintain your membership in the Health Unit, it will be necessary for you to submit a \$30 check to this office to cover your membership from now through next year. Please make the check payable to the White House Health Unit. Your prompt attention to this matter will be appreciated.

Thank you.

AMES E CONNOR

pd (2) 75 on \$1212 on \$120



WASHINGTON

July 18, 1975

MEMORANDUM FOR:

RONALD H. NESSEN

FROM:

JAMES CONNOR

SUBJECT:

Jse White House Tennis Court

The following review of the policy governing the use of the White House Tennis Court may be helpful.

- 1. The White House Tennis Court is available to the Cabinet and selected members of the White House staff, and playing reservations must be made through the Usher on duty, Usher's Office (ext. 2650).
- 2. Reservations will be taken no more than 48 hours in advance.
- 3. The Court is available during daylight hours, seven days a week.
- 4. Maximum playing time (unless no one else is booked behind you) is: (a) Singles -- one hour; and (b) Doubles -- one hour and a half.
- 5. Each eligible staff member is allowed to bring one guest (Doubles -- two White House staff members and two guests). Exceptions to this rule may be made depending upon the demand for court time.
- 6. No dressing rooms are available on the White House grounds. Players must, therefore, make their own arrangements for changing attire.
- 7. You must provide the EPS Appointments Center (ext. 6742) with names of all players in your group so that the proper clearances can be made.

- 8. Guests coming to play on the court may enter the grounds through the Southwest lawn gate.
- 9. Scheduling will be handled on a first-come, first-served basis.
- 10. On weekends because of the higher usage, your time can be preempted up to an hour before using the court. In order to make sure you do not disappoint any guests you may have invited to play, you should check with the Usher's Office an hour before you are scheduled to use the court.
- 11. Because of the pressure of requests, it will not be possible to permit representatives of the communications media to use the White House Tennis Court as guests. The size of the White House Press Corps makes this practice necessary, in fairness to all members of the group. Your cooperation in adhering to this policy is appreciated.

Suggestions for making better use of the court will be appreciated.

Thank you.



Connie

Ron said to keep for him -- in case he needs to use it.

P

WASHINGTON

January 28, 1976

MEMORANDUM FOR:

THE HONORABLE RONALD H. NESSEN

SUBJECT:

Notification and Clearance of Proposed

Foreign Travel Itineraries

To ensure that proposed foreign travel itineraries from all Presidential appointees are received and cleared in a timely and systematic procedure, I have listed below the general quidelines which will be used.

The initial and basic itinerary, of either official or unofficial foreign travel plans, is to be forwarded to my office in writing as soon as it is developed (as far in advance as possible) and, without exception, before any contact is made with representatives of other governments.

Your compliance with the above will enable us to coordinate with the Department of State and the National Security Council to:

Inquire as to the <u>diplomatic implications</u> of the proposed visits during the <u>stated time frame</u>;

Coordinate, provided the trip is to be official, itineraries of other senior officials of the Administration who are planning to make independent visits to the same countries during or close to the same dates, and;

Arrange for the <u>preparation of briefings</u> which might assist and interest you and your party by the appropriate authorities, who will alert you and make you aware of any necessary information and considerations.

An appropriate verbal clearance will then come directly from my office, after a review of the itinerary is made, followed by a written confirmation for your official records.

I hope the attached form will be of assistance to you in forwarding the necessary information; and your support and cooperation in this procedure are very much appreciated.

William W. Nicholson

Director

Scheduling Office

(All itineraries and inquiries may be addressed to Mrs. Nancy Gemmell of my office, 456-7070.)

•	Date	
MEMORANDUM FOR:	WILLIAM W. NICHOLSON	
ATTENTION:	MRS. NANCY GEMMELL	
FROM:		
(Address-inc	cluding Room #)	
		·
Telephone Nu	umber	
SUBJECT:	Proposed Foreign Travel Itinerary	
May we have your foreign travel as	clearance on the proposed OfficialUrs soon as possible.	nofficial
NAME OF TRAVELLE	R (s)	
POSITION (s)		
COUNTRIES TO BE '	VISITED AND DATES	
PURPOSE OF TRAVE		
ANTICIPATED CONTA	ACT WITH THE FOLLOWING FOREIGN OFFICIALS	(4. TO 20)
ANTICIPATED CONT.	ACT WITH THE PRESS AND PUBLIC	
77.07.0		
PROPOSED SIGNING	OF ANY DOCUMENTS	

August 2, 1976

MEMORANDUM FOR:

Ron Nessen, Fress Secretary to the President.

FROM:

Socretary to the Cabinet

SUBJECT:

White House Swimming Pool

The President has requested that the White House swimming pool be made available for your use as an exercise facility.

The pool will be available for your use from the hours of 7:30 a.m. to 5:00 p.m., Monday through Friday. It will not be available on Weekends. A set of regulations governing the use of the pool is attached for your information. Please note that staff members are not permitted to bring guests or family to the pool and that entrance will be via the South West Gate in order to avoid excess traffic on the grounds outside the Oval Office and Study.

If you have any questions, please refer them to my office on Extension 6697.

Attachment



THE WHITE HOUSE WASHINGTON

August 1976

REGULATIONS FOR THE USE OF THE WHITE HOUSE SWIMMING POOL

- 1. The pool will be available for use by authorized individuals from 7:30 a.m to 5:00 p.m. Monday through Friday.
- 2. Use of the pool is for the purpose of physical exercise rather than recreation.
- 3. Food and beverages are not permitted in the pool area.
- 4. Bath house facilities are provided and individuals using the pool should change at the bath house. Keys to the bath houses are available from the EPS Officer at the C-8 Post, the post nearest the pool. Entrance to the bath house and pool should be via the South West Gate only to avoid traffic outside the grounds near the Oval Office and Study.
- 5. Prior to entering and leaving the pool area, individuals should report to the Executive Protection Service Control Center on Extension 2581.
- 6. Individuals authorized to use the pool are not allowed to bring guests or family members.

